



1  
00:00:12,290 --> 00:00:09,049  
hello guest speaker this evening is Mr

2  
00:00:14,870 --> 00:00:12,300  
Richard Foster gentleman over here and

3  
00:00:18,470 --> 00:00:14,880  
no relation to her own Alan Foster

4  
00:00:21,590 --> 00:00:18,480  
uh Richard's a qualified therapist Reiki

5  
00:00:23,689 --> 00:00:21,600  
master teacher and shamanic practitioner

6  
00:00:25,310 --> 00:00:23,699  
and he runs a thriving healing and

7  
00:00:27,830 --> 00:00:25,320  
spiritual coaching business called

8  
00:00:29,269 --> 00:00:27,840  
Callan Lan put clients all over the

9  
00:00:32,930 --> 00:00:29,279  
world what's our plan to do this kill

10  
00:00:35,930 --> 00:00:32,940  
the heart Pure Heart yeah he's also the

11  
00:00:39,290 --> 00:00:35,940  
founder of the South Wales Wellness show

12  
00:00:42,049 --> 00:00:39,300  
now in 2019 he had his first c5et

13  
00:00:44,090 --> 00:00:42,059

experience and has had many interactions

14

00:00:45,470 --> 00:00:44,100

with many different etbns over the past

15

00:00:49,250 --> 00:00:45,480

four years

16

00:00:51,010 --> 00:00:49,260

now ce5 is a term that was uh coined by

17

00:00:53,209 --> 00:00:51,020

Dr Stephen Curry

18

00:00:55,549 --> 00:00:53,219

stands for closing Encounters of the

19

00:00:57,729 --> 00:00:55,559

fifth bank now the first four kinds of

20

00:01:01,069 --> 00:00:57,739

contacts c one two three and four

21

00:01:05,030 --> 00:01:01,079

describe E.T initiating contact with

22

00:01:07,310 --> 00:01:05,040

humans but ce5 is the opposite if in

23

00:01:09,830 --> 00:01:07,320

fact it's that it's humans initiating

24

00:01:12,170 --> 00:01:09,840

contact with ETS

25

00:01:13,490 --> 00:01:12,180

no then we've used our own version of

26

00:01:15,830 --> 00:01:13,500

this technique at some of those Sky

27

00:01:18,530 --> 00:01:15,840

watches with varying results

28

00:01:20,510 --> 00:01:18,540

anyway back to tonight Richard's talk is

29

00:01:22,969 --> 00:01:20,520

entitled my Galactic encounters and

30

00:01:24,710 --> 00:01:22,979

co-creating with ETS

31

00:01:33,490 --> 00:01:24,720

so please put your hands together

32

00:01:39,530 --> 00:01:36,770

and so yeah so firstly thank you for uh

33

00:01:41,690 --> 00:01:39,540

swansea4 Network I have me and a really

34

00:01:43,310 --> 00:01:41,700

big thank you to Jocelyn and Darren as

35

00:01:44,870 --> 00:01:43,320

well because if it wasn't for those guys

36

00:01:47,090 --> 00:01:44,880

I wouldn't have the courage to stand up

37

00:01:49,370 --> 00:01:47,100

in front of you and do this now

38

00:01:50,749 --> 00:01:49,380

um so a quick introduction for myself

39

00:01:52,609 --> 00:01:50,759

really so

40

00:01:56,090 --> 00:01:52,619

um well this is kind of a slight

41

00:01:57,530 --> 00:01:56,100

slideshow talking about my experiences

42

00:01:59,510 --> 00:01:57,540

um and at the end

43

00:02:01,910 --> 00:01:59,520

um I'd like to do a meditation with you

44

00:02:04,249 --> 00:02:01,920

guys because I'm able to connect each

45

00:02:06,109 --> 00:02:04,259

and every one of you to the arcturians

46

00:02:08,449 --> 00:02:06,119

and the Pleiadians and if you're

47

00:02:10,070 --> 00:02:08,459

interested I can I facilitate that for

48

00:02:12,350 --> 00:02:10,080

you all this afternoon

49

00:02:15,290 --> 00:02:12,360

I'm very excited

50

00:02:19,790 --> 00:02:15,300

um okay so we'll put it back in for me

51  
00:02:22,550 --> 00:02:19,800  
is so as I said I run Con on healing

52  
00:02:23,930 --> 00:02:22,560  
so um come on healing's been running out

53  
00:02:27,050 --> 00:02:23,940  
since

54  
00:02:28,790 --> 00:02:27,060  
um the last four or five years as I said

55  
00:02:32,510 --> 00:02:28,800  
I'm a qualified breaking Master teacher

56  
00:02:34,130 --> 00:02:32,520  
shamanic practitioner and therapist

57  
00:02:35,030 --> 00:02:34,140  
um say also run the Southwest Wellness

58  
00:02:37,190 --> 00:02:35,040  
show that's why I've given you all

59  
00:02:39,650 --> 00:02:37,200  
goodie bags because we've got a few um

60  
00:02:41,990 --> 00:02:39,660  
quite a few left over from the show and

61  
00:02:44,150 --> 00:02:42,000  
there's a great success we had over 800

62  
00:02:45,350 --> 00:02:44,160  
people attend and with people from all

63  
00:02:46,729 --> 00:02:45,360

over the world and some of you guys said

64

00:02:47,990 --> 00:02:46,739

that you attended the wellness show so

65

00:02:49,250 --> 00:02:48,000

thank you so much for your support on

66

00:02:50,809 --> 00:02:49,260

that

67

00:02:52,790 --> 00:02:50,819

um I'm also a member of fire the grid

68

00:02:54,890 --> 00:02:52,800

and I'm not sure if anyone you purify

69

00:02:56,650 --> 00:02:54,900

the goods has any of you here to buy the

70

00:02:59,930 --> 00:02:56,660

grids no

71

00:03:02,330 --> 00:02:59,940

so um it's run by a woman called Samaya

72

00:03:05,390 --> 00:03:02,340

and it's a team of people in Canada and

73

00:03:07,369 --> 00:03:05,400

I really highly recommend you um you

74

00:03:09,410 --> 00:03:07,379

check it out I think it's fireagrid.org

75

00:03:11,210 --> 00:03:09,420

she had the most amazing experience

76  
00:03:14,630 --> 00:03:11,220  
where she had a car accident with a son

77  
00:03:17,390 --> 00:03:14,640  
and the car went off into water she was

78  
00:03:19,190 --> 00:03:17,400  
dead for I think 45 minutes and light

79  
00:03:21,470 --> 00:03:19,200  
beings came to her brought her back to

80  
00:03:23,030 --> 00:03:21,480  
life and she's able to get her son of

81  
00:03:24,649 --> 00:03:23,040  
the car and bring him back to life as

82  
00:03:26,990 --> 00:03:24,659  
well never since he's been working with

83  
00:03:29,210 --> 00:03:27,000  
these for these et's

84  
00:03:30,649 --> 00:03:29,220  
um to raise the recreational Planet so

85  
00:03:33,470 --> 00:03:30,659  
what fire upgrade is is a global

86  
00:03:35,149 --> 00:03:33,480  
meditation and I run the it and I do the

87  
00:03:37,610 --> 00:03:35,159  
marketing and I run some of my social

88  
00:03:40,250 --> 00:03:37,620

media aspects for them as well

89

00:03:42,229 --> 00:03:40,260

so um I guess it's worth giving me a bit

90

00:03:45,710 --> 00:03:42,239

of background as well okay so I've been

91

00:03:48,110 --> 00:03:45,720

working in it now for uh 20 years I did

92

00:03:49,430 --> 00:03:48,120

work in it for 20 years I was an I.T

93

00:03:51,710 --> 00:03:49,440

director

94

00:03:53,270 --> 00:03:51,720

um I was working in Cardiff for a 100

95

00:03:56,210 --> 00:03:53,280

million pound company

96

00:03:57,350 --> 00:03:56,220

and really I just um although I had

97

00:04:00,170 --> 00:03:57,360

everything

98

00:04:02,030 --> 00:04:00,180

um I wasn't really happy in that job

99

00:04:04,490 --> 00:04:02,040

um I didn't really like it I've actually

100

00:04:07,610 --> 00:04:04,500

was great money and I just really wasn't

101  
00:04:09,830 --> 00:04:07,620  
happy in my life you know I was in a

102  
00:04:11,750 --> 00:04:09,840  
um I was in a big relationship

103  
00:04:13,670 --> 00:04:11,760  
um and I just didn't know myself and

104  
00:04:16,009 --> 00:04:13,680  
that's really where I discovered

105  
00:04:18,170 --> 00:04:16,019  
um meditation and you know I recommend

106  
00:04:19,909 --> 00:04:18,180  
meditation for everyone because it

107  
00:04:23,450 --> 00:04:19,919  
really really helps so it really helps

108  
00:04:25,310 --> 00:04:23,460  
out and obviously I started meditating I

109  
00:04:27,650 --> 00:04:25,320  
started reading up on like Alan Watts

110  
00:04:29,210 --> 00:04:27,660  
and kind of uh you know kind of all the

111  
00:04:31,730 --> 00:04:29,220  
spiritual concept

112  
00:04:33,950 --> 00:04:31,740  
and you know what I discovered

113  
00:04:36,170 --> 00:04:33,960

um really is that I want to do something

114

00:04:39,110 --> 00:04:36,180

else so I started reading Carl Jung and

115

00:04:40,969 --> 00:04:39,120

that's how I got into therapy

116

00:04:41,810 --> 00:04:40,979

um and started volunteering with the

117

00:04:43,550 --> 00:04:41,820

homeless

118

00:04:45,710 --> 00:04:43,560

and that's when I really discovered that

119

00:04:47,930 --> 00:04:45,720

I wanted to be a service I wanted to

120

00:04:50,150 --> 00:04:47,940

help people instead so

121

00:04:51,710 --> 00:04:50,160

um I qualify as a therapist and

122

00:04:53,930 --> 00:04:51,720

hypnotherapy

123

00:04:56,210 --> 00:04:53,940

um I would study Reiki which those you

124

00:05:00,950 --> 00:04:56,220

don't know Reiki is a energy healer

125

00:05:03,290 --> 00:05:00,960

modality and then this Shamanism as well

126

00:05:07,370 --> 00:05:03,300

so um so yeah that's that's really how

127

00:05:11,330 --> 00:05:07,380

I've got uh I've got USB now can I get

128

00:05:17,030 --> 00:05:14,570

so my first ET encounter

129

00:05:18,650 --> 00:05:17,040

so at the time I was living over in

130

00:05:21,469 --> 00:05:18,660

Northern Ireland

131

00:05:23,990 --> 00:05:21,479

and this year on the left is my

132

00:05:25,310 --> 00:05:24,000

ex-girlfriend's Garden she put a big

133

00:05:27,950 --> 00:05:25,320

houses in Northern Ireland are quite big

134

00:05:30,890 --> 00:05:27,960

and there's a forest area

135

00:05:32,810 --> 00:05:30,900

and as you can see on the right I built

136

00:05:34,790 --> 00:05:32,820

like a little Forest Area so it was a

137

00:05:36,170 --> 00:05:34,800

7th 16th birthday

138

00:05:39,110 --> 00:05:36,180

so I thought it'd be nice to build a

139

00:05:41,689 --> 00:05:39,120

little Forest Area for his friends and

140

00:05:43,790 --> 00:05:41,699

on the 21st of June

141

00:05:45,770 --> 00:05:43,800

2019 which happens to be the summer

142

00:05:47,150 --> 00:05:45,780

solstice as well which I do think had

143

00:05:50,390 --> 00:05:47,160

something to do with it

144

00:05:52,790 --> 00:05:50,400

we were all out in the in the garden

145

00:05:54,830 --> 00:05:52,800

and it was my time we were kind of

146

00:05:55,430 --> 00:05:54,840

sitting there and

147

00:05:57,230 --> 00:05:55,440

um

148

00:05:59,810 --> 00:05:57,240

we had the fire going we had like hot

149

00:06:01,249 --> 00:05:59,820

chocolate we were having a laugh and as

150

00:06:03,950 --> 00:06:01,259

it happens I just kind of scanning

151  
00:06:05,090 --> 00:06:03,960  
around having a look at um having a look

152  
00:06:08,510 --> 00:06:05,100  
at the airport probably myself because

153  
00:06:10,969 --> 00:06:08,520  
the day went pretty well and to my right

154  
00:06:15,469 --> 00:06:10,979  
as I turned around

155  
00:06:18,590 --> 00:06:15,479  
was a praying mantis a Firefox praying

156  
00:06:20,749 --> 00:06:18,600  
mantis standing next to me now at this

157  
00:06:23,629 --> 00:06:20,759  
time the only thing I'd say about UFO

158  
00:06:25,550 --> 00:06:23,639  
was I describe them as Grays as you know

159  
00:06:27,650 --> 00:06:25,560  
like that's how I thought of UFO was I'd

160  
00:06:30,230 --> 00:06:27,660  
never even realized this

161  
00:06:32,570 --> 00:06:30,240  
at all so as you can imagine I'd like to

162  
00:06:34,370 --> 00:06:32,580  
say that I was Brave but actually what

163  
00:06:37,010 --> 00:06:34,380

happened is I got absolutely myself

164

00:06:38,150 --> 00:06:37,020

and my partner at the time Lauren and

165

00:06:41,210 --> 00:06:38,160

the two boys

166

00:06:44,570 --> 00:06:41,220

we just run back into the house and we

167

00:06:47,809 --> 00:06:44,580

just screamed and run back in so I did I

168

00:06:48,529 --> 00:06:47,819

did kind of um come back out but it had

169

00:06:50,150 --> 00:06:48,539

gone

170

00:06:52,850 --> 00:06:50,160

and really that was the kind of start of

171

00:06:53,510 --> 00:06:52,860

it where I actually couldn't

172

00:06:56,210 --> 00:06:53,520

um

173

00:07:00,350 --> 00:06:58,969

that's when I started to do some

174

00:07:02,029 --> 00:07:00,360

investigation

175

00:07:05,930 --> 00:07:02,039

so

176

00:07:07,730 --> 00:07:05,940

I know I should say at this time as I've

177

00:07:09,230 --> 00:07:07,740

always kind of been intuitive I've

178

00:07:11,510 --> 00:07:09,240

always followed my intuition I never

179

00:07:13,550 --> 00:07:11,520

really had much psychic sense

180

00:07:15,050 --> 00:07:13,560

so that night I went to bed

181

00:07:16,490 --> 00:07:15,060

I'm sorry what should I say as I

182

00:07:18,350 --> 00:07:16,500

chatting you know when we got back in

183

00:07:19,850 --> 00:07:18,360

the house I was like did you see that

184

00:07:22,430 --> 00:07:19,860

did you you know did you did you see

185

00:07:25,790 --> 00:07:22,440

what I saw and and they didn't well they

186

00:07:27,469 --> 00:07:25,800

could see was a shimmer

187

00:07:29,510 --> 00:07:27,479

which is interesting so I couldn't

188

00:07:32,330 --> 00:07:29,520

really understand why that was

189

00:07:34,309 --> 00:07:32,340

um it was oh thank you come on

190

00:07:36,469 --> 00:07:34,319

um so we went back in the house I was

191

00:07:38,330 --> 00:07:36,479

like I can't I don't really get why why

192

00:07:39,950 --> 00:07:38,340

why they couldn't see me

193

00:07:41,390 --> 00:07:39,960

um they were quite scared obviously and

194

00:07:43,909 --> 00:07:41,400

for me I could see it quite clearly

195

00:07:45,409 --> 00:07:43,919

there's no five at all

196

00:07:47,870 --> 00:07:45,419

um no I bottom thought was a praying

197

00:07:49,309 --> 00:07:47,880

mantis there his arms wasn't like kind

198

00:07:51,350 --> 00:07:49,319

of like that it was more kind of like

199

00:07:53,749 --> 00:07:51,360

fingers

200

00:07:56,330 --> 00:07:53,759

um or I'd say if I go on the back to the

201  
00:07:58,010 --> 00:07:56,340  
um to the last one really though the max

202  
00:07:59,930 --> 00:07:58,020  
was quite different as well it had kind

203  
00:08:01,610 --> 00:07:59,940  
of more kind of um

204  
00:08:04,430 --> 00:08:01,620  
it kind of had more kind of I don't know

205  
00:08:06,050 --> 00:08:04,440  
what they call them tentrals or um or

206  
00:08:08,930 --> 00:08:06,060  
things there

207  
00:08:11,150 --> 00:08:08,940  
um and when I was looking at it

208  
00:08:12,650 --> 00:08:11,160  
um I just had a sensory it wasn't it was

209  
00:08:14,629 --> 00:08:12,660  
just kind of Peace it was almost like it

210  
00:08:16,490 --> 00:08:14,639  
felt like it was trying to um trying to

211  
00:08:17,990 --> 00:08:16,500  
communicate with me thank you he was

212  
00:08:19,730 --> 00:08:18,000  
trying to communicate with me

213  
00:08:21,110 --> 00:08:19,740

but obviously because we got scared and

214

00:08:23,390 --> 00:08:21,120

run away

215

00:08:26,450 --> 00:08:23,400

so um so that might obviously we're a

216

00:08:27,290 --> 00:08:26,460

bit spooked and we went into uh went to

217

00:08:29,930 --> 00:08:27,300

bed

218

00:08:32,510 --> 00:08:29,940

and when I closed my eyes

219

00:08:34,250 --> 00:08:32,520

um I had like I could see a vision like

220

00:08:36,230 --> 00:08:34,260

a TV stream you like picture in picture

221

00:08:37,430 --> 00:08:36,240

you see on TV so like a picture in

222

00:08:39,469 --> 00:08:37,440

picture

223

00:08:41,329 --> 00:08:39,479

and there's romantic beings and they

224

00:08:44,029 --> 00:08:41,339

were looking at me and they were waving

225

00:08:45,949 --> 00:08:44,039

and I was like oh wow this is so cool

226

00:08:47,750 --> 00:08:45,959

this is amazing

227

00:08:49,310 --> 00:08:47,760

yeah

228

00:08:50,570 --> 00:08:49,320

um what I didn't realize that they were

229

00:08:52,070 --> 00:08:50,580

actually trying to communicate with me

230

00:08:53,570 --> 00:08:52,080

so I felt like an idea the first time

231

00:08:56,389 --> 00:08:53,580

because I was just sitting there going

232

00:08:57,530 --> 00:08:56,399

whoa this is amazing this is so cool I

233

00:08:58,970 --> 00:08:57,540

didn't realize that they were trying to

234

00:09:00,829 --> 00:08:58,980

communicate so the next night I went to

235

00:09:02,930 --> 00:09:00,839

bed and they were back again

236

00:09:04,730 --> 00:09:02,940

um and that's really where they started

237

00:09:08,269 --> 00:09:04,740

communicating with me

238

00:09:10,430 --> 00:09:08,279

um so what they kind of said to me is

239

00:09:11,870 --> 00:09:10,440

that so obviously I didn't realize they

240

00:09:15,889 --> 00:09:11,880

were extraterrestrial I did a quick

241

00:09:17,090 --> 00:09:15,899

search for mantis uh and a giant mantis

242

00:09:18,710 --> 00:09:17,100

that I started finding out about the

243

00:09:19,730 --> 00:09:18,720

mountain beans apparently I'm sure you

244

00:09:22,430 --> 00:09:19,740

guys have probably heard of mountain

245

00:09:25,310 --> 00:09:22,440

experiences I I never

246

00:09:26,389 --> 00:09:25,320

and and yeah that was what um they

247

00:09:29,570 --> 00:09:26,399

started talking to me they said they're

248

00:09:31,850 --> 00:09:29,580

originally from the Sombrero Galaxy

249

00:09:33,590 --> 00:09:31,860

um they've actually been on Earth for

250

00:09:37,430 --> 00:09:33,600

hundreds of thousands of years so it's

251

00:09:39,949 --> 00:09:37,440

not like this being traveled as such

252

00:09:42,650 --> 00:09:39,959

um and one of the questions I asked was

253

00:09:44,810 --> 00:09:42,660

you know why couldn't anyone why

254

00:09:46,490 --> 00:09:44,820

couldn't um Lorna and the two boys see

255

00:09:48,590 --> 00:09:46,500

it please they could see a shimmer when

256

00:09:50,449 --> 00:09:48,600

I say Shimmer you know like predator

257

00:09:51,769 --> 00:09:50,459

when you see when there's like a you

258

00:09:54,110 --> 00:09:51,779

know an outline of it so they could see

259

00:09:55,610 --> 00:09:54,120

it's not enough to scare them and when I

260

00:09:58,250 --> 00:09:55,620

said it was a giant praying mantis you

261

00:10:01,310 --> 00:09:58,260

can imagine so when I said why you know

262

00:10:02,570 --> 00:10:01,320

why is this happening they um they

263

00:10:07,370 --> 00:10:02,580

explained that it's all to do a

264

00:10:10,490 --> 00:10:07,380

vibration and they directed me to

265

00:10:13,070 --> 00:10:10,500

um to an author called uh Dr David

266

00:10:14,810 --> 00:10:13,080

Hawkins

267

00:10:16,970 --> 00:10:14,820

and this really really comes about the

268

00:10:18,949 --> 00:10:16,980

importance of vibration so I'm not sure

269

00:10:22,370 --> 00:10:18,959

if any of you heard of Dr David Hawkins

270

00:10:24,350 --> 00:10:22,380

but he's a kinesiologist and

271

00:10:26,090 --> 00:10:24,360

um really vibrations I'm not sure if you

272

00:10:28,490 --> 00:10:26,100

can see on that on that picture there

273

00:10:32,150 --> 00:10:28,500

where there's a Hawking scale

274

00:10:34,670 --> 00:10:32,160

and these are emotions that we that we

275

00:10:36,470 --> 00:10:34,680

feel when we're um

276

00:10:37,910 --> 00:10:36,480

um when you know certain emotions on

277

00:10:39,470 --> 00:10:37,920

there so we're right at the bottom there

278

00:10:42,230 --> 00:10:39,480

you've got shame

279

00:10:44,990 --> 00:10:42,240

so shame and guilt is the lowest

280

00:10:47,329 --> 00:10:45,000

emotions we can feel now what happens is

281

00:10:50,870 --> 00:10:47,339

that when our body is experiencing those

282

00:10:52,730 --> 00:10:50,880

emotions this very heavy so in this

283

00:10:54,350 --> 00:10:52,740

skill you can see it says expanding and

284

00:10:56,449 --> 00:10:54,360

Contracting so you've got shame guilt

285

00:10:58,250 --> 00:10:56,459

apathy grief and they've got hurts

286

00:11:01,250 --> 00:10:58,260

values as well there so it's a Shameless

287

00:11:04,750 --> 00:11:01,260

20 Hertz you got fear which is a bit

288

00:11:07,190 --> 00:11:04,760

higher 100 Hertz desire anger Pride

289

00:11:09,410 --> 00:11:07,200

courage neutrality willingness

290

00:11:11,449 --> 00:11:09,420

acceptance reason and then we get into

291

00:11:15,050 --> 00:11:11,459

the love frequency which is um which is

292

00:11:16,490 --> 00:11:15,060

500 Hertz so what what I kind of when I

293

00:11:17,990 --> 00:11:16,500

actually read the book where I realized

294

00:11:19,250 --> 00:11:18,000

it happened is that obviously I used to

295

00:11:20,630 --> 00:11:19,260

read the master teacher I've been doing

296

00:11:23,750 --> 00:11:20,640

a lot of work on myself

297

00:11:25,970 --> 00:11:23,760

releasing all these happy emotions

298

00:11:27,530 --> 00:11:25,980

um and that is why I could see the

299

00:11:28,490 --> 00:11:27,540

mountain being and why the others

300

00:11:31,370 --> 00:11:28,500

couldn't

301  
00:11:33,530 --> 00:11:31,380  
so um I know and this is you know part

302  
00:11:36,170 --> 00:11:33,540  
of this talk really is about all of you

303  
00:11:37,430 --> 00:11:36,180  
to realize how emotions really affect

304  
00:11:39,410 --> 00:11:37,440  
our body

305  
00:11:42,050 --> 00:11:39,420  
um and how we feel now when we're

306  
00:11:45,170 --> 00:11:42,060  
experiencing a low frequency emotion

307  
00:11:47,210 --> 00:11:45,180  
like guilt and shame our cells every

308  
00:11:48,590 --> 00:11:47,220  
cell in our body is vibrating really

309  
00:11:50,630 --> 00:11:48,600  
really slowly

310  
00:11:52,370 --> 00:11:50,640  
and I don't know if I don't know if any

311  
00:11:54,590 --> 00:11:52,380  
of you have you know had some hard times

312  
00:11:57,170 --> 00:11:54,600  
or suffered depression you know how slow

313  
00:11:58,790 --> 00:11:57,180

time goes when you're feeling down it's

314

00:12:01,490 --> 00:11:58,800

because it actually isn't your your

315

00:12:04,069 --> 00:12:01,500

sounds are vibrating slowly the analogy

316

00:12:06,110 --> 00:12:04,079

I like to give is look at hummingbirds a

317

00:12:08,509 --> 00:12:06,120

hummingbird is very very fast it's later

318

00:12:10,490 --> 00:12:08,519

so when we you know when people say that

319

00:12:12,009 --> 00:12:10,500

you know they're black or they're in the

320

00:12:14,930 --> 00:12:12,019

vibration of Love they are literally

321

00:12:15,949 --> 00:12:14,940

lighter as as people and then when you I

322

00:12:17,990 --> 00:12:15,959

don't know if you've all felt like that

323

00:12:19,130 --> 00:12:18,000

open heart or whether you've been in

324

00:12:20,509 --> 00:12:19,140

love or something you could you feel

325

00:12:23,569 --> 00:12:20,519

like you're floating around it feels so

326

00:12:25,790 --> 00:12:23,579

easy you know so this is where this is

327

00:12:26,870 --> 00:12:25,800

where vibration is so important so one

328

00:12:30,710 --> 00:12:26,880

of the first things I like to suggest

329

00:12:32,750 --> 00:12:30,720

for everyone is to let go of any shame

330

00:12:34,730 --> 00:12:32,760

guilt and fear you have if you want to

331

00:12:37,310 --> 00:12:34,740

have kind of more successful experiences

332

00:12:39,050 --> 00:12:37,320

like this because they will keep you

333

00:12:40,490 --> 00:12:39,060

they will not they will not see you if

334

00:12:43,069 --> 00:12:40,500

you can imagine it's like a radio

335

00:12:45,290 --> 00:12:43,079

antenna and the more the higher the

336

00:12:48,170 --> 00:12:45,300

frequency you are the higher that your

337

00:12:50,810 --> 00:12:48,180

kind of perspective as well

338

00:12:53,329 --> 00:12:50,820

and also the higher we vibrates the more

339

00:12:55,310 --> 00:12:53,339

we conceive we also get our psychic

340

00:12:57,889 --> 00:12:55,320

senses activated and we've all got

341

00:13:00,170 --> 00:12:57,899

cyclic abilities as well and the

342

00:13:02,870 --> 00:13:00,180

stronger our energy field is so our

343

00:13:03,889 --> 00:13:02,880

heart if you imagine our heart is like

344

00:13:06,290 --> 00:13:03,899

uh

345

00:13:07,310 --> 00:13:06,300

um is a scale our machine it's a nuclear

346

00:13:10,129 --> 00:13:07,320

reactor

347

00:13:11,990 --> 00:13:10,139

and obviously as a Healer the reason I

348

00:13:14,509 --> 00:13:12,000

can heal people is because I open my

349

00:13:16,190 --> 00:13:14,519

heart up and then that allows energy to

350

00:13:17,690 --> 00:13:16,200

come through my body

351

00:13:19,490 --> 00:13:17,700

um into the fund

352

00:13:22,790 --> 00:13:19,500

a really interesting fact that I found

353

00:13:25,009 --> 00:13:22,800

out through Dr David Hawkins work is

354

00:13:27,710 --> 00:13:25,019

that one person operating a 500 Hertz

355

00:13:30,290 --> 00:13:27,720

which is a frequency of Love impacts

356

00:13:32,329 --> 00:13:30,300

over 40 million people

357

00:13:33,769 --> 00:13:32,339

um or 30 mile kind of radius and

358

00:13:35,810 --> 00:13:33,779

Australian area

359

00:13:37,790 --> 00:13:35,820

so this is how you know you see it in

360

00:13:39,230 --> 00:13:37,800

India where people go to gurus and they

361

00:13:41,509 --> 00:13:39,240

go into the temple and they're like oh

362

00:13:43,129 --> 00:13:41,519

my God the the energy is amazing you

363

00:13:44,870 --> 00:13:43,139

just want to be around them all the time

364

00:13:46,910 --> 00:13:44,880

it's because they operate in a high

365

00:13:48,170 --> 00:13:46,920

frequency and the higher the frequency

366

00:13:50,629 --> 00:13:48,180

will vibrate you know it actually

367

00:13:52,370 --> 00:13:50,639

affects everything this is why fire the

368

00:13:54,650 --> 00:13:52,380

grid and Global meditations are

369

00:13:55,970 --> 00:13:54,660

important because when we're operating a

370

00:13:57,650 --> 00:13:55,980

high frequency it changes the

371

00:13:59,269 --> 00:13:57,660

vibrational the planet it raises the

372

00:14:00,590 --> 00:13:59,279

vibration of the planet quite so

373

00:14:02,329 --> 00:14:00,600

differently and it affects things

374

00:14:03,230 --> 00:14:02,339

they've done studies where affects crime

375

00:14:05,930 --> 00:14:03,240

rates

376

00:14:08,090 --> 00:14:05,940

it affects Wars you know you can you can

377

00:14:12,590 --> 00:14:08,100

see across the world really so so that's

378

00:14:12,600 --> 00:14:16,670

and drinking

379

00:14:22,910 --> 00:14:20,810

so after that experience

380

00:14:24,769 --> 00:14:22,920

um I started getting more kind of I get

381

00:14:27,110 --> 00:14:24,779

more kind of beings coming through and

382

00:14:29,090 --> 00:14:27,120

again it usually be evening time and I'd

383

00:14:30,350 --> 00:14:29,100

be lying in bed relaxing and if you

384

00:14:31,850 --> 00:14:30,360

think when you're doing that you're in a

385

00:14:34,430 --> 00:14:31,860

relaxed State you're kind of almost in a

386

00:14:36,710 --> 00:14:34,440

meditative State as well and different

387

00:14:39,350 --> 00:14:36,720

beads came through so the first kind of

388

00:14:42,230 --> 00:14:39,360

beings I started contacted me were the

389

00:14:44,210 --> 00:14:42,240

arcturians so yeah I don't know if any

390

00:14:46,129 --> 00:14:44,220

of you heard of arcturians before

391

00:14:48,530 --> 00:14:46,139

um yeah so ninth dimensional beings is

392

00:14:52,490 --> 00:14:48,540

the arcturing council that was

393

00:14:54,110 --> 00:14:52,500

contacting me now this was in 2019 and

394

00:14:56,750 --> 00:14:54,120

they started telling me that something

395

00:14:58,910 --> 00:14:56,760

was going to be going on in fact it was

396

00:15:00,650 --> 00:14:58,920

going to be a pandemic coming soon

397

00:15:03,410 --> 00:15:00,660

which was a bit strange

398

00:15:04,970 --> 00:15:03,420

and I'll be honest I at this time I

399

00:15:06,769 --> 00:15:04,980

thought I was losing my mind

400

00:15:09,170 --> 00:15:06,779

I really did but I was obviously a

401  
00:15:11,389 --> 00:15:09,180  
therapist I knew what psychosis was and

402  
00:15:13,250 --> 00:15:11,399  
there's no way in a million years I

403  
00:15:14,689 --> 00:15:13,260  
could have dreamed up the things I was

404  
00:15:16,850 --> 00:15:14,699  
seeing because I'd never kind of seen

405  
00:15:18,889 --> 00:15:16,860  
those things before

406  
00:15:20,389 --> 00:15:18,899  
um you know so this is where I was going

407  
00:15:22,550 --> 00:15:20,399  
to chat with the arterians and they were

408  
00:15:24,350 --> 00:15:22,560  
kind of explaining to me then that I'm a

409  
00:15:26,329 --> 00:15:24,360  
starseed

410  
00:15:27,889 --> 00:15:26,339  
um and this is really where the kind of

411  
00:15:29,750 --> 00:15:27,899  
Pleiadians came in

412  
00:15:32,090 --> 00:15:29,760  
um and

413  
00:15:33,710 --> 00:15:32,100

um you know it's so much like I only can

414

00:15:34,970 --> 00:15:33,720

cover so much on here you know I know

415

00:15:37,310 --> 00:15:34,980

we're limited for time and things like

416

00:15:39,350 --> 00:15:37,320

that but just so many lessons

417

00:15:40,610 --> 00:15:39,360

in how to be you know they were

418

00:15:43,250 --> 00:15:40,620

explaining to me teaching me about

419

00:15:44,750 --> 00:15:43,260

vibration they were you know helping me

420

00:15:46,129 --> 00:15:44,760

with healing

421

00:15:48,470 --> 00:15:46,139

um so so much

422

00:15:49,910 --> 00:15:48,480

kind of knowledge and what I found out

423

00:15:52,069 --> 00:15:49,920

then when I actually got in touch with

424

00:15:53,629 --> 00:15:52,079

the Pleadians now first they started

425

00:15:55,610 --> 00:15:53,639

coming to me in dreams so I was having

426

00:15:57,650 --> 00:15:55,620

like dreams and I was dreaming of

427

00:15:58,730 --> 00:15:57,660

chatting with someone and it was just a

428

00:16:00,530 --> 00:15:58,740

bit weird it was like there's something

429

00:16:01,910 --> 00:16:00,540

strange about these beings and I think

430

00:16:04,009 --> 00:16:01,920

this is how they do the introductions

431

00:16:06,170 --> 00:16:04,019

they they start off looking like a human

432

00:16:07,910 --> 00:16:06,180

and then they kind of show their their

433

00:16:10,129 --> 00:16:07,920

true form

434

00:16:11,569 --> 00:16:10,139

um so so I know they explained to me

435

00:16:13,490 --> 00:16:11,579

then that

436

00:16:14,810 --> 00:16:13,500

um that I was applied in starcy I

437

00:16:17,750 --> 00:16:14,820

didn't know what kind of starseeds were

438

00:16:19,189 --> 00:16:17,760

again I'd never heard of them and and

439

00:16:21,050 --> 00:16:19,199

what I'd say is that it knows a lot of

440

00:16:23,990 --> 00:16:21,060

talk around star sees we are all star

441

00:16:26,449 --> 00:16:24,000

cities we are all not from there so the

442

00:16:28,610 --> 00:16:26,459

way way and and understand it is really

443

00:16:30,230 --> 00:16:28,620

when we incarnate we kind of started the

444

00:16:32,210 --> 00:16:30,240

12th Dimension so I don't know if any of

445

00:16:33,530 --> 00:16:32,220

you familiar with Dolores Cannon but I

446

00:16:35,269 --> 00:16:33,540

think her teachings are pretty on the

447

00:16:36,470 --> 00:16:35,279

money with this kind of stuff so they're

448

00:16:38,689 --> 00:16:36,480

like different schools different style

449

00:16:40,370 --> 00:16:38,699

systems at like different schools and

450

00:16:41,990 --> 00:16:40,380

when you're in a high dimension you know

451  
00:16:43,370 --> 00:16:42,000  
like you know in the 12th Dimension or

452  
00:16:44,689 --> 00:16:43,380  
ninth Dimension the arcturians

453  
00:16:46,790 --> 00:16:44,699  
everything's really easy you know you've

454  
00:16:49,009 --> 00:16:46,800  
got superpowers there's all love there's

455  
00:16:51,889 --> 00:16:49,019  
no fear and what we do is we work our

456  
00:16:54,530 --> 00:16:51,899  
way down down down down until we get

457  
00:16:57,170 --> 00:16:54,540  
here to the third dimension which is the

458  
00:16:58,790 --> 00:16:57,180  
lowest frequency vibration here and

459  
00:17:00,650 --> 00:16:58,800  
that's the Laura's Cannon says you know

460  
00:17:03,350 --> 00:17:00,660  
like he wouldn't incarnate on Earth as a

461  
00:17:07,370 --> 00:17:03,360  
first Incarnation he would incarnate you

462  
00:17:09,230 --> 00:17:07,380  
after a lot of time in other galaxies

463  
00:17:10,730 --> 00:17:09,240

um and really our DNA as well you know

464

00:17:13,309 --> 00:17:10,740

like a lot of people say talk about junk

465

00:17:15,949 --> 00:17:13,319

DNA it's

466

00:17:17,689 --> 00:17:15,959

um you know all that DNA is basically

467

00:17:19,309 --> 00:17:17,699

from all the different

468

00:17:20,329 --> 00:17:19,319

um beings and stuff we're all made up of

469

00:17:21,949 --> 00:17:20,339

that

470

00:17:24,590 --> 00:17:21,959

and I did have

471

00:17:25,870 --> 00:17:24,600

um I did have an encounter with um some

472

00:17:28,730 --> 00:17:25,880

reptilian

473

00:17:31,310 --> 00:17:28,740

aces and where they're coming through

474

00:17:34,909 --> 00:17:31,320

and telling me that I was actually

475

00:17:36,890 --> 00:17:34,919

um a starseed from from there

476  
00:17:38,510 --> 00:17:36,900  
um and then quite quickly that ended and

477  
00:17:40,430 --> 00:17:38,520  
the players came through to say that

478  
00:17:41,630 --> 00:17:40,440  
they were just trying to trick me

479  
00:17:44,870 --> 00:17:41,640  
because they're a lot lower vibration

480  
00:17:46,490 --> 00:17:44,880  
and the reptilians and I assuming some

481  
00:17:48,890 --> 00:17:46,500  
of you here that reptilians are quite

482  
00:17:52,070 --> 00:17:48,900  
influential on this planet too

483  
00:17:53,870 --> 00:17:52,080  
um so um and they started explaining

484  
00:17:55,490 --> 00:17:53,880  
about the mountain beings as well like I

485  
00:17:57,289 --> 00:17:55,500  
had so many questions so when I actually

486  
00:17:59,450 --> 00:17:57,299  
do with some research and looked at some

487  
00:18:01,370 --> 00:17:59,460  
abductions people said oh the Romantic

488  
00:18:03,529 --> 00:18:01,380

beings adaptive people so I was like

489

00:18:06,049 --> 00:18:03,539

okay they don't sound like like nice

490

00:18:07,430 --> 00:18:06,059

nice meetings and what they explained is

491

00:18:10,070 --> 00:18:07,440

that they were

492

00:18:12,470 --> 00:18:10,080

um taken they were they were taken they

493

00:18:14,390 --> 00:18:12,480

were put in they basically checked and

494

00:18:16,610 --> 00:18:14,400

like a hiding mind I won't understand

495

00:18:18,950 --> 00:18:16,620

enough gray beings is that they are all

496

00:18:20,510 --> 00:18:18,960

hive mind as well the same as reptilians

497

00:18:23,150 --> 00:18:20,520

they're giving themselves their Free

498

00:18:23,990 --> 00:18:23,160

Will over to the AI and the AI runs

499

00:18:25,789 --> 00:18:24,000

everything

500

00:18:29,090 --> 00:18:25,799

now it's not to say you know the

501

00:18:30,890 --> 00:18:29,100

Pleiadians and the arcturians are

502

00:18:33,710 --> 00:18:30,900

um they are a collective so they do

503

00:18:35,090 --> 00:18:33,720

operate as kind of one but um they

504

00:18:36,350 --> 00:18:35,100

obviously have their own kind of things

505

00:18:38,150 --> 00:18:36,360

but um

506

00:18:43,070 --> 00:18:38,160

but yeah a lot more Free Will and

507

00:18:47,810 --> 00:18:45,529

so the next part of my story really is

508

00:18:50,690 --> 00:18:47,820

about manifestation

509

00:18:52,310 --> 00:18:50,700

so um after after we had these

510

00:18:54,590 --> 00:18:52,320

experiences and I've still kind of you

511

00:18:56,210 --> 00:18:54,600

know do it um doing column on and doing

512

00:18:57,529 --> 00:18:56,220

the healing

513

00:19:00,230 --> 00:18:57,539

um my ex-girlfriend at the time who's

514

00:19:02,390 --> 00:19:00,240

just doing lockdown we thought we really

515

00:19:05,390 --> 00:19:02,400

get good to get a motorhome

516

00:19:08,630 --> 00:19:05,400

so we'll be reading about manifestation

517

00:19:10,130 --> 00:19:08,640

so we sat down and we meditated and we

518

00:19:12,650 --> 00:19:10,140

said we wanted

519

00:19:14,330 --> 00:19:12,660

um a camper van we had no more than

520

00:19:15,710 --> 00:19:14,340

fifteen thousand pound to spend which at

521

00:19:18,350 --> 00:19:15,720

the time in lockdown wouldn't get any

522

00:19:20,330 --> 00:19:18,360

match at all and we've read that it's

523

00:19:23,630 --> 00:19:20,340

really handy to make a first move in

524

00:19:26,150 --> 00:19:23,640

manifestation so it's a lot of my export

525

00:19:29,270 --> 00:19:26,160

a key ring a van hearing

526

00:19:31,730 --> 00:19:29,280

and about three or four days later a

527

00:19:33,409 --> 00:19:31,740

friend called her to say that she'd

528

00:19:35,450 --> 00:19:33,419

um that you know thank you for the work

529

00:19:38,330 --> 00:19:35,460

that she done and she got her a tarot

530

00:19:40,190 --> 00:19:38,340

reading a guy in Scotland called Colin

531

00:19:42,169 --> 00:19:40,200

so she had this Tower reading a couple

532

00:19:43,430 --> 00:19:42,179

of days later and during the reading he

533

00:19:44,150 --> 00:19:43,440

stopped and said do you want to buy a

534

00:19:46,370 --> 00:19:44,160

van

535

00:19:48,049 --> 00:19:46,380

and the one that was like what she's

536

00:19:50,750 --> 00:19:48,059

like do you want to buy a van I'm moving

537

00:19:52,669 --> 00:19:50,760

to Texas and writing a book and

538

00:19:55,070 --> 00:19:52,679

um I need it gone within a week I'll

539

00:19:57,110 --> 00:19:55,080

take 15 grand for it so that was our

540

00:19:59,690 --> 00:19:57,120

first experience in manifestation it was

541

00:20:00,830 --> 00:19:59,700

like absolutely blew me away now there

542

00:20:02,690 --> 00:20:00,840

is a reason for this as well because

543

00:20:04,970 --> 00:20:02,700

it's part of the story

544

00:20:09,010 --> 00:20:04,980

so yeah so this is the van this is the

545

00:20:15,890 --> 00:20:11,690

but it was amazing absolutely amazing on

546

00:20:18,049 --> 00:20:15,900

the inside and we flew over to Scotland

547

00:20:20,690 --> 00:20:18,059

um to have um to pick the van up I met

548

00:20:22,669 --> 00:20:20,700

this guy called Colin he was amazing he

549

00:20:25,190 --> 00:20:22,679

was like living on the van

550

00:20:27,169 --> 00:20:25,200

um for a couple of years and what he

551  
00:20:29,029 --> 00:20:27,179  
said to me we had really gone well and

552  
00:20:30,409 --> 00:20:29,039  
he said like you have to

553  
00:20:32,390 --> 00:20:30,419  
um get in touch with this girl called

554  
00:20:34,730 --> 00:20:32,400  
Super C and she's in akashic records

555  
00:20:37,070 --> 00:20:34,740  
reader now does anyone have anyone here

556  
00:20:40,310 --> 00:20:37,080  
with the akashic records

557  
00:20:45,529 --> 00:20:43,370  
okay so I have near the akashic records

558  
00:20:48,049 --> 00:20:45,539  
either this time so the cash of Records

559  
00:20:50,690 --> 00:20:48,059  
is like a like a library of everything

560  
00:20:53,390 --> 00:20:50,700  
that ever has happened

561  
00:20:55,370 --> 00:20:53,400  
so you know every lifetime every

562  
00:20:57,169 --> 00:20:55,380  
decision every thought every word you've

563  
00:21:00,049 --> 00:20:57,179

ever said is stored in akashic record

564

00:21:03,169 --> 00:21:00,059

everything from that chair to this

565

00:21:04,669 --> 00:21:03,179

laptop as an akashic record and when you

566

00:21:05,750 --> 00:21:04,679

access the akashic record you can ask

567

00:21:08,450 --> 00:21:05,760

those requesters with your previous

568

00:21:09,950 --> 00:21:08,460

lives so it's really really uh it's

569

00:21:13,730 --> 00:21:09,960

really interesting

570

00:21:15,110 --> 00:21:13,740

so I had this um so I had a reading with

571

00:21:17,150 --> 00:21:15,120

Susie

572

00:21:18,770 --> 00:21:17,160

um again she explained to me she says uh

573

00:21:21,950 --> 00:21:18,780

you're uh you know you're applying in

574

00:21:23,870 --> 00:21:21,960

starseed which is amazing and as we were

575

00:21:25,370 --> 00:21:23,880

chatting she said

576

00:21:26,810 --> 00:21:25,380

um she said you know you've done a lot

577

00:21:28,730 --> 00:21:26,820

of healing you've got you've got some

578

00:21:31,789 --> 00:21:28,740

special abilities I really want you to

579

00:21:34,850 --> 00:21:31,799

uh to meet a guy called Jerome so

580

00:21:37,310 --> 00:21:34,860

Jerome's from Chicago so I was like yeah

581

00:21:40,070 --> 00:21:37,320

no worries I said give him my number so

582

00:21:41,810 --> 00:21:40,080

we ended the we ended the session and

583

00:21:44,990 --> 00:21:41,820

then half hour later I had a phone call

584

00:21:47,029 --> 00:21:45,000

from Chicago and the guy there it can be

585

00:21:49,370 --> 00:21:47,039

a ring now Jerome

586

00:21:52,250 --> 00:21:49,380

um is I think he was on Discovery

587

00:21:54,830 --> 00:21:52,260

Channel UFO witness so he's an arcturian

588

00:21:56,270 --> 00:21:54,840

starseed and he had some pretty amazing

589

00:21:58,490 --> 00:21:56,280

experiences

590

00:22:00,470 --> 00:21:58,500

um so we had a bit of a chat and he said

591

00:22:02,149 --> 00:22:00,480

we'd like to go up on a live show would

592

00:22:03,230 --> 00:22:02,159

you like to experience meeting the

593

00:22:05,210 --> 00:22:03,240

meeting

594

00:22:08,270 --> 00:22:05,220

um some of your extraterrestrial friends

595

00:22:09,890 --> 00:22:08,280

so I was like yeah absolutely so we just

596

00:22:12,289 --> 00:22:09,900

jumped on a zoom call

597

00:22:15,350 --> 00:22:12,299

and we went into we went into a

598

00:22:17,029 --> 00:22:15,360

meditation now you know he now what I'll

599

00:22:18,649 --> 00:22:17,039

do is something at the end of this I'm

600

00:22:20,210 --> 00:22:18,659

going to do something similar for you

601  
00:22:21,590 --> 00:22:20,220  
guys as well because it's really

602  
00:22:23,029 --> 00:22:21,600  
effective and I've used this for a lot

603  
00:22:24,350 --> 00:22:23,039  
of clients too

604  
00:22:26,390 --> 00:22:24,360  
so we went into

605  
00:22:29,149 --> 00:22:26,400  
um we went into meditation

606  
00:22:30,710 --> 00:22:29,159  
and we fell into the heart space so I'm

607  
00:22:32,990 --> 00:22:30,720  
not sure if you're aware but we've got a

608  
00:22:35,990 --> 00:22:33,000  
chakra system in our body

609  
00:22:39,350 --> 00:22:36,000  
um our name Sam chakras and each one is

610  
00:22:42,289 --> 00:22:39,360  
like a portal so our heart chakra is

611  
00:22:45,529 --> 00:22:42,299  
like a portal Into The Fifth Dimension

612  
00:22:46,789 --> 00:22:45,539  
so we went into the heart space and I

613  
00:22:48,649 --> 00:22:46,799

was in meditation obviously I was

614

00:22:50,690 --> 00:22:48,659

sitting there in in Port Elizabeth and

615

00:22:52,669 --> 00:22:50,700

he was in Chicago

616

00:22:54,529 --> 00:22:52,679

um and all of a sudden I was just like

617

00:22:56,149 --> 00:22:54,539

transported and I was in a big open

618

00:23:00,169 --> 00:22:56,159

field

619

00:23:02,029 --> 00:23:00,179

was a bright white light

620

00:23:03,649 --> 00:23:02,039

and then as I was walking so we walked

621

00:23:05,570 --> 00:23:03,659

towards the light Jerome was with me as

622

00:23:07,789 --> 00:23:05,580

well we walked into this into this

623

00:23:10,130 --> 00:23:07,799

bright white lights like a control panel

624

00:23:11,930 --> 00:23:10,140

came up into the light

625

00:23:14,330 --> 00:23:11,940

um I was told to put my hand on there

626  
00:23:15,890 --> 00:23:14,340  
and it could have like red meat and then

627  
00:23:18,770 --> 00:23:15,900  
before you knew it we just lift it up

628  
00:23:21,230 --> 00:23:18,780  
very very gently into this leg ship now

629  
00:23:24,710 --> 00:23:21,240  
it did look a lot like that to me more

630  
00:23:27,049 --> 00:23:24,720  
white color I guess and a silvery white

631  
00:23:28,549 --> 00:23:27,059  
um and as we got to as we kind of came

632  
00:23:30,590 --> 00:23:28,559  
up into the ship into the Lord and area

633  
00:23:32,810 --> 00:23:30,600  
there's a number of beings waiting for

634  
00:23:35,750 --> 00:23:32,820  
me that was really interesting is that

635  
00:23:37,490 --> 00:23:35,760  
when I um when we went in they said

636  
00:23:40,789 --> 00:23:37,500  
welcome back Amanda

637  
00:23:42,590 --> 00:23:40,799  
I was like okay whatever

638  
00:23:44,210 --> 00:23:42,600

um and there was romantic being on the

639

00:23:46,610 --> 00:23:44,220

on the ship as well

640

00:23:48,649 --> 00:23:46,620

so um so Jerome we've done this before

641

00:23:50,630 --> 00:23:48,659

and you know we introduced the

642

00:23:52,190 --> 00:23:50,640

introduced themselves to me they showed

643

00:23:54,409 --> 00:23:52,200

me some of different areas of the ship

644

00:23:57,529 --> 00:23:54,419

one of them which was

645

00:24:00,710 --> 00:23:57,539

um a med bed area where they do healing

646

00:24:03,470 --> 00:24:00,720

there was another area which was kind of

647

00:24:05,810 --> 00:24:03,480

managing timelines which sounds really

648

00:24:09,110 --> 00:24:05,820

bizarre but um it was a machine there

649

00:24:10,490 --> 00:24:09,120

where I could put my hands into it and

650

00:24:12,350 --> 00:24:10,500

all of a sudden there was like these

651  
00:24:14,029 --> 00:24:12,360  
tubes and they were like playing movie

652  
00:24:16,190 --> 00:24:14,039  
scenes and they were and they explained

653  
00:24:19,190 --> 00:24:16,200  
to me that these were all potential

654  
00:24:21,470 --> 00:24:19,200  
future realities that I was that I could

655  
00:24:24,289 --> 00:24:21,480  
experience and what they explained to me

656  
00:24:26,390 --> 00:24:24,299  
is that the more energy that we give to

657  
00:24:28,970 --> 00:24:26,400  
a future reality it's like powering it

658  
00:24:31,310 --> 00:24:28,980  
up so this is why it's so important to

659  
00:24:32,450 --> 00:24:31,320  
like be positive and and think about the

660  
00:24:35,690 --> 00:24:32,460  
future because we are literally

661  
00:24:38,330 --> 00:24:35,700  
manifesting our reality at all times

662  
00:24:40,549 --> 00:24:38,340  
so there's a few timelines where I was

663  
00:24:42,049 --> 00:24:40,559

like a drug addict and like a trump or

664

00:24:43,730 --> 00:24:42,059

something and there was otherwise it was

665

00:24:46,970 --> 00:24:43,740

really interesting it's one of the

666

00:24:48,649 --> 00:24:46,980

timelines was me standing here

667

00:24:49,850 --> 00:24:48,659

so I just realized that looking at this

668

00:24:51,470 --> 00:24:49,860

Hall so this is where this future

669

00:24:53,390 --> 00:24:51,480

timeline so what we did is we closed

670

00:24:55,730 --> 00:24:53,400

down some of the some of the low

671

00:24:57,350 --> 00:24:55,740

frequency timelines and then raise more

672

00:24:59,270 --> 00:24:57,360

energy up on there which was which was

673

00:25:01,310 --> 00:24:59,280

fascinating

674

00:25:03,890 --> 00:25:01,320

um and the next thing

675

00:25:05,330 --> 00:25:03,900

um so Jerome kind of assumed then that

676

00:25:07,370 --> 00:25:05,340

we would kind of go back down this is

677

00:25:10,669 --> 00:25:07,380

what normally happened he had a couple

678

00:25:13,610 --> 00:25:10,679

of um clients before experiences and

679

00:25:19,669 --> 00:25:13,620

they said do you want to fly the ship

680

00:25:26,210 --> 00:25:23,210

so yeah so um we um we went up to the

681

00:25:27,710 --> 00:25:26,220

helm area and like where I described the

682

00:25:28,909 --> 00:25:27,720

ship I know I'm sure you've had lots of

683

00:25:29,930 --> 00:25:28,919

people describing it but it's almost

684

00:25:32,750 --> 00:25:29,940

like

685

00:25:34,490 --> 00:25:32,760

if if Steve Jobs was designing something

686

00:25:35,930 --> 00:25:34,500

you know like an apple kind of layout

687

00:25:37,730 --> 00:25:35,940

everything's really kind of slick

688

00:25:39,529 --> 00:25:37,740

there's no edges there's no corners it's

689

00:25:42,950 --> 00:25:39,539

just all smooth I guess made out of one

690

00:25:44,750 --> 00:25:42,960

kind of thing all kind of white and we

691

00:25:46,610 --> 00:25:44,760

were sitting in this seat

692

00:25:49,490 --> 00:25:46,620

um and they said we had put my hands

693

00:25:51,230 --> 00:25:49,500

into onto either side so I put my hands

694

00:25:52,909 --> 00:25:51,240

in I kind of felt that something came

695

00:25:54,470 --> 00:25:52,919

down my head it didn't look I don't know

696

00:25:57,110 --> 00:25:54,480

where there was just energy or where the

697

00:26:00,169 --> 00:25:57,120

helmet came down and as soon as I felt

698

00:26:03,110 --> 00:26:00,179

it connecting it was like I was one with

699

00:26:05,450 --> 00:26:03,120

a ship I was ABS I was I could feel the

700

00:26:06,409 --> 00:26:05,460

ship I could actually feel the edges of

701  
00:26:08,690 --> 00:26:06,419  
the ship

702  
00:26:11,690 --> 00:26:08,700  
and they said that's all you need to do

703  
00:26:13,549 --> 00:26:11,700  
is just think of a place to go

704  
00:26:16,370 --> 00:26:13,559  
so I don't know why but the first place

705  
00:26:19,370 --> 00:26:16,380  
I came to my mind was Antarctica

706  
00:26:23,090 --> 00:26:19,380  
so um and literally as soon as I thought

707  
00:26:24,890 --> 00:26:23,100  
Antarctica it um we were there we were

708  
00:26:26,930 --> 00:26:24,900  
over we were over the ice it was just

709  
00:26:28,370 --> 00:26:26,940  
like it was absolutely I didn't know the

710  
00:26:31,850 --> 00:26:28,380  
other interesting thing as well is that

711  
00:26:35,029 --> 00:26:31,860  
we were probably in this meditation for

712  
00:26:36,470 --> 00:26:35,039  
I would say about 40 minutes but it felt

713  
00:26:38,330 --> 00:26:36,480

it I wanted to be on there for about

714

00:26:41,269 --> 00:26:38,340

four or five hours there was a huge time

715

00:26:44,630 --> 00:26:41,279

dilation it wasn't on at all

716

00:26:46,310 --> 00:26:44,640

so we're fighting over Antarctica and as

717

00:26:48,049 --> 00:26:46,320

we kind of thought oh no the topic looks

718

00:26:51,049 --> 00:26:48,059

like so we were kind of flying over and

719

00:26:53,690 --> 00:26:51,059

as we flew over there was a massive hole

720

00:26:55,490 --> 00:26:53,700

a massive hole at the top

721

00:26:56,810 --> 00:26:55,500

and they said why can you go into the

722

00:27:03,649 --> 00:26:56,820

hole

723

00:27:05,029 --> 00:27:03,659

in like another kingdom so if you guys

724

00:27:08,029 --> 00:27:05,039

ever you would have uh you would have

725

00:27:10,610 --> 00:27:08,039

inner earth Theory or hollower Theory

726

00:27:13,430 --> 00:27:10,620

so as we were flying around it was like

727

00:27:14,990 --> 00:27:13,440

the mountains were massive like if you

728

00:27:17,450 --> 00:27:15,000

think of like Mount Everest but like

729

00:27:19,130 --> 00:27:17,460

twice everything was twice as big and I

730

00:27:22,310 --> 00:27:19,140

know this sounds far out but they were

731

00:27:25,190 --> 00:27:22,320

giants they were dragons we flew through

732

00:27:27,049 --> 00:27:25,200

Shambhala which looks like Tibet so all

733

00:27:28,669 --> 00:27:27,059

the kind of it was huge mountains with

734

00:27:31,130 --> 00:27:28,679

all these kind of temples up on there

735

00:27:33,230 --> 00:27:31,140

and we were flying around they explained

736

00:27:34,430 --> 00:27:33,240

that this was Shambhala

737

00:27:37,130 --> 00:27:34,440

um and they explained as well that

738

00:27:39,529 --> 00:27:37,140

Captain Birds um did an expedition in

739

00:27:41,690 --> 00:27:39,539

the 1940s where they actually went down

740

00:27:43,789 --> 00:27:41,700

I don't know how far he actually got

741

00:27:45,649 --> 00:27:43,799

away to experiences

742

00:27:47,690 --> 00:27:45,659

so um

743

00:27:49,250 --> 00:27:47,700

so yeah so so who do you think I could

744

00:27:51,169 --> 00:27:49,260

find on there was this kind of diagram

745

00:27:54,049 --> 00:27:51,179

no it's not perfect

746

00:27:55,610 --> 00:27:54,059

but it does kind of explain a lot of it

747

00:27:58,430 --> 00:27:55,620

um so you can see this different the

748

00:27:59,630 --> 00:27:58,440

Shambala on there agarthur Talos you

749

00:28:02,750 --> 00:27:59,640

know there's other kind of areas on

750

00:28:05,750 --> 00:28:02,760

there too so we kind of flew around this

751

00:28:07,789 --> 00:28:05,760

um we went to this temple in in Telos

752

00:28:10,010 --> 00:28:07,799

which was like where the the Holy Bible

753

00:28:12,169 --> 00:28:10,020

flame was so whenever there was any

754

00:28:13,669 --> 00:28:12,179

healers here if you heard of a call in

755

00:28:14,510 --> 00:28:13,679

the Violet flavon but apparently from

756

00:28:19,250 --> 00:28:14,520

there

757

00:28:21,769 --> 00:28:19,260

and billions of of life forms under

758

00:28:24,470 --> 00:28:21,779

there including extraterrestrials

759

00:28:26,990 --> 00:28:24,480

and what they also explained is mounted

760

00:28:29,690 --> 00:28:27,000

beings Pleiadians arterians syrians

761

00:28:32,930 --> 00:28:29,700

Lyons there's billions of them and

762

00:28:34,730 --> 00:28:32,940

they're all under the planet now

763

00:28:36,769 --> 00:28:34,740

um the strange thing was is what it was

764

00:28:38,930 --> 00:28:36,779

like light so I was like how was the

765

00:28:40,730 --> 00:28:38,940

daytime year and it's like the middle is

766

00:28:42,590 --> 00:28:40,740

like a crystalline core and it likes it

767

00:28:44,630 --> 00:28:42,600

looks like the sun it looks like the sun

768

00:28:46,430 --> 00:28:44,640

it's almost like you can imagine as you

769

00:28:47,870 --> 00:28:46,440

can have went in the gravity changes and

770

00:28:49,549 --> 00:28:47,880

as you come in you're just in so it's

771

00:28:52,310 --> 00:28:49,559

like I know it's hard to show in this

772

00:28:54,230 --> 00:28:52,320

diagram but it's like the insides of the

773

00:28:56,450 --> 00:28:54,240

planet it's got all

774

00:28:58,430 --> 00:28:56,460

um it's got all mountains on

775

00:29:00,470 --> 00:28:58,440

um and different areas and it's huge

776

00:29:04,370 --> 00:29:00,480

it's absolutely massive

777

00:29:07,370 --> 00:29:04,380

so so yeah so we kind of flew out then

778

00:29:10,070 --> 00:29:07,380

we were back I came out

779

00:29:12,169 --> 00:29:10,080

um thank the beings they also offered

780

00:29:15,169 --> 00:29:12,179

upgrades to me

781

00:29:17,330 --> 00:29:15,179

um which looked like kind of

782

00:29:18,830 --> 00:29:17,340

um sacred geometric patterns which they

783

00:29:21,110 --> 00:29:18,840

kind of put into my energy field they

784

00:29:23,029 --> 00:29:21,120

told me anytime that I wanted to go back

785

00:29:25,370 --> 00:29:23,039

to the likeness that I could

786

00:29:28,610 --> 00:29:25,380

which is amazing

787

00:29:30,590 --> 00:29:28,620

um and um when I came out then I was

788

00:29:32,450 --> 00:29:30,600

just so blown away I just was like sure

789

00:29:33,889 --> 00:29:32,460

I'm like what the hell that was the most

790

00:29:36,470 --> 00:29:33,899

amazing experience I've had in my life

791

00:29:38,750 --> 00:29:36,480

and he was like me too no one's ever

792

00:29:40,850 --> 00:29:38,760

flown the ship before so I'm like what

793

00:29:43,850 --> 00:29:40,860

you know it really pushed his uh really

794

00:29:46,250 --> 00:29:43,860

pushed his boundaries with that too

795

00:29:48,649 --> 00:29:46,260

um and so obviously I I didn't know what

796

00:29:50,690 --> 00:29:48,659

I do with it after I told my

797

00:29:53,930 --> 00:29:50,700

ex-girlfriend

798

00:29:55,909 --> 00:29:53,940

um about it and by the night time

799

00:29:58,190 --> 00:29:55,919

I just saw complete cognitive dissonance

800

00:30:00,710 --> 00:29:58,200

I was like this that's not real I

801  
00:30:03,590 --> 00:30:00,720  
couldn't handle or actually it happened

802  
00:30:05,690 --> 00:30:03,600  
it was just too too much too much so

803  
00:30:07,850 --> 00:30:05,700  
about two about I went into denial for

804  
00:30:10,310 --> 00:30:07,860  
about three or four weeks where

805  
00:30:11,570 --> 00:30:10,320  
I didn't really talk to anyone about it

806  
00:30:13,669 --> 00:30:11,580  
um and then I got back in touch with

807  
00:30:14,810 --> 00:30:13,679  
Jerome and he said right let's go back

808  
00:30:18,350 --> 00:30:14,820  
in again

809  
00:30:21,409 --> 00:30:18,360  
so we um so we went back in this time

810  
00:30:26,330 --> 00:30:23,149  
so this is kind of one of the med bed

811  
00:30:28,789 --> 00:30:26,340  
area was now I'll explain to when I went

812  
00:30:31,490 --> 00:30:28,799  
on there they explained that I could use

813  
00:30:32,870 --> 00:30:31,500

um I could use this med bed to to heal

814

00:30:33,970 --> 00:30:32,880

people with

815

00:30:36,529 --> 00:30:33,980

um

816

00:30:38,870 --> 00:30:36,539

so they showed me how it works again

817

00:30:41,570 --> 00:30:38,880

it's all by the by thought

818

00:30:43,310 --> 00:30:41,580

I sat on the med bed kind of did felt

819

00:30:45,110 --> 00:30:43,320

some healing it was felt amazing a

820

00:30:46,789 --> 00:30:45,120

little tingle in my body my actual

821

00:30:48,889 --> 00:30:46,799

physical body was kind of like shaking a

822

00:30:50,930 --> 00:30:48,899

little bit while it was happening

823

00:30:51,950 --> 00:30:50,940

um and they said bring clients up to do

824

00:30:55,190 --> 00:30:51,960

this

825

00:30:58,490 --> 00:30:55,200

so the the next days it happened

826  
00:31:01,250 --> 00:30:58,500  
um my ex's son had a bad skateboarding

827  
00:31:03,169 --> 00:31:01,260  
accident and he um he dislocated his

828  
00:31:04,669 --> 00:31:03,179  
shoulder I used kind of a bit of a bad

829  
00:31:06,889 --> 00:31:04,679  
way he was in hospital

830  
00:31:08,269 --> 00:31:06,899  
so um I was speaking to Jerome at the

831  
00:31:09,590 --> 00:31:08,279  
time he's like it's a great opportunity

832  
00:31:11,330 --> 00:31:09,600  
why didn't you take him up on the med

833  
00:31:13,669 --> 00:31:11,340  
bed when you see what happens

834  
00:31:15,769 --> 00:31:13,679  
so that's what I did so um

835  
00:31:16,970 --> 00:31:15,779  
I went down into meditation at the time

836  
00:31:19,909 --> 00:31:16,980  
used in hospital he wasn't actually

837  
00:31:22,010 --> 00:31:19,919  
talking to him so I went down I imagined

838  
00:31:23,810 --> 00:31:22,020

her team was there with me went back in

839

00:31:26,210 --> 00:31:23,820

the light ship same kind of process went

840

00:31:30,049 --> 00:31:26,220

up put him on the med bed

841

00:31:32,350 --> 00:31:30,059

and he was on there for about 40 minutes

842

00:31:35,750 --> 00:31:32,360

um and um that kind of dropped him off

843

00:31:36,889 --> 00:31:35,760

and the the next day he was completely

844

00:31:41,049 --> 00:31:36,899

healed

845

00:31:43,190 --> 00:31:41,059

the doctors just could not understand

846

00:31:45,590 --> 00:31:43,200

where it happened

847

00:31:48,049 --> 00:31:45,600

so yeah that was my first encounter with

848

00:31:49,190 --> 00:31:48,059

that as well you know and and the other

849

00:31:51,350 --> 00:31:49,200

you know I couldn't go up on the light

850

00:31:53,630 --> 00:31:51,360

ship many times I want one of the things

851  
00:31:55,549 --> 00:31:53,640  
I do is I take clients up on on Lake

852  
00:31:56,810 --> 00:31:55,559  
ships if they're open to that kind of

853  
00:31:58,850 --> 00:31:56,820  
thing

854  
00:32:00,769 --> 00:31:58,860  
um I started getting kind of started

855  
00:32:01,850 --> 00:32:00,779  
getting memories Galactic Memories Back

856  
00:32:09,529 --> 00:32:01,860  
of

857  
00:32:12,169 --> 00:32:09,539  
when I was in Arcturus

858  
00:32:13,430 --> 00:32:12,179  
um then Sirius then moving across then

859  
00:32:18,649 --> 00:32:13,440  
to

860  
00:32:21,169 --> 00:32:18,659  
a star system

861  
00:32:24,769 --> 00:32:21,179  
and I had memories that I was like an

862  
00:32:27,289 --> 00:32:24,779  
alien being so I had like like small

863  
00:32:28,730 --> 00:32:27,299

small feathers I'm not sure if you've

864

00:32:30,710 --> 00:32:28,740

ever heard of the blue aliens and things

865

00:32:33,409 --> 00:32:30,720

like that but um like a blue Asian being

866

00:32:35,750 --> 00:32:33,419

with all small feathers over me

867

00:32:37,250 --> 00:32:35,760

um and I could shape-shift

868

00:32:39,830 --> 00:32:37,260

um so like all these memories coming in

869

00:32:42,950 --> 00:32:39,840

then I went across to the layering

870

00:32:45,350 --> 00:32:42,960

system and then came down to Earth

871

00:32:49,070 --> 00:32:45,360

around the time of Atlantean times

872

00:32:50,330 --> 00:32:49,080

as a pleiadian to help there so again if

873

00:32:52,070 --> 00:32:50,340

I'm doing another talk I'll probably go

874

00:32:53,990 --> 00:32:52,080

into that in more detail there but um

875

00:32:55,789 --> 00:32:54,000

but yeah that was that was there and

876

00:32:57,830 --> 00:32:55,799

what I found is there's actually

877

00:33:00,230 --> 00:32:57,840

um they were activated my dnas we've got

878

00:33:02,269 --> 00:33:00,240

a number of strands of DNA and through

879

00:33:05,029 --> 00:33:02,279

the work with me on the med bed and and

880

00:33:07,490 --> 00:33:05,039

the teachings I started to get way more

881

00:33:09,649 --> 00:33:07,500

psychic senses my psychic powers became

882

00:33:11,570 --> 00:33:09,659

stronger my healing abilities got

883

00:33:13,610 --> 00:33:11,580

stronger

884

00:33:15,889 --> 00:33:13,620

um and yeah it was just absolutely

885

00:33:18,409 --> 00:33:15,899

amazing now the thing with this was

886

00:33:19,970 --> 00:33:18,419

obviously you know who do I tell about

887

00:33:21,350 --> 00:33:19,980

this kind of stuff you know it's so

888

00:33:23,149 --> 00:33:21,360

difficult like I told my parents and

889

00:33:24,590 --> 00:33:23,159

they just said you're absolutely mental

890

00:33:25,789 --> 00:33:24,600

I haven't even told them I'm talking

891

00:33:27,169 --> 00:33:25,799

today because they're like we're gonna

892

00:33:30,769 --> 00:33:27,179

disown you if you talk to people over

893

00:33:41,950 --> 00:33:32,029

I've actually kind of it actually

894

00:33:45,830 --> 00:33:44,210

energy down which is something I'd like

895

00:33:48,769 --> 00:33:45,840

to do with you all

896

00:33:50,450 --> 00:33:48,779

um I also can introduce people to their

897

00:33:52,009 --> 00:33:50,460

star families

898

00:33:54,049 --> 00:33:52,019

um one of the other gifts I have as well

899

00:33:55,909 --> 00:33:54,059

is I'm able to tell people where they're

900

00:33:57,529 --> 00:33:55,919

from now when I say where they're from I

901  
00:34:00,110 --> 00:33:57,539  
know we've been all through star systems

902  
00:34:03,529 --> 00:34:00,120  
but we tend to relate to certain star

903  
00:34:05,389 --> 00:34:03,539  
systems more than others so for me the

904  
00:34:07,130 --> 00:34:05,399  
pleiadian star system was my favorite

905  
00:34:09,829 --> 00:34:07,140  
kind of set let's say set to

906  
00:34:13,010 --> 00:34:09,839  
incarnations are talking eons a time

907  
00:34:14,629 --> 00:34:13,020  
um and then move down one thing I should

908  
00:34:16,490 --> 00:34:14,639  
have said actually was one of the first

909  
00:34:18,290 --> 00:34:16,500  
when I when I actually got into akashic

910  
00:34:22,010 --> 00:34:18,300  
records one of the first questions I had

911  
00:34:22,909 --> 00:34:22,020  
was how many lifetimes have I lived on

912  
00:34:25,250 --> 00:34:22,919  
earth

913  
00:34:27,530 --> 00:34:25,260

can anyone ever guess so many lifetimes

914

00:34:30,169 --> 00:34:27,540

that we've all lived on earth I kind of

915

00:34:32,349 --> 00:34:30,179

thought it'd be coming 10 yeah any

916

00:34:34,270 --> 00:34:32,359

reason 10

917

00:34:38,570 --> 00:34:34,280

no

918

00:34:41,030 --> 00:34:38,580

4.7 million up I'm in County 4.7 million

919

00:34:42,829 --> 00:34:41,040

on this on this planet alone and I can

920

00:34:44,690 --> 00:34:42,839

sense it now that you have all been here

921

00:34:46,849 --> 00:34:44,700

billions and billions of lifetimes too

922

00:34:48,770 --> 00:34:46,859

so that's how long we could have been

923

00:34:50,510 --> 00:34:48,780

here you know so it's all about it's all

924

00:34:53,329 --> 00:34:50,520

about getting used to being human and

925

00:34:55,250 --> 00:34:53,339

and a lifetime is literally a blink of

926

00:34:57,290 --> 00:34:55,260

an eye it really is it's no time at all

927

00:35:00,050 --> 00:34:57,300

when you actually look at Galactic time

928

00:35:02,210 --> 00:35:00,060

it's it's huge it's absolutely huge so

929

00:35:03,770 --> 00:35:02,220

although it sounds like a lot

930

00:35:06,170 --> 00:35:03,780

um you know it's very quick

931

00:35:08,210 --> 00:35:06,180

so um so yeah so so I do I take I take

932

00:35:10,130 --> 00:35:08,220

people up on night shifts

933

00:35:11,930 --> 00:35:10,140

um I do healing on them which has been

934

00:35:13,849 --> 00:35:11,940

very successful too

935

00:35:15,770 --> 00:35:13,859

um also as part of my shamanic work as

936

00:35:17,510 --> 00:35:15,780

well I can get you take you to because

937

00:35:19,849 --> 00:35:17,520

there's different Realms there's lower

938

00:35:21,050 --> 00:35:19,859

rounds medium rounds and higher rounds

939

00:35:22,970 --> 00:35:21,060

um all this kind of stuff here because

940

00:35:25,069 --> 00:35:22,980

it's high dimensional at higher Realms

941

00:35:26,870 --> 00:35:25,079

but equally I can take you down to the

942

00:35:28,550 --> 00:35:26,880

lower arms which isn't like hell or

943

00:35:30,890 --> 00:35:28,560

anything it's just where your spirit

944

00:35:32,630 --> 00:35:30,900

animals are a lot of shamlistic workers

945

00:35:34,490 --> 00:35:32,640

on there a lot of basic stuff

946

00:35:36,829 --> 00:35:34,500

the middle Realms is where you kind of

947

00:35:39,109 --> 00:35:36,839

spirit your kind of normal guides are so

948

00:35:41,329 --> 00:35:39,119

usually relatives past relatives family

949

00:35:43,310 --> 00:35:41,339

members that have gone over and then the

950

00:35:45,170 --> 00:35:43,320

upper Realms as well there in the upper

951  
00:35:47,810 --> 00:35:45,180  
rounds too then you have

952  
00:35:49,910 --> 00:35:47,820  
um like Archangel Metatron Yeshua Jesus

953  
00:35:51,349 --> 00:35:49,920  
and those type of people so anyone does

954  
00:35:53,870 --> 00:35:51,359  
gonna break even when they call in those

955  
00:35:57,050 --> 00:35:53,880  
energies and they're using they're using

956  
00:36:00,950 --> 00:35:59,569  
um the time

957  
00:36:04,190 --> 00:36:00,960  
so

958  
00:36:07,010 --> 00:36:04,200  
they've been kind of speaking to me now

959  
00:36:09,109 --> 00:36:07,020  
for a for a number of years

960  
00:36:10,849 --> 00:36:09,119  
um and one of the things that they

961  
00:36:13,370 --> 00:36:10,859  
started talking to me about was scalar

962  
00:36:15,770 --> 00:36:13,380  
waves Has anyone used scale our waves

963  
00:36:18,650 --> 00:36:15,780

scale our frequency

964

00:36:21,710 --> 00:36:18,660

so scale our wage is something that was

965

00:36:24,829 --> 00:36:21,720

discovered by Nikola Tesla

966

00:36:26,210 --> 00:36:24,839

um and they're they're like a carrier

967

00:36:27,890 --> 00:36:26,220

wave that's operating a certain

968

00:36:30,109 --> 00:36:27,900

frequency now I've actually got a scale

969

00:36:33,230 --> 00:36:30,119

away machine on that table over there

970

00:36:35,270 --> 00:36:33,240

they um they helped me

971

00:36:37,370 --> 00:36:35,280

um they helped me kind of discover that

972

00:36:39,230 --> 00:36:37,380

they told me how it kind of worked they

973

00:36:41,630 --> 00:36:39,240

put me in touch with a Slovenian

974

00:36:43,790 --> 00:36:41,640

scientist that was making these devices

975

00:36:46,190 --> 00:36:43,800

so they do do in America they called a

976

00:36:48,109 --> 00:36:46,200

swoopy too and they're thousands of

977

00:36:49,910 --> 00:36:48,119

thousands of pounds and working with a

978

00:36:52,430 --> 00:36:49,920

scientist and Slovenia I was able to to

979

00:36:55,069 --> 00:36:52,440

get that for like full 500 quid

980

00:36:56,690 --> 00:36:55,079

now I also just part of the scale it

981

00:36:58,069 --> 00:36:56,700

holds a frequency so I'm actually

982

00:37:01,730 --> 00:36:58,079

putting

983

00:37:04,430 --> 00:37:01,740

um like 500 Hertz healing frequencies

984

00:37:06,470 --> 00:37:04,440

through the scalar wave and it actually

985

00:37:07,970 --> 00:37:06,480

then it's actually healing everywhere so

986

00:37:11,270 --> 00:37:07,980

it's got a huge hole you can't see it

987

00:37:12,589 --> 00:37:11,280

it's like Wi-Fi but it's healing

988

00:37:14,390 --> 00:37:12,599

um and that's sending the frequency out

989

00:37:16,010 --> 00:37:14,400

to everyone here and I actually had that

990

00:37:17,030 --> 00:37:16,020

in the wellness show as well so as you

991

00:37:19,430 --> 00:37:17,040

sitting here and you're all getting

992

00:37:22,010 --> 00:37:19,440

healed so you might feel a little bit of

993

00:37:24,890 --> 00:37:22,020

tingling or some high winding in your

994

00:37:27,230 --> 00:37:24,900

ears but that is all and that is all

995

00:37:29,390 --> 00:37:27,240

through to the um to the device and I

996

00:37:31,550 --> 00:37:29,400

actually use steel R heating for my

997

00:37:34,130 --> 00:37:31,560

clients as well when they come over

998

00:37:35,870 --> 00:37:34,140

um very similar technology to the to the

999

00:37:37,490 --> 00:37:35,880

med beds actually

1000

00:37:39,650 --> 00:37:37,500

um and it's literally just starting

1001  
00:37:42,829 --> 00:37:39,660  
there's a guy on Instagram called the

1002  
00:37:43,910 --> 00:37:42,839  
black Airbender and I've started falling

1003  
00:37:45,410 --> 00:37:43,920  
in the last couple of months and he's

1004  
00:37:47,329 --> 00:37:45,420  
amazing too he uses steal our

1005  
00:37:53,870 --> 00:37:47,339  
frequencies and explains the value of it

1006  
00:37:58,370 --> 00:37:56,690  
so the other thing is the reason I guess

1007  
00:38:00,950 --> 00:37:58,380  
you ask how do I find out to a fighter

1008  
00:38:01,849 --> 00:38:00,960  
grid is because they pointed me in that

1009  
00:38:03,770 --> 00:38:01,859  
direction

1010  
00:38:07,790 --> 00:38:03,780  
so they said that there's one called

1011  
00:38:10,670 --> 00:38:07,800  
samoya who needed help so I contacted I

1012  
00:38:11,990 --> 00:38:10,680  
contacted her and she said oh amazing I

1013  
00:38:13,609 --> 00:38:12,000

was expecting you

1014

00:38:15,650 --> 00:38:13,619

um which is very strange

1015

00:38:18,410 --> 00:38:15,660

I was like I like beans but like I like

1016

00:38:20,510 --> 00:38:18,420

beans too so we kind of felt up we got

1017

00:38:22,430 --> 00:38:20,520

on really well told you a story and I'd

1018

00:38:23,690 --> 00:38:22,440

be helping them run their I.T as I said

1019

00:38:26,089 --> 00:38:23,700

before

1020

00:38:28,430 --> 00:38:26,099

so the other thing this is kind of more

1021

00:38:31,190 --> 00:38:28,440

um more Jerome but that logo there is

1022

00:38:32,810 --> 00:38:31,200

suspended Solutions so his first one of

1023

00:38:35,870 --> 00:38:32,820

his first contacts he had with the

1024

00:38:37,250 --> 00:38:35,880

arcturians and explaining about Olmos

1025

00:38:39,230 --> 00:38:37,260

so I'm not sure if anyone of you would

1026

00:38:41,589 --> 00:38:39,240

have all this but it's basically

1027

00:38:44,270 --> 00:38:41,599

something that was used in ancient Egypt

1028

00:38:45,829 --> 00:38:44,280

and they don't know how the Egyptians

1029

00:38:49,010 --> 00:38:45,839

actually did that probably through

1030

00:38:52,370 --> 00:38:49,020

advanced technology but you take kind of

1031

00:38:54,069 --> 00:38:52,380

um water from from the Dead Sea and it

1032

00:38:57,170 --> 00:38:54,079

goes through a process where it

1033

00:38:58,849 --> 00:38:57,180

abstracts out kind of key minerals which

1034

00:39:01,609 --> 00:38:58,859

is called monatomic gold it's like it's

1035

00:39:04,250 --> 00:39:01,619

like a it's like the four goals created

1036

00:39:06,589 --> 00:39:04,260

and you can drink it so the Egyptians

1037

00:39:09,109 --> 00:39:06,599

were always all the Pharaohs were taken

1038

00:39:10,670 --> 00:39:09,119

almost and it improves connectivity in

1039

00:39:12,650 --> 00:39:10,680

your brain

1040

00:39:15,349 --> 00:39:12,660

um it allows for higher vibration

1041

00:39:17,810 --> 00:39:15,359

frequency now in everyone's goodie bags

1042

00:39:20,690 --> 00:39:17,820

you'll see a little sachet and in the

1043

00:39:22,250 --> 00:39:20,700

sachet there's some almost in there now

1044

00:39:24,050 --> 00:39:22,260

you are welcome it's perfectly safe

1045

00:39:27,109 --> 00:39:24,060

there's nothing nothing wrong with it at

1046

00:39:30,170 --> 00:39:27,119

all and it does taste a little bit fishy

1047

00:39:31,609 --> 00:39:30,180

I think but um I I kind of take it every

1048

00:39:34,190 --> 00:39:31,619

day and it really really helps with

1049

00:39:36,410 --> 00:39:34,200

meditation it helps with lucid dreaming

1050

00:39:38,630 --> 00:39:36,420

with all these things too and so yeah

1051

00:39:41,390 --> 00:39:38,640

it's like a bit of working with Jerome

1052

00:39:43,190 --> 00:39:41,400

on that um I also sell a lot of stuff

1053

00:39:44,510 --> 00:39:43,200

too as well so if anyone's interested in

1054

00:39:46,550 --> 00:39:44,520

it there's a voucher in there too but

1055

00:39:47,810 --> 00:39:46,560

you can contact me directly if you uh if

1056

00:39:50,329 --> 00:39:47,820

you want to pick it's still you kind of

1057

00:39:51,950 --> 00:39:50,339

bottle but it's 35 to buy it directly

1058

00:39:56,390 --> 00:39:51,960

from the US so I think that's a bit of a

1059

00:40:00,470 --> 00:39:58,550

um and the other thing really is about

1060

00:40:02,150 --> 00:40:00,480

co-create you know so the wellness show

1061

00:40:05,390 --> 00:40:02,160

came came about

1062

00:40:07,069 --> 00:40:05,400

um and my intuition guided me to to do

1063

00:40:08,690 --> 00:40:07,079

this show another time obviously there

1064

00:40:11,450 --> 00:40:08,700

was a lot of we had just come out of

1065

00:40:13,550 --> 00:40:11,460

lockdown people's mental health was you

1066

00:40:14,930 --> 00:40:13,560

know like through the floor suicide

1067

00:40:17,210 --> 00:40:14,940

rates were up

1068

00:40:18,770 --> 00:40:17,220

um and I just really wanted to help

1069

00:40:20,810 --> 00:40:18,780

people you know because I wasn't in a

1070

00:40:23,150 --> 00:40:20,820

good place myself and I realized how

1071

00:40:25,730 --> 00:40:23,160

beneficial the likes of meditation

1072

00:40:26,930 --> 00:40:25,740

breath work yoga and that kind of stuff

1073

00:40:30,710 --> 00:40:26,940

is as well

1074

00:40:32,990 --> 00:40:30,720

um so um so I wanted to do a show and I

1075

00:40:34,609 --> 00:40:33,000

just finished completing my Shamanism

1076

00:40:36,950 --> 00:40:34,619

training

1077

00:40:38,750 --> 00:40:36,960

um and the shaman Trainor got in touch

1078

00:40:41,510 --> 00:40:38,760

with me and said oh I run a I run away

1079

00:40:43,730 --> 00:40:41,520

on a show I'm gonna buy it often

1080

00:40:45,710 --> 00:40:43,740

so I was like oh that's interesting so I

1081

00:40:48,050 --> 00:40:45,720

thought yeah so I bought the so I'd be

1082

00:40:50,569 --> 00:40:48,060

we paid for a paid for them on the show

1083

00:40:52,609 --> 00:40:50,579

took over the page and things and as

1084

00:40:54,770 --> 00:40:52,619

soon as that happened I was started

1085

00:40:56,810 --> 00:40:54,780

having people contacting me to be part

1086

00:40:59,270 --> 00:40:56,820

of the wellness show which sounds a bit

1087

00:41:01,250 --> 00:40:59,280

mad I saw one of the first people that I

1088

00:41:03,290 --> 00:41:01,260

got in touch with me and so I had a call

1089

00:41:05,810 --> 00:41:03,300

or say um are you free I'm interested in

1090

00:41:07,430 --> 00:41:05,820

tendon okay copyright influx I was like

1091

00:41:09,829 --> 00:41:07,440

I never hear Brian Wood who was this guy

1092

00:41:12,050 --> 00:41:09,839

I jumped on the call and there was this

1093

00:41:13,910 --> 00:41:12,060

like absolutely beautiful man from L.A

1094

00:41:15,829 --> 00:41:13,920

who was like uh like four or five

1095

00:41:18,170 --> 00:41:15,839

million followers he's really big into

1096

00:41:20,690 --> 00:41:18,180

the Wellness he said he said oh this is

1097

00:41:23,630 --> 00:41:20,700

really strange he said I had a dream and

1098

00:41:25,790 --> 00:41:23,640

I I you were in my dream and I just

1099

00:41:28,010 --> 00:41:25,800

realized I really wanted to be part of

1100

00:41:29,930 --> 00:41:28,020

something in the UK and can I can I

1101

00:41:32,030 --> 00:41:29,940

attend your Wellness show and this is

1102

00:41:33,890 --> 00:41:32,040

how I had people from all over the world

1103

00:41:36,230 --> 00:41:33,900

attend the show because they all came

1104

00:41:37,849 --> 00:41:36,240

they all came to me I didn't have to do

1105

00:41:39,890 --> 00:41:37,859

anything I didn't have to fool around

1106

00:41:41,690 --> 00:41:39,900

and you know what I had for those that

1107

00:41:43,670 --> 00:41:41,700

attended obviously it was uh some

1108

00:41:46,370 --> 00:41:43,680

amazing speakers people from from LA

1109

00:41:48,050 --> 00:41:46,380

from Chicago all over the world attended

1110

00:41:50,329 --> 00:41:48,060

and

1111

00:41:52,190 --> 00:41:50,339

uh yeah it was a it was a great success

1112

00:41:53,810 --> 00:41:52,200

it really was like already did people

1113

00:41:56,390 --> 00:41:53,820

attended

1114

00:41:58,609 --> 00:41:56,400

um and yeah it was really special now we

1115

00:42:00,410 --> 00:41:58,619

did do um me and Jerome did talk about

1116

00:42:01,370 --> 00:42:00,420

it but I didn't really go into any of my

1117

00:42:06,230 --> 00:42:01,380

own

1118

00:42:09,050 --> 00:42:06,240

said and uh and and there too so um so

1119

00:42:10,790 --> 00:42:09,060

yeah that was uh that was the that was

1120

00:42:13,670 --> 00:42:10,800

the wellness show

1121

00:42:16,970 --> 00:42:13,680

so what are we doing for time then

1122

00:42:18,730 --> 00:42:16,980

um so um again there's a lot of

1123

00:42:22,310 --> 00:42:18,740

experience

1124

00:42:23,990 --> 00:42:22,320

again not just Pleiadians and arturians

1125

00:42:26,150 --> 00:42:24,000

I get lots of different beings coming

1126  
00:42:28,490 --> 00:42:26,160  
through to me some I don't want to

1127  
00:42:31,190 --> 00:42:28,500  
interact with one of the things the

1128  
00:42:34,069 --> 00:42:31,200  
um the arturian said is that you have to

1129  
00:42:34,970 --> 00:42:34,079  
just feel into how you feel about these

1130  
00:42:36,950 --> 00:42:34,980  
beings

1131  
00:42:39,349 --> 00:42:36,960  
I had some

1132  
00:42:41,390 --> 00:42:39,359  
um beings that kind of just look like

1133  
00:42:43,490 --> 00:42:41,400  
Sasquatch they were kind of like a

1134  
00:42:44,810 --> 00:42:43,500  
Bigfoot type style I didn't really

1135  
00:42:46,849 --> 00:42:44,820  
resonate with them

1136  
00:42:48,410 --> 00:42:46,859  
um but I have had contact with Assyrians

1137  
00:42:50,510 --> 00:42:48,420  
and the lions

1138  
00:42:52,609 --> 00:42:50,520

the Lions is quite an interesting story

1139

00:42:56,569 --> 00:42:52,619

so they came through to me a couple of

1140

00:42:58,670 --> 00:42:56,579

weeks ago and before this before that um

1141

00:43:00,290 --> 00:42:58,680

before it happens I got a sense that

1142

00:43:02,510 --> 00:43:00,300

something's going to go on and I was

1143

00:43:04,130 --> 00:43:02,520

just sitting in my living room

1144

00:43:06,230 --> 00:43:04,140

and all of a sudden they just have this

1145

00:43:08,450 --> 00:43:06,240

Rush of energy and it felt you know like

1146

00:43:11,210 --> 00:43:08,460

a catch rubs against your leg and poos

1147

00:43:14,210 --> 00:43:11,220

it was like that but my whole body it

1148

00:43:15,829 --> 00:43:14,220

was just like a noise I was just like oh

1149

00:43:17,569 --> 00:43:15,839

my God and then these most beautiful

1150

00:43:20,930 --> 00:43:17,579

beautiful

1151  
00:43:24,109 --> 00:43:20,940  
um cat being so Lyons are copyings they

1152  
00:43:26,329 --> 00:43:24,119  
um they appear to me and I get a stop

1153  
00:43:28,430 --> 00:43:26,339  
for wanted to pet them because it was

1154  
00:43:31,730 --> 00:43:28,440  
just so cute it's like humanoid humanoid

1155  
00:43:33,650 --> 00:43:31,740  
with a cat face there was um there was

1156  
00:43:35,150 --> 00:43:33,660  
children there as well which were

1157  
00:43:36,710 --> 00:43:35,160  
amazing

1158  
00:43:38,750 --> 00:43:36,720  
um one thing I should have said actually

1159  
00:43:41,329 --> 00:43:38,760  
sorry is that when I was actually I'm

1160  
00:43:44,030 --> 00:43:41,339  
talking to the mountain beings they told

1161  
00:43:46,970 --> 00:43:44,040  
me that the being that actually I got in

1162  
00:43:49,190 --> 00:43:46,980  
touch with was a child was a child man

1163  
00:43:51,290 --> 00:43:49,200

to be in because Mountain beans are

1164

00:43:54,290 --> 00:43:51,300

between 7 and 12 foot tall

1165

00:43:56,270 --> 00:43:54,300

so I don't think I'd be able to handle a

1166

00:43:58,490 --> 00:43:56,280

handle it was bad and I've seen a five

1167

00:44:00,290 --> 00:43:58,500

foot one but um but yeah that's where

1168

00:44:02,030 --> 00:44:00,300

they did that on purpose so they did it

1169

00:44:02,930 --> 00:44:02,040

it almost felt like it was meant to

1170

00:44:04,790 --> 00:44:02,940

happen

1171

00:44:05,990 --> 00:44:04,800

um before before that experience of the

1172

00:44:07,730 --> 00:44:06,000

mountains

1173

00:44:10,790 --> 00:44:07,740

um Lorna again my ex she was kind of

1174

00:44:13,069 --> 00:44:10,800

quite psychic she said I can see insect

1175

00:44:14,809 --> 00:44:13,079

legs she's like I see inside legs in my

1176

00:44:16,849 --> 00:44:14,819

mind's eye another time I was like

1177

00:44:18,710 --> 00:44:16,859

that's really weird so it was like kind

1178

00:44:20,270 --> 00:44:18,720

of almost given a bit of a you know

1179

00:44:21,710 --> 00:44:20,280

warm-up that something was gonna happen

1180

00:44:23,569 --> 00:44:21,720

that night

1181

00:44:25,730 --> 00:44:23,579

um and yeah that really changed me so

1182

00:44:28,790 --> 00:44:25,740

what I just wanted to talk about is some

1183

00:44:30,290 --> 00:44:28,800

of the uh the key teachings that they

1184

00:44:33,589 --> 00:44:30,300

went over because it's really I think

1185

00:44:40,970 --> 00:44:37,250

so one of them is a power that word so

1186

00:44:44,329 --> 00:44:40,980

everything we say and think affects our

1187

00:44:47,809 --> 00:44:44,339

reality every single thing so you think

1188

00:44:49,910 --> 00:44:47,819

how how we talk to ourselves

1189

00:44:51,349 --> 00:44:49,920

you know we can be negative you know

1190

00:44:53,510 --> 00:44:51,359

we'll say oh you're an idiot and those

1191

00:44:55,670 --> 00:44:53,520

things that actually affects everything

1192

00:44:59,329 --> 00:44:55,680

I got a slide as well to show you how

1193

00:45:01,010 --> 00:44:59,339

the important what words do to water but

1194

00:45:02,510 --> 00:45:01,020

you know when you realize we are

1195

00:45:05,390 --> 00:45:02,520

manifest and so we wake up in the

1196

00:45:07,010 --> 00:45:05,400

morning and we go oh God I hope this is

1197

00:45:09,230 --> 00:45:07,020

a terrible day you know the universe

1198

00:45:11,329 --> 00:45:09,240

doesn't understand negatives it only

1199

00:45:12,950 --> 00:45:11,339

understands positives so when we say I

1200

00:45:14,690 --> 00:45:12,960

hope we don't have a good a good you

1201

00:45:16,849 --> 00:45:14,700

know I hope we don't have a bad day the

1202

00:45:18,890 --> 00:45:16,859

university are having a bad day you know

1203

00:45:21,410 --> 00:45:18,900

we are actually creating a reality all

1204

00:45:24,290 --> 00:45:21,420

the time and that's not to say when we

1205

00:45:26,630 --> 00:45:24,300

sign up for this you know we we have a

1206

00:45:28,490 --> 00:45:26,640

soul contract we agree on what we all

1207

00:45:30,770 --> 00:45:28,500

experience before we incarnate on Earth

1208

00:45:32,990 --> 00:45:30,780

so certain things that we can't avoid

1209

00:45:35,150 --> 00:45:33,000

however you know we have got free will a

1210

00:45:37,790 --> 00:45:35,160

lot of the time and it's how we approach

1211

00:45:39,890 --> 00:45:37,800

those things you know I'm personally in

1212

00:45:42,950 --> 00:45:39,900

changing how I talk

1213

00:45:44,510 --> 00:45:42,960

um in changing how I kind of express

1214

00:45:46,309 --> 00:45:44,520

myself

1215

00:45:48,410 --> 00:45:46,319

um it makes a big difference this is

1216

00:45:49,970 --> 00:45:48,420

where manifestation comes in like a lot

1217

00:45:51,530 --> 00:45:49,980

of people will say wow what a

1218

00:45:53,089 --> 00:45:51,540

coincidence that's happened where you

1219

00:45:56,329 --> 00:45:53,099

know we're manifesting a reality all the

1220

00:45:57,950 --> 00:45:56,339

time so so yeah so so you know when we

1221

00:45:59,270 --> 00:45:57,960

when we're talking I say everything's

1222

00:46:01,490 --> 00:45:59,280

easy all the time this is so easy

1223

00:46:03,410 --> 00:46:01,500

everything's so easy because it does

1224

00:46:05,510 --> 00:46:03,420

change how it's your perspective on

1225

00:46:07,670 --> 00:46:05,520

things but if we think something's hard

1226

00:46:10,010 --> 00:46:07,680

or difficult then you know I work with

1227

00:46:11,569 --> 00:46:10,020

cons people say hex and

1228

00:46:12,770 --> 00:46:11,579

um you know and manifesting you know a

1229

00:46:14,030 --> 00:46:12,780

hex really is someone you say

1230

00:46:15,530 --> 00:46:14,040

something's going to go wrong or when we

1231

00:46:18,829 --> 00:46:15,540

worry all the time has a massive effect

1232

00:46:20,589 --> 00:46:18,839

on on everything so so power the word is

1233

00:46:25,870 --> 00:46:20,599

is really really important

1234

00:46:27,530 --> 00:46:25,880

the next concept is As Above So Below

1235

00:46:34,550 --> 00:46:27,540

so

1236

00:46:36,410 --> 00:46:34,560

our internal World affects our outside

1237

00:46:38,210 --> 00:46:36,420

world so they say as above sort of

1238

00:46:41,210 --> 00:46:38,220

blowing in magical terms all the time

1239

00:46:43,069 --> 00:46:41,220

but we're actually means is that outside

1240

00:46:44,870 --> 00:46:43,079

of ourselves we're in like a mirror

1241

00:46:46,970 --> 00:46:44,880

reality and everything we see outside

1242

00:46:49,130 --> 00:46:46,980

ourselves is actually a direct

1243

00:46:51,410 --> 00:46:49,140

translation of what's going on inside us

1244

00:46:53,270 --> 00:46:51,420

so if we look at something really annoys

1245

00:46:54,849 --> 00:46:53,280

you and you see something you go oh God

1246

00:46:58,309 --> 00:46:54,859

that really I hate that yeah

1247

00:46:59,690 --> 00:46:58,319

unfortunately you do that too and that

1248

00:47:01,730 --> 00:46:59,700

triggers a lot of people to fight that

1249

00:47:04,550 --> 00:47:01,740

out the things that annoy you are things

1250

00:47:06,470 --> 00:47:04,560

that you've done yourself so again this

1251

00:47:08,750 --> 00:47:06,480

is why healing's so important this is

1252

00:47:10,849 --> 00:47:08,760

why doing the inner work is so important

1253

00:47:12,950 --> 00:47:10,859

that's why they say that and while

1254

00:47:15,170 --> 00:47:12,960

loving yourself is important is because

1255

00:47:16,490 --> 00:47:15,180

the universe will only love you as much

1256

00:47:18,470 --> 00:47:16,500

as you love yourself

1257

00:47:20,630 --> 00:47:18,480

and the way I see that is just like

1258

00:47:22,609 --> 00:47:20,640

having a cup if you ever imagine there's

1259

00:47:24,530 --> 00:47:22,619

an ocean infinite ocean of love out

1260

00:47:26,150 --> 00:47:24,540

there and if you have a thimble full of

1261

00:47:27,650 --> 00:47:26,160

love for yourself you can only fill up

1262

00:47:29,750 --> 00:47:27,660

from that League from that from that

1263

00:47:31,790 --> 00:47:29,760

kind of small thimble the more love we

1264

00:47:33,710 --> 00:47:31,800

have for ourselves the more love we have

1265

00:47:35,030 --> 00:47:33,720

and the more level it will show us but

1266

00:47:37,609 --> 00:47:35,040

we don't realize that we're in a

1267

00:47:39,589 --> 00:47:37,619

universe where that's happening so we're

1268

00:47:41,750 --> 00:47:39,599

constantly you know and someone you know

1269

00:47:43,609 --> 00:47:41,760

hating on myself all the time you know

1270

00:47:45,890 --> 00:47:43,619

and and doing those things and not

1271

00:47:47,809 --> 00:47:45,900

having love for myself I'm wondering why

1272

00:47:49,970 --> 00:47:47,819

either why the world wasn't wasn't

1273

00:47:51,410 --> 00:47:49,980

showing me that you know even my kind of

1274

00:47:52,730 --> 00:47:51,420

relationships and things you know I have

1275

00:47:54,710 --> 00:47:52,740

a number of abusive relationships

1276

00:47:56,569 --> 00:47:54,720

previously is because I I didn't like

1277

00:47:58,790 --> 00:47:56,579

myself so what the universe gave me was

1278

00:48:00,890 --> 00:47:58,800

what I wanted and I think if we all can

1279

00:48:02,450 --> 00:48:00,900

realize that you know how important our

1280

00:48:04,910 --> 00:48:02,460

inner state is this is where healing

1281

00:48:07,190 --> 00:48:04,920

comes in and I literally you know so I

1282

00:48:09,650 --> 00:48:07,200

teach Reiki and the number of people

1283

00:48:11,450 --> 00:48:09,660

where just after having a Reiki

1284

00:48:13,370 --> 00:48:11,460

Attunement and realizing how powerful

1285

00:48:16,010 --> 00:48:13,380

they are their life changes completely

1286

00:48:18,410 --> 00:48:16,020

I've had people where just after one

1287

00:48:20,150 --> 00:48:18,420

kind of level one their whole life has

1288

00:48:22,430 --> 00:48:20,160

changed you know they they have friends

1289

00:48:23,809 --> 00:48:22,440

fallen off ex-friends because they're

1290

00:48:25,130 --> 00:48:23,819

gonna dance and as soon as you change

1291

00:48:29,690 --> 00:48:25,140

your inner stage you'll find your

1292

00:48:32,329 --> 00:48:30,950

um the other thing they taught me as

1293

00:48:33,470 --> 00:48:32,339

well is that we are more powerful you

1294

00:48:35,450 --> 00:48:33,480

can ever imagine

1295

00:48:36,829 --> 00:48:35,460

and we're always perfect

1296

00:48:38,569 --> 00:48:36,839

now I'm not going to say enough I'm

1297

00:48:40,609 --> 00:48:38,579

going to eat your sister perspective but

1298

00:48:42,589 --> 00:48:40,619

we've all got to accept that we're

1299

00:48:44,450 --> 00:48:42,599

perfect now because the only now moment

1300

00:48:46,430 --> 00:48:44,460

is the only thing that exists

1301

00:48:49,190 --> 00:48:46,440

and only from the place of full

1302

00:48:50,510 --> 00:48:49,200

acceptance of ourselves we can change so

1303

00:48:52,609 --> 00:48:50,520

I'm not sure if anyone's trying to lose

1304

00:48:54,170 --> 00:48:52,619

weight or do anything like that but what

1305

00:48:56,390 --> 00:48:54,180

I you know previously my weight

1306

00:48:58,910 --> 00:48:56,400

fluctuated throughout the years you know

1307

00:49:01,430 --> 00:48:58,920

I've done it from a place of lack from a

1308

00:49:03,589 --> 00:49:01,440

place of I will be happy when I'm thin

1309

00:49:06,170 --> 00:49:03,599

and that just causes huge amounts of

1310

00:49:08,210 --> 00:49:06,180

resentment you know so this so so you

1311

00:49:09,589 --> 00:49:08,220

always accept yourself fully I know it's

1312

00:49:10,809 --> 00:49:09,599

always about loving you know it sounds

1313

00:49:13,190 --> 00:49:10,819

cheesy but it's loving yourself

1314

00:49:15,050 --> 00:49:13,200

accepting yourself completely and then

1315

00:49:16,970 --> 00:49:15,060

you can make a change because you know

1316

00:49:18,290 --> 00:49:16,980

we are we are

1317

00:49:19,250 --> 00:49:18,300

um so I thought that was really good

1318

00:49:20,809 --> 00:49:19,260

teaching

1319

00:49:22,790 --> 00:49:20,819

as you said we're in a third density

1320

00:49:24,410 --> 00:49:22,800

mere reality

1321

00:49:26,150 --> 00:49:24,420

um when Apollo

1322

00:49:27,589 --> 00:49:26,160

um you know we have they have poorer of

1323

00:49:29,329 --> 00:49:27,599

opposites

1324

00:49:30,650 --> 00:49:29,339

so a lot of people say oh why is there

1325

00:49:32,510 --> 00:49:30,660

evil in the world it's because it's good

1326

00:49:34,910 --> 00:49:32,520

in the world it's seeing and yang you

1327

00:49:36,829 --> 00:49:34,920

always have that kind of two aspects you

1328

00:49:38,569 --> 00:49:36,839

can't be a hero unless there's a villain

1329

00:49:40,970 --> 00:49:38,579

you can't have

1330

00:49:42,349 --> 00:49:40,980

um you know black without white

1331

00:49:44,270 --> 00:49:42,359

um you know and again this mirror

1332

00:49:46,609 --> 00:49:44,280

reality idea that everything in our

1333

00:49:47,930 --> 00:49:46,619

outside kind of reality is a reflection

1334

00:49:50,510 --> 00:49:47,940

of our inner state which we don't

1335

00:49:52,010 --> 00:49:50,520

realize and you know we can cause kind

1336

00:49:54,589 --> 00:49:52,020

of so much suffering in our lives as

1337

00:49:58,550 --> 00:49:56,750

the other thing they said is that they

1338

00:50:00,950 --> 00:49:58,560

do not want to be worshiped or treated

1339

00:50:02,809 --> 00:50:00,960

like Gods they're a star family and they

1340

00:50:04,550 --> 00:50:02,819

see us as brother and sister like when I

1341

00:50:06,770 --> 00:50:04,560

first started having interactions with

1342

00:50:09,950 --> 00:50:06,780

these guys I couldn't stop crying

1343

00:50:11,569 --> 00:50:09,960

because they are so high vibrational you

1344

00:50:13,970 --> 00:50:11,579

have never experienced love like this

1345

00:50:17,329 --> 00:50:13,980

you've never experience love like it is

1346

00:50:19,309 --> 00:50:17,339

so overwhelmingly powerful I disposed to

1347

00:50:21,589 --> 00:50:19,319

materials and even now I'll probably be

1348

00:50:23,210 --> 00:50:21,599

crying later it's just how it happens

1349

00:50:25,190 --> 00:50:23,220

you know so

1350

00:50:26,510 --> 00:50:25,200

um and in early times you know when they

1351

00:50:29,150 --> 00:50:26,520

did come you know there were some

1352

00:50:31,670 --> 00:50:29,160

memories of Atlantean times when we were

1353

00:50:34,849 --> 00:50:31,680

trying to teach people about things they

1354

00:50:36,530 --> 00:50:34,859

would ask us you know are you God and

1355

00:50:38,630 --> 00:50:36,540

they would say yes we are because we're

1356

00:50:40,670 --> 00:50:38,640

all connected we are all one we are all

1357

00:50:42,589 --> 00:50:40,680

the sons and doors are gods that was the

1358

00:50:44,450 --> 00:50:42,599

kind of teachings from the Bible it's

1359

00:50:46,970 --> 00:50:44,460

not that Jesus was the only person we

1360

00:50:47,990 --> 00:50:46,980

all are we're all there too and they see

1361

00:50:50,270 --> 00:50:48,000

that too so there's a lot of

1362

00:50:52,190 --> 00:50:50,280

misinterpretation of that and they're

1363

00:50:54,049 --> 00:50:52,200

also aware that they did kind of um

1364

00:50:55,970 --> 00:50:54,059

there's a rule now of kind of

1365

00:50:57,829 --> 00:50:55,980

non-interfering evidence which is why

1366

00:50:59,210 --> 00:50:57,839

we don't see so much contact that's why

1367

00:51:01,790 --> 00:50:59,220

they're not walking around us right now

1368

00:51:03,770 --> 00:51:01,800

it's because we're growing and evolving

1369

00:51:05,870 --> 00:51:03,780

we have to do that on our own that's not

1370

00:51:07,130 --> 00:51:05,880

to say that they won't help us or that

1371

00:51:09,710 --> 00:51:07,140

they will you know that they'll come to

1372

00:51:12,049 --> 00:51:09,720

us and give us ideas if we ask for help

1373

00:51:13,069 --> 00:51:12,059

but you know this is why that isn't

1374

00:51:14,809 --> 00:51:13,079

happening

1375

00:51:16,490 --> 00:51:14,819

and the other thing they kind of saying

1376

00:51:18,290 --> 00:51:16,500

as well is that we are the reason that

1377

00:51:20,390 --> 00:51:18,300

they're coming through to me and the

1378

00:51:22,970 --> 00:51:20,400

reason that all this is happening is

1379

00:51:24,890 --> 00:51:22,980

that full ET contact is going to happen

1380

00:51:26,630 --> 00:51:24,900

at some point soon

1381

00:51:27,829 --> 00:51:26,640

they even assured me that I'll be able

1382

00:51:29,750 --> 00:51:27,839

to go back to the play Within star

1383

00:51:31,010 --> 00:51:29,760

system at some point in this lifetime so

1384

00:51:33,470 --> 00:51:31,020

I don't know what that means but they

1385

00:51:36,349 --> 00:51:33,480

say physical in my body to do that too

1386

00:51:38,630 --> 00:51:36,359

so um so yeah so you know it's it's it's

1387

00:51:41,089 --> 00:51:38,640

an incredible incredible experience to

1388

00:51:43,069 --> 00:51:41,099

to uh to do that and what's one of the

1389

00:51:45,109 --> 00:51:43,079

things I hope you all say to the for the

1390

00:51:46,970 --> 00:51:45,119

meditation after is because they all

1391

00:51:49,549 --> 00:51:46,980

want to connect with you they are really

1392

00:51:51,829 --> 00:51:49,559

really Keen to do that so through this

1393

00:51:54,109 --> 00:51:51,839

kind of short meditation and I'll be

1394

00:51:55,309 --> 00:51:54,119

using kind of some light language and

1395

00:51:57,829 --> 00:51:55,319

not sure if any of you hear a light

1396

00:52:00,109 --> 00:51:57,839

language but it's just like a download I

1397

00:52:02,390 --> 00:52:00,119

might be singing hopefully not

1398

00:52:04,490 --> 00:52:02,400

kind of they use my voice box as well

1399

00:52:07,010 --> 00:52:04,500

but what that will do is just activate

1400

00:52:09,230 --> 00:52:07,020

everyone to be able to contact them in

1401  
00:52:10,970 --> 00:52:09,240  
the future and that's why they saw like

1402  
00:52:12,290 --> 00:52:10,980  
I can see another jumping around and

1403  
00:52:13,970 --> 00:52:12,300  
they're in this room they're with us now

1404  
00:52:16,309 --> 00:52:13,980  
we just can't see them and so they're

1405  
00:52:19,490 --> 00:52:16,319  
really Keen to connect with you and

1406  
00:52:20,870 --> 00:52:19,500  
start co-creating yourselves

1407  
00:52:22,309 --> 00:52:20,880  
the other final thing is your

1408  
00:52:24,049 --> 00:52:22,319  
imagination is so important we're always

1409  
00:52:26,750 --> 00:52:24,059  
told there's just imagination it's all

1410  
00:52:29,270 --> 00:52:26,760  
in our heads but you know it's it's not

1411  
00:52:31,309 --> 00:52:29,280  
imagination imagination and intuition

1412  
00:52:34,190 --> 00:52:31,319  
are two sides of the same kind they

1413  
00:52:35,750 --> 00:52:34,200

really are so you know as as we as when

1414

00:52:37,609 --> 00:52:35,760

we are imagining something we're

1415

00:52:40,010 --> 00:52:37,619

actually creating it into our reality as

1416

00:52:42,950 --> 00:52:40,020

well if you can't if you can't imagine

1417

00:52:45,349 --> 00:52:42,960

something how can it exist so this is

1418

00:52:48,049 --> 00:52:45,359

why when whether it's in manifestation

1419

00:52:50,450 --> 00:52:48,059

weaving this now you know I imagine that

1420

00:52:51,770 --> 00:52:50,460

it would go well because if I imagine

1421

00:52:53,809 --> 00:52:51,780

that there's something wrong would

1422

00:52:55,730 --> 00:52:53,819

happen then I'd manifest that too so you

1423

00:52:57,290 --> 00:52:55,740

know your imagination if anyone done

1424

00:52:58,790 --> 00:52:57,300

healing as well it's usually your

1425

00:52:59,930 --> 00:52:58,800

imagination is where you're doing it

1426

00:53:01,609 --> 00:52:59,940

when you're using your imagination

1427

00:53:03,049 --> 00:53:01,619

you're you know you're creating

1428

00:53:05,329 --> 00:53:03,059

something in the Astro which then

1429

00:53:06,950 --> 00:53:05,339

creates into the into the physical

1430

00:53:10,730 --> 00:53:06,960

so

1431

00:53:14,030 --> 00:53:11,390

um

1432

00:53:16,010 --> 00:53:14,040

so yes this is as a recap because I know

1433

00:53:18,230 --> 00:53:16,020

that it sounds really simple but a lot

1434

00:53:19,970 --> 00:53:18,240

of the time things are you know so how

1435

00:53:21,589 --> 00:53:19,980

are the words is really important how we

1436

00:53:23,270 --> 00:53:21,599

you know how we express ourselves and

1437

00:53:24,829 --> 00:53:23,280

say things because we are manifesting a

1438

00:53:26,990 --> 00:53:24,839

reality

1439

00:53:29,089 --> 00:53:27,000

um As Above So Below you know which is

1440

00:53:32,089 --> 00:53:29,099

the the fact that everything inside us

1441

00:53:34,490 --> 00:53:32,099

is is reflected outside of us

1442

00:53:35,870 --> 00:53:34,500

um and the other point for me so I think

1443

00:53:39,049 --> 00:53:35,880

one of the when I deal with a lot of

1444

00:53:41,210 --> 00:53:39,059

clients the thing that one of the kind

1445

00:53:43,970 --> 00:53:41,220

of pitfalls I think is it's very easy to

1446

00:53:46,130 --> 00:53:43,980

fall into victim mentality and victim

1447

00:53:48,890 --> 00:53:46,140

you know I've victimhood has a very low

1448

00:53:51,290 --> 00:53:48,900

kind of frequency but it can also lead

1449

00:53:53,809 --> 00:53:51,300

to like narcissism and those things as

1450

00:53:55,609 --> 00:53:53,819

well so when you when you realize that

1451  
00:53:58,069 --> 00:53:55,619  
one everything that's going to happen

1452  
00:54:01,309 --> 00:53:58,079  
and you've signed up for plus you create

1453  
00:54:02,930 --> 00:54:01,319  
new reality for me personally I could no

1454  
00:54:04,609 --> 00:54:02,940  
longer be the victim because I was like

1455  
00:54:06,049 --> 00:54:04,619  
well I've created this reality or

1456  
00:54:07,609 --> 00:54:06,059  
everything that's in my reality is

1457  
00:54:09,410 --> 00:54:07,619  
teaching me a lesson you know so

1458  
00:54:11,630 --> 00:54:09,420  
everything is perfect you know we think

1459  
00:54:13,490 --> 00:54:11,640  
the world is you know every

1460  
00:54:15,829 --> 00:54:13,500  
each and level everything has happened

1461  
00:54:19,309 --> 00:54:15,839  
over the last couple of years is to help

1462  
00:54:20,870 --> 00:54:19,319  
us to ascend is to help us to wake up to

1463  
00:54:22,130 --> 00:54:20,880

to the nature of reality and what's

1464

00:54:23,329 --> 00:54:22,140

going on it's not like anything exchange

1465

00:54:24,829 --> 00:54:23,339

we've just been going on for thousands

1466

00:54:26,930 --> 00:54:24,839

of years

1467

00:54:29,270 --> 00:54:26,940

um you know but but getting out to that

1468

00:54:30,770 --> 00:54:29,280

victim of mentality because again it you

1469

00:54:32,630 --> 00:54:30,780

know it keeps us low it keeps our

1470

00:54:34,370 --> 00:54:32,640

vibration low

1471

00:54:36,109 --> 00:54:34,380

um you know we're not going into some

1472

00:54:38,390 --> 00:54:36,119

kind of conspiratorial stuff you know

1473

00:54:40,010 --> 00:54:38,400

but I think this is why the news and

1474

00:54:42,170 --> 00:54:40,020

everything that's on you know holds so

1475

00:54:44,270 --> 00:54:42,180

much fear because it keeps us from

1476

00:54:45,230 --> 00:54:44,280

stepping into our power a lot of the

1477

00:54:46,970 --> 00:54:45,240

time

1478

00:54:48,829 --> 00:54:46,980

so another interesting thing that

1479

00:54:50,510 --> 00:54:48,839

happens to me

1480

00:54:53,630 --> 00:54:50,520

um when when this happened when I came

1481

00:54:56,930 --> 00:54:53,640

down from the light ship was I was

1482

00:55:00,290 --> 00:54:56,940

contacted by a number of I guess you

1483

00:55:03,530 --> 00:55:00,300

could say secret societies

1484

00:55:05,750 --> 00:55:03,540

um and I get a phone call and they were

1485

00:55:07,790 --> 00:55:05,760

all withheld number and they were saying

1486

00:55:10,670 --> 00:55:07,800

we wanted to uh we we sense that you're

1487

00:55:13,130 --> 00:55:10,680

ready to join our our mission and we're

1488

00:55:15,230 --> 00:55:13,140

doing these certain things and they just

1489

00:55:17,030 --> 00:55:15,240

contacted me are nowhere so I don't even

1490

00:55:18,470 --> 00:55:17,040

know how they how they did that whether

1491

00:55:19,430 --> 00:55:18,480

they can sense that kind of thing as

1492

00:55:21,589 --> 00:55:19,440

well

1493

00:55:22,970 --> 00:55:21,599

um I got contact back to Grand through

1494

00:55:24,470 --> 00:55:22,980

Masons

1495

00:55:26,030 --> 00:55:24,480

um we say if you could really do with

1496

00:55:29,030 --> 00:55:26,040

your services because obviously I could

1497

00:55:31,069 --> 00:55:29,040

remote View and do astral travel as well

1498

00:55:33,290 --> 00:55:31,079

so yeah as an aside that was really

1499

00:55:35,089 --> 00:55:33,300

really strange

1500

00:55:37,069 --> 00:55:35,099

um obviously we're multi-dimensional

1501

00:55:39,710 --> 00:55:37,079

beings you know and this you know when I

1502

00:55:41,870 --> 00:55:39,720

talk when the beings talk to me they

1503

00:55:43,970 --> 00:55:41,880

always call and say you know Source

1504

00:55:46,549 --> 00:55:43,980

energy creators because we are Source

1505

00:55:49,549 --> 00:55:46,559

energy creators we're all like one with

1506

00:55:51,109 --> 00:55:49,559

wherever you say Source or God you know

1507

00:55:52,790 --> 00:55:51,119

there's no when we say being one we're

1508

00:55:54,770 --> 00:55:52,800

just realizing that with the whole thing

1509

00:55:56,569 --> 00:55:54,780

I understand and you're in a room

1510

00:55:58,309 --> 00:55:56,579

talking to a lot of people a lot of

1511

00:56:00,410 --> 00:55:58,319

people who are me everything is

1512

00:56:02,450 --> 00:56:00,420

including extraterrestrials they're all

1513

00:56:04,130 --> 00:56:02,460

you like I've gone up onto the light

1514

00:56:05,569 --> 00:56:04,140

ship and I was like well guys have you

1515

00:56:06,770 --> 00:56:05,579

got something better to like what you

1516

00:56:07,549 --> 00:56:06,780

know you just waited for me to turn up

1517

00:56:09,470 --> 00:56:07,559

and they're like well no we're

1518

00:56:11,569 --> 00:56:09,480

multi-dimensional and the more people

1519

00:56:13,430 --> 00:56:11,579

call them the more powerful they get

1520

00:56:14,569 --> 00:56:13,440

because it's like so you see like in

1521

00:56:16,430 --> 00:56:14,579

Indian

1522

00:56:17,930 --> 00:56:16,440

um culture you see a lot of the deities

1523

00:56:20,210 --> 00:56:17,940

which is interesting by the way so

1524

00:56:25,010 --> 00:56:20,220

whenever you see like Krishna he's blue

1525

00:56:27,530 --> 00:56:26,210

um and they're also depicted with

1526  
00:56:28,970 --> 00:56:27,540  
multiple arms and the reason they're

1527  
00:56:31,190 --> 00:56:28,980  
multiple arms is because they can do

1528  
00:56:32,990 --> 00:56:31,200  
their multiple multi-dimensional and it

1529  
00:56:35,510 --> 00:56:33,000  
can be in many places at once and

1530  
00:56:37,670 --> 00:56:35,520  
limited among places at once

1531  
00:56:39,349 --> 00:56:37,680  
I know are we moving into this you know

1532  
00:56:40,730 --> 00:56:39,359  
as we move into this higher frequency

1533  
00:56:42,950 --> 00:56:40,740  
the other thing that's quite interesting

1534  
00:56:44,690 --> 00:56:42,960  
to explain to me as well is that the

1535  
00:56:47,270 --> 00:56:44,700  
higher frequency beings help the lower

1536  
00:56:48,650 --> 00:56:47,280  
frequency begins but like I haven't

1537  
00:56:51,650 --> 00:56:48,660  
dealt with anyone above the ninth

1538  
00:56:53,390 --> 00:56:51,660

Dimension above the the arterials

1539

00:56:55,430 --> 00:56:53,400

um and they're sending as well so

1540

00:56:58,130 --> 00:56:55,440

everyone is on this Ascension path they

1541

00:56:59,990 --> 00:56:58,140

are still learning things and helping us

1542

00:57:01,549 --> 00:57:00,000

too so they don't know what the tense

1543

00:57:04,190 --> 00:57:01,559

Dimensions like at all and they've got

1544

00:57:05,990 --> 00:57:04,200

tensional beings helping them an 11th

1545

00:57:07,430 --> 00:57:06,000

dimensional being is helping them and

1546

00:57:09,470 --> 00:57:07,440

it's like we're all the whole universe

1547

00:57:11,510 --> 00:57:09,480

is something called Bull and we're all

1548

00:57:13,910 --> 00:57:11,520

going to pop up into a higher kind of

1549

00:57:15,470 --> 00:57:13,920

order and that is what the nature of

1550

00:57:17,690 --> 00:57:15,480

life is we just keep on popping up

1551  
00:57:19,790 --> 00:57:17,700  
popping up popping up up to 12 Dimension

1552  
00:57:21,950 --> 00:57:19,800  
and then we go right back down to the

1553  
00:57:27,049 --> 00:57:21,960  
beginning and we start again because

1554  
00:57:30,829 --> 00:57:29,210  
um I'm not sure if you've heard of um Dr

1555  
00:57:32,390 --> 00:57:30,839  
Emoto

1556  
00:57:34,370 --> 00:57:32,400  
um I use this slide and I teach really

1557  
00:57:36,650 --> 00:57:34,380  
key District just to uh

1558  
00:57:37,910 --> 00:57:36,660  
show how important words are so in this

1559  
00:57:41,030 --> 00:57:37,920  
experiment

1560  
00:57:44,870 --> 00:57:41,040  
um dramoto took um glasses of water in

1561  
00:57:47,089 --> 00:57:44,880  
soundproof rooms and someone was um they

1562  
00:57:49,730 --> 00:57:47,099  
would say a word to it a couple of times

1563  
00:57:51,770 --> 00:57:49,740

and then they freeze the water and they

1564

00:57:52,910 --> 00:57:51,780

would look at the crystalline structure

1565

00:57:55,910 --> 00:57:52,920

of the water

1566

00:57:59,150 --> 00:57:55,920

so as you can see nice words like thank

1567

00:58:02,049 --> 00:57:59,160

you wisdom truth Eternal angels I love

1568

00:58:04,190 --> 00:58:02,059

you peace are all kind of like

1569

00:58:07,010 --> 00:58:04,200

symmetrical they're all like perfect

1570

00:58:08,930 --> 00:58:07,020

geometric geometrical shapes but when we

1571

00:58:11,990 --> 00:58:08,940

say words like you fool you make me set

1572

00:58:14,809 --> 00:58:12,000

evil it kind of distorts the it distorts

1573

00:58:17,990 --> 00:58:14,819

the water so if you think that we are 70

1574

00:58:19,790 --> 00:58:18,000

80 water how we speak to ourselves

1575

00:58:20,809 --> 00:58:19,800

actually affects the structure of our

1576

00:58:23,390 --> 00:58:20,819

body

1577

00:58:24,950 --> 00:58:23,400

and a lot of illness you know so I don't

1578

00:58:26,690 --> 00:58:24,960

think illness is just you know I think

1579

00:58:28,730 --> 00:58:26,700

it's a multi-pronged attack for my

1580

00:58:30,470 --> 00:58:28,740

experience you know you can do healing

1581

00:58:31,790 --> 00:58:30,480

someone's spiritual level so obviously

1582

00:58:33,349 --> 00:58:31,800

make sure you've got enough nutrients in

1583

00:58:34,250 --> 00:58:33,359

your body that you're doing exercise and

1584

00:58:36,049 --> 00:58:34,260

moving

1585

00:58:38,750 --> 00:58:36,059

but you know how we speak to ourselves

1586

00:58:41,650 --> 00:58:38,760

and things affects that and my

1587

00:58:44,870 --> 00:58:41,660

understanding is you know when we hold

1588

00:58:47,750 --> 00:58:44,880

trauma you know in our body it affects

1589

00:58:49,549 --> 00:58:47,760

how the cells kind of interact

1590

00:58:51,589 --> 00:58:49,559

um you know now DNA as I understand are

1591

00:58:53,930 --> 00:58:51,599

like little antennas but when when

1592

00:58:56,089 --> 00:58:53,940

there's a field around it of negativity

1593

00:58:58,130 --> 00:58:56,099

they can't connect with they can't

1594

00:58:59,450 --> 00:58:58,140

connect to you know like a lot of Iron

1595

00:59:00,710 --> 00:58:59,460

Soul know what they're doing it's the

1596

00:59:02,750 --> 00:59:00,720

same with those cells when there's that

1597

00:59:05,030 --> 00:59:02,760

disconnection come there that's where

1598

00:59:07,490 --> 00:59:05,040

inflammation that's where illness comes

1599

00:59:08,870 --> 00:59:07,500

about so when I do healing on someone I

1600

00:59:11,270 --> 00:59:08,880

put them on the med bed or even that

1601  
00:59:12,829 --> 00:59:11,280  
scalar machine well that's doing you

1602  
00:59:15,710 --> 00:59:12,839  
know that's perfectly kind of form

1603  
00:59:17,809 --> 00:59:15,720  
patterns and a certain frequency as well

1604  
00:59:19,910 --> 00:59:17,819  
that then you know so I'm not feeling

1605  
00:59:22,010 --> 00:59:19,920  
anyone you're healing yourselves and

1606  
00:59:23,329 --> 00:59:22,020  
just giving the cells the best chance of

1607  
00:59:26,510 --> 00:59:23,339  
healing itself because we've all got

1608  
00:59:29,150 --> 00:59:26,520  
amazing immune systems so

1609  
00:59:31,370 --> 00:59:29,160  
this is only about the power of the wood

1610  
00:59:33,049 --> 00:59:31,380  
now obviously meeting with your guys I'm

1611  
00:59:34,789 --> 00:59:33,059  
sure you're all Keen so and I'm sure you

1612  
00:59:37,130 --> 00:59:34,799  
all have had your own kind of ET

1613  
00:59:40,730 --> 00:59:37,140

experiences hopefully not too bad or any

1614

00:59:42,470 --> 00:59:40,740

anal problem but um but

1615

00:59:45,289 --> 00:59:42,480

um you know how do you manifest your own

1616

00:59:48,109 --> 00:59:45,299

Easy experience so what they've said is

1617

00:59:50,750 --> 00:59:48,119

again is to do with your imagination and

1618

00:59:51,829 --> 00:59:50,760

it's not just go in okay what's going to

1619

00:59:54,230 --> 00:59:51,839

happen

1620

00:59:57,410 --> 00:59:54,240

it's how do you feel about that

1621

00:59:59,510 --> 00:59:57,420

situation so how would it feel if a

1622

01:00:02,270 --> 00:59:59,520

number of octurians just appeared in

1623

01:00:04,130 --> 01:00:02,280

your bedroom one evening now some of you

1624

01:00:05,990 --> 01:00:04,140

maybe that's terrifying but it's an

1625

01:00:08,270 --> 01:00:06,000

amazing experience but you have to

1626  
01:00:10,490 --> 01:00:08,280  
really get into the feeling of what that

1627  
01:00:12,470 --> 01:00:10,500  
will also like so if you do want to

1628  
01:00:15,049 --> 01:00:12,480  
manifest these experiences with

1629  
01:00:16,490 --> 01:00:15,059  
different ET which again after after the

1630  
01:00:19,010 --> 01:00:16,500  
meditation today you will probably be

1631  
01:00:21,770 --> 01:00:19,020  
going a lot more experiences you can

1632  
01:00:24,230 --> 01:00:21,780  
manifest that you know I'm sure you kind

1633  
01:00:26,630 --> 01:00:24,240  
of a way of like the ce5 student

1634  
01:00:28,069 --> 01:00:26,640  
um as a Stephen Greer Stephen Gray's

1635  
01:00:29,569 --> 01:00:28,079  
experience

1636  
01:00:31,609 --> 01:00:29,579  
um you know where they are using

1637  
01:00:32,990 --> 01:00:31,619  
meditation and you know they're able to

1638  
01:00:34,730 --> 01:00:33,000

I think they can have imagined that

1639

01:00:36,470 --> 01:00:34,740

they're from you know like a picture of

1640

01:00:38,210 --> 01:00:36,480

you in the star system and you go down

1641

01:00:40,370 --> 01:00:38,220

and down and down to where you are to

1642

01:00:42,950 --> 01:00:40,380

attract these beings

1643

01:00:44,870 --> 01:00:42,960

um so yeah so so really that's the key

1644

01:00:47,569 --> 01:00:44,880

to it you know just imagine and don't

1645

01:00:49,970 --> 01:00:47,579

hold on to an outcome just be just be

1646

01:00:52,250 --> 01:00:49,980

open to having a situation the universe

1647

01:00:54,230 --> 01:00:52,260

will never give you exactly

1648

01:00:55,730 --> 01:00:54,240

um what you asked for as in you know

1649

01:00:58,010 --> 01:00:55,740

don't be super psyched so if you're just

1650

01:00:59,750 --> 01:00:58,020

even just think of a feeling then it'll

1651  
01:01:02,150 --> 01:00:59,760  
happen in the most kind of abandoned way

1652  
01:01:03,049 --> 01:01:02,160  
like actually thinking back

1653  
01:01:05,990 --> 01:01:03,059  
um

1654  
01:01:08,089 --> 01:01:06,000  
I I did think I was kind of like it'd be

1655  
01:01:10,549 --> 01:01:08,099  
so cool to have

1656  
01:01:13,670 --> 01:01:10,559  
um an ET experience and I think really

1657  
01:01:15,470 --> 01:01:13,680  
that's how the mountain being came to

1658  
01:01:18,410 --> 01:01:15,480  
existence is because I allowed that then

1659  
01:01:19,910 --> 01:01:18,420  
into my future Reality by you know going

1660  
01:01:21,289 --> 01:01:19,920  
like wow that was really cool I didn't

1661  
01:01:23,750 --> 01:01:21,299  
realize at the time you know I didn't

1662  
01:01:25,609 --> 01:01:23,760  
even realize I were 80s but um you know

1663  
01:01:27,650 --> 01:01:25,619

so if you do want to do this

1664

01:01:29,569 --> 01:01:27,660

imagination is really important and the

1665

01:01:31,849 --> 01:01:29,579

more open you are to it the other thing

1666

01:01:35,150 --> 01:01:31,859

I'll say is that they've got the most

1667

01:01:37,609 --> 01:01:35,160

crazy sense of humor like really like

1668

01:01:39,109 --> 01:01:37,619

they're really rude they like do loads

1669

01:01:41,990 --> 01:01:39,119

of jokes and stuff like that it's like

1670

01:01:43,549 --> 01:01:42,000

they are absolutely hilarious

1671

01:01:45,049 --> 01:01:43,559

um and they always say to me all the

1672

01:01:47,089 --> 01:01:45,059

time they're like oh my God you take

1673

01:01:49,490 --> 01:01:47,099

things so see you humans take things so

1674

01:01:51,109 --> 01:01:49,500

seriously this is meant to be played or

1675

01:01:52,910 --> 01:01:51,119

this is meant to be at the playground

1676

01:01:55,549 --> 01:01:52,920

where we learn having fun but obviously

1677

01:01:58,069 --> 01:01:55,559

it's quite hard don't you and we take

1678

01:02:02,990 --> 01:01:58,079

things very seriously so uh so yeah they

1679

01:02:06,950 --> 01:02:04,010

um

1680

01:02:09,829 --> 01:02:06,960

so I think we're ready to do the uh live

1681

01:02:11,450 --> 01:02:09,839

demonstration of connecting to the

1682

01:02:13,130 --> 01:02:11,460

galactic energy youth everyone's willing

1683

01:02:15,049 --> 01:02:13,140

to obviously it's up to you free will

1684

01:02:20,410 --> 01:02:15,059

Universe if you're welcome to to take

1685

01:02:20,420 --> 01:02:24,069

foreign

1686

01:02:30,289 --> 01:02:26,950

a sec so they helped me Manifest this

1687

01:02:32,390 --> 01:02:30,299

and the first part of this again

1688

01:02:33,950 --> 01:02:32,400

thinking back the power of the word I

1689

01:02:35,569 --> 01:02:33,960

want you to repeat after me what I'm

1690

01:02:38,690 --> 01:02:35,579

saying because what I'm going to be

1691

01:02:40,730 --> 01:02:38,700

saying will help release a lot of the

1692

01:02:42,950 --> 01:02:40,740

energy and stuff that we hold so it's

1693

01:02:44,450 --> 01:02:42,960

about releasing fear you know I realize

1694

01:02:47,329 --> 01:02:44,460

no divine power that's going to give us

1695

01:02:49,849 --> 01:02:47,339

our best chance then to to connect him

1696

01:02:51,109 --> 01:02:49,859

so we start off with that

1697

01:02:53,089 --> 01:02:51,119

um okay I'll be telling you what to do

1698

01:02:54,950 --> 01:02:53,099

use your imagination so obviously you

1699

01:02:56,630 --> 01:02:54,960

kind of take some breathing kind of with

1700

01:02:58,250 --> 01:02:56,640

the eyes closed

1701  
01:02:59,329 --> 01:02:58,260  
um listen to my voice just follow what

1702  
01:03:01,010 --> 01:02:59,339  
I'm saying

1703  
01:03:03,109 --> 01:03:01,020  
and then

1704  
01:03:04,430 --> 01:03:03,119  
um I'll be connecting that through what

1705  
01:03:06,170 --> 01:03:04,440  
I'll do then

1706  
01:03:07,970 --> 01:03:06,180  
um they're kind of telling me now that

1707  
01:03:10,430 --> 01:03:07,980  
I'll probably be kind of doing some like

1708  
01:03:12,770 --> 01:03:10,440  
language so don't be scared if no if

1709  
01:03:14,510 --> 01:03:12,780  
notice you like language before I'm just

1710  
01:03:17,030 --> 01:03:14,520  
they're just channeling through me

1711  
01:03:19,190 --> 01:03:17,040  
um and that kind of the sound coming out

1712  
01:03:21,349 --> 01:03:19,200  
of that is like a download and it

1713  
01:03:22,970 --> 01:03:21,359

effects our body

1714

01:03:24,710 --> 01:03:22,980

um as an aside one thing I forgot to

1715

01:03:26,329 --> 01:03:24,720

mention so obviously I'm quite close

1716

01:03:28,430 --> 01:03:26,339

with Jerome and Jerome's doing this as

1717

01:03:31,670 --> 01:03:28,440

well in Chicago is that we're working

1718

01:03:34,609 --> 01:03:31,680

with Scientists to do a test where

1719

01:03:36,349 --> 01:03:34,619

obviously because of DNA sequencing is

1720

01:03:38,150 --> 01:03:36,359

that because the work we do in is

1721

01:03:40,390 --> 01:03:38,160

affecting the DNA

1722

01:03:43,430 --> 01:03:40,400

um is to take a sample of the DNA

1723

01:03:45,230 --> 01:03:43,440

pre-work and a sample the DNA after

1724

01:03:47,329 --> 01:03:45,240

we've done the work to see if there's

1725

01:03:51,530 --> 01:03:47,339

differences because we always think that

1726

01:03:53,630 --> 01:03:51,540

DNA is you know fixed but it's not we

1727

01:03:56,210 --> 01:03:53,640

can change our DNA we can change it it

1728

01:03:57,829 --> 01:03:56,220

changes by our belief systems and I you

1729

01:03:59,870 --> 01:03:57,839

know from my experience with the clients

1730

01:04:01,490 --> 01:03:59,880

and everything we'll find this but

1731

01:04:02,809 --> 01:04:01,500

obviously we need proof so that's why

1732

01:04:04,849 --> 01:04:02,819

we're working with these um we're

1733

01:04:05,870 --> 01:04:04,859

working with some scientists to do

1734

01:04:08,930 --> 01:04:05,880

different

1735

01:04:10,670 --> 01:04:08,940

changes

1736

01:04:12,770 --> 01:04:10,680

now on DNA

1737

01:04:14,569 --> 01:04:12,780

you know we do inherit we think at the

1738

01:04:16,490 --> 01:04:14,579

point of conception and they've proven

1739

01:04:18,829 --> 01:04:16,500

this through studies with mice at the

1740

01:04:20,569 --> 01:04:18,839

point of conception all the things that

1741

01:04:22,730 --> 01:04:20,579

your parents have learned your fears

1742

01:04:24,950 --> 01:04:22,740

your traumas is passed down to the Next

1743

01:04:26,870 --> 01:04:24,960

Generation and they did quite a horrific

1744

01:04:28,250 --> 01:04:26,880

experiment with my swear they had them

1745

01:04:30,170 --> 01:04:28,260

all on a

1746

01:04:32,930 --> 01:04:30,180

um an electrical sheet and they sounded

1747

01:04:34,670 --> 01:04:32,940

a certain specific noise and electric

1748

01:04:35,750 --> 01:04:34,680

into them and they did that for their

1749

01:04:38,030 --> 01:04:35,760

whole life

1750

01:04:38,990 --> 01:04:38,040

and then they let them have children and

1751

01:04:40,190 --> 01:04:39,000

then they let them have children

1752

01:04:43,309 --> 01:04:40,200

children not doing any of this

1753

01:04:46,190 --> 01:04:43,319

experiment 70 Generations down and then

1754

01:04:47,630 --> 01:04:46,200

when they played that sound the the mice

1755

01:04:49,309 --> 01:04:47,640

reactors as if they were expecting

1756

01:04:51,349 --> 01:04:49,319

electric shock which I you know feel is

1757

01:04:53,450 --> 01:04:51,359

proof then that those things happen

1758

01:04:55,130 --> 01:04:53,460

which is so hard really you know we you

1759

01:04:56,270 --> 01:04:55,140

know this is why we get so it's so

1760

01:04:57,950 --> 01:04:56,280

difficult for us because we've got

1761

01:05:00,650 --> 01:04:57,960

Generations when people say about doing

1762

01:05:02,450 --> 01:05:00,660

healing ancestral healing it's because

1763

01:05:05,150 --> 01:05:02,460

all the lessons that we've learned good

1764

01:05:06,770 --> 01:05:05,160

or bad are being passed down to us you

1765

01:05:09,049 --> 01:05:06,780

know the sins of the fathers pass on to

1766

01:05:10,609 --> 01:05:09,059

the sun you know it's literal so if

1767

01:05:12,650 --> 01:05:10,619

you've had this is probably why people

1768

01:05:13,970 --> 01:05:12,660

are naturally scared of like you know

1769

01:05:15,530 --> 01:05:13,980

don't know why you're scared of a snake

1770

01:05:18,170 --> 01:05:15,540

it's probably because generations and

1771

01:05:20,809 --> 01:05:18,180

generations before then you know that's

1772

01:05:22,730 --> 01:05:20,819

kind of past um that's passed on so

1773

01:05:24,710 --> 01:05:22,740

anyway I digress let me just get my

1774

01:05:40,450 --> 01:05:24,720

phone two seconds

1775

01:05:44,870 --> 01:05:43,609

okay so if you just so just gonna say

1776

01:05:49,190 --> 01:05:44,880

make sure your back's kind of straight

1777

01:05:51,530 --> 01:05:49,200

in this in the seat okay and

1778

01:05:52,609 --> 01:05:51,540

just relax just take a couple of big

1779

01:05:54,170 --> 01:05:52,619

deep breaths

1780

01:05:55,849 --> 01:05:54,180

and really the important thing with this

1781

01:05:59,210 --> 01:05:55,859

is just to allow because it's a free

1782

01:06:01,549 --> 01:05:59,220

will universe and you can you can not do

1783

01:06:03,410 --> 01:06:01,559

this if you just don't want to Okay so

1784

01:06:05,870 --> 01:06:03,420

just relax have a big deep breaths for

1785

01:06:15,910 --> 01:06:08,470

and if you just repeat this after me

1786

01:06:21,430 --> 01:06:17,710

agreements

1787

01:06:27,770 --> 01:06:21,440

karmic ties and debts

1788

01:06:35,410 --> 01:06:31,329

I let go of all guilt

1789

01:06:35,420 --> 01:06:40,430  
release and come off we know

1790

01:06:46,329 --> 01:06:42,289  
excellent

1791

01:06:49,510 --> 01:06:47,950  
greed

1792

01:06:52,849 --> 01:06:49,520  
wrath

1793

01:06:56,049 --> 01:06:52,859  
Envy lust

1794

01:07:02,450 --> 01:06:56,059  
gluttony and sloth

1795

01:07:02,460 --> 01:07:06,970  
I forgive myself completely

1796

01:07:12,609 --> 01:07:09,730  
for all actions

1797

01:07:18,190 --> 01:07:12,619  
that calls me harm

1798

01:07:27,950 --> 01:07:21,549  
I offer forgiveness

1799

01:07:34,870 --> 01:07:30,970  
I call my power back

1800

01:07:38,569 --> 01:07:34,880  
from all times in all places

1801

01:07:45,829 --> 01:07:41,829

I am divinely protected

1802

01:07:52,549 --> 01:07:48,289

I am incredible and perfect just the way

1803

01:07:57,970 --> 01:07:54,710

happiness and abundance is my divine

1804

01:08:03,109 --> 01:08:01,430

and so it is

1805

01:08:04,549 --> 01:08:03,119

so it's interesting as you do that how

1806

01:08:06,710 --> 01:08:04,559

you felt saying those things because

1807

01:08:08,089 --> 01:08:06,720

sometimes it can feel quite challenging

1808

01:08:09,529 --> 01:08:08,099

to say those things it kind of goes

1809

01:08:11,690 --> 01:08:09,539

against it and it feels a bit icky when

1810

01:08:13,970 --> 01:08:11,700

we do that too

1811

01:08:15,230 --> 01:08:13,980

okay so we'll start then so again it's

1812

01:08:17,150 --> 01:08:15,240

just a couple of big deep breaths

1813

01:08:19,070 --> 01:08:17,160

keeping your eyes closed breathing in

1814

01:08:22,130 --> 01:08:19,080

through the nose

1815

01:08:24,470 --> 01:08:22,140

and out for the mouth just relax relax

1816

01:08:24,480 --> 01:08:28,610

a couple of big deep breaths in

1817

01:08:28,620 --> 01:08:32,329

and out

1818

01:08:37,070 --> 01:08:34,669

I'd just like you to imagine now that

1819

01:08:39,590 --> 01:08:37,080

from your tailbone there's white hot

1820

01:08:42,410 --> 01:08:39,600

roots coming out and going deep deep

1821

01:08:44,090 --> 01:08:42,420

into the ground grounding you so just

1822

01:08:46,309 --> 01:08:44,100

imagine now that there's deep Broods

1823

01:08:48,169 --> 01:08:46,319

going down into the ground wrapping

1824

01:08:53,450 --> 01:08:48,179

around the core mother Gaia three times

1825

01:08:58,309 --> 01:08:55,490

yeah

1826

01:09:02,870 --> 01:08:58,319

okay now calling in light from Arcturus

1827

01:09:06,410 --> 01:09:04,610

and just imagine there's a white pillar

1828

01:09:10,430 --> 01:09:06,420

of light opening now

1829

01:09:12,010 --> 01:09:10,440

in your body and just opening your heart

1830

01:09:14,209 --> 01:09:12,020

just imagine your heart opening

1831

01:09:21,410 --> 01:09:14,219

expanding out in six feet in all

1832

01:09:25,669 --> 01:09:23,390

okay so you feel the blade and energy

1833

01:09:27,530 --> 01:09:25,679

starting to come in now so the energy is

1834

01:09:30,169 --> 01:09:27,540

coming down for the room okay so I can

1835

01:09:32,269 --> 01:09:30,179

see it as like a golden color now the

1836

01:09:33,950 --> 01:09:32,279

Pleiadians really are all about fun if

1837

01:09:36,590 --> 01:09:33,960

you imagine what it feels like to be a

1838

01:09:39,169 --> 01:09:36,600

child on Christmas Day it just feels

1839

01:09:40,729 --> 01:09:39,179

magical it feels exciting it feels

1840

01:09:42,890 --> 01:09:40,739

creative it's fun they're very very

1841

01:09:44,030 --> 01:09:42,900

childlike and this energy is just

1842

01:09:46,309 --> 01:09:44,040

flowing through now you might feel

1843

01:09:49,070 --> 01:09:46,319

tingling your body you might be seeing

1844

01:09:50,390 --> 01:09:49,080

something in your third eye vision

1845

01:09:52,370 --> 01:09:50,400

um you might just feel completely

1846

01:09:53,630 --> 01:09:52,380

relaxed but just allow this to happen

1847

01:09:56,150 --> 01:09:53,640

now

1848

01:09:59,390 --> 01:09:56,160

like another option Energy's coming down

1849

01:10:03,050 --> 01:09:59,400

to all of you and the ulcerian energy is

1850

01:10:04,510 --> 01:10:03,060

like blue in color and it is kind of

1851  
01:10:06,830 --> 01:10:04,520  
like precise

1852  
01:10:09,890 --> 01:10:06,840  
technological they're very logical

1853  
01:10:19,310 --> 01:10:09,900  
thinkers more kind of masculine

1854  
01:10:22,729 --> 01:10:20,930  
okay

1855  
01:10:26,570 --> 01:10:22,739  
just sit there keep on breathing and

1856  
01:10:26,580 --> 01:10:35,610  
foreign

1857  
01:10:55,610 --> 01:10:47,050  
[Music]

1858  
01:10:55,620 --> 01:11:02,649  
hi

1859  
01:11:02,659 --> 01:11:12,380  
everyone yeah

1860  
01:11:12,390 --> 01:11:22,490  
[Music]

1861  
01:11:22,500 --> 01:11:28,189  
I hope you can feel something now

1862  
01:11:34,070 --> 01:11:30,830  
when you're ready just kind of open your

1863  
01:11:39,350 --> 01:11:36,950

so for those who did that did anyone

1864

01:11:42,890 --> 01:11:39,360

sense or feel anything they don't have

1865

01:11:46,430 --> 01:11:42,900

any Sensations anything going on

1866

01:11:47,390 --> 01:11:46,440

yeah around the third eye and I think

1867

01:11:49,070 --> 01:11:47,400

it's probably that but I've had

1868

01:11:52,610 --> 01:11:49,080

Sensations around my head the rest of

1869

01:11:57,290 --> 01:11:52,620

the night actually yeah no worries

1870

01:12:01,610 --> 01:11:59,330

calmness yeah

1871

01:12:03,470 --> 01:12:01,620

it's almost like what this does it just

1872

01:12:05,750 --> 01:12:03,480

connects you so in the future if you've

1873

01:12:08,090 --> 01:12:05,760

meditated and you just call in and you

1874

01:12:09,470 --> 01:12:08,100

say a call in the arcturian council now

1875

01:12:11,630 --> 01:12:09,480

hopefully you've had a censor because

1876

01:12:13,550 --> 01:12:11,640

the way you kind of distinguish is that

1877

01:12:16,610 --> 01:12:13,560

the energy feels different for each

1878

01:12:18,470 --> 01:12:16,620

things you know and and once you know

1879

01:12:20,390 --> 01:12:18,480

that you can kind of go oh that's it now

1880

01:12:22,250 --> 01:12:20,400

obviously if you you know are kind of

1881

01:12:23,990 --> 01:12:22,260

into this then you can ask questions and

1882

01:12:25,790 --> 01:12:24,000

go you know what you know is this energy

1883

01:12:27,290 --> 01:12:25,800

where this energy from

1884

01:12:29,810 --> 01:12:27,300

um if you're fortunate to be able to see

1885

01:12:31,130 --> 01:12:29,820

something maybe you'll see it being

1886

01:12:33,350 --> 01:12:31,140

um you know you kind of sense them there

1887

01:12:35,390 --> 01:12:33,360

you know but in doing that like a lot of

1888

01:12:37,010 --> 01:12:35,400

the time people don't know what to

1889

01:12:38,750 --> 01:12:37,020

expect and sometimes when they are

1890

01:12:40,729 --> 01:12:38,760

working it does feel like it's just your

1891

01:12:42,770 --> 01:12:40,739

intuition but I just got it it just

1892

01:12:44,090 --> 01:12:42,780

feels this kind of higher they'll never

1893

01:12:46,430 --> 01:12:44,100

be telling you what to do whether

1894

01:12:48,350 --> 01:12:46,440

they'll never do that is free will when

1895

01:12:49,430 --> 01:12:48,360

I you know I ask them you know I was

1896

01:12:50,750 --> 01:12:49,440

like what's happening what's happening

1897

01:12:53,030 --> 01:12:50,760

next Wednesday you know when's the

1898

01:12:56,030 --> 01:12:53,040

ship's Landing when is this going on

1899

01:12:57,770 --> 01:12:56,040

um we don't know you you tell us you're

1900

01:13:00,110 --> 01:12:57,780

the one to create new reality we're all

1901

01:13:02,270 --> 01:13:00,120

we're all creating this cool together

1902

01:13:04,910 --> 01:13:02,280

we're all like living this dream that

1903

01:13:07,970 --> 01:13:04,920

that is that is this planet you know so

1904

01:13:10,490 --> 01:13:07,980

it depends on on how we um and how we do

1905

01:13:15,610 --> 01:13:10,500

that how that goes so anyone else

1906

01:13:20,870 --> 01:13:19,130

okay excellent now that's the thing

1907

01:13:22,490 --> 01:13:20,880

they'll tend to show you shapes and

1908

01:13:24,290 --> 01:13:22,500

images you know in the first it'll be

1909

01:13:26,510 --> 01:13:24,300

quite slow it's like a relationship

1910

01:13:28,669 --> 01:13:26,520

really they'll start off slowly

1911

01:13:30,890 --> 01:13:28,679

um because they don't overwhelm you

1912

01:13:32,750 --> 01:13:30,900

um sometimes I can see them sometimes I

1913

01:13:34,850 --> 01:13:32,760

can hear them sometimes they just come

1914

01:13:36,709 --> 01:13:34,860

in my dreams about a number of Dreams

1915

01:13:37,850 --> 01:13:36,719

where they've um they've come through to

1916

01:13:40,010 --> 01:13:37,860

me

1917

01:13:41,630 --> 01:13:40,020

um so um so yeah that's amazing thank

1918

01:13:45,649 --> 01:13:41,640

you so much anyone else I'm gonna share

1919

01:13:47,030 --> 01:13:45,659

hello there in my imagination uh

1920

01:13:48,830 --> 01:13:47,040

soon

1921

01:13:51,950 --> 01:13:48,840

it's someone coming up

1922

01:13:53,090 --> 01:13:51,960

a quick link to me yeah on my head and

1923

01:13:55,550 --> 01:13:53,100

it just

1924

01:13:58,130 --> 01:13:55,560

very quick and just gone yeah amazing

1925

01:14:01,189 --> 01:13:58,140

yeah you know and what that's so what

1926

01:14:02,750 --> 01:14:01,199

that means is that your Sovereign you

1927

01:14:04,370 --> 01:14:02,760

know like that that's a sign that you

1928

01:14:05,570 --> 01:14:04,380

know we are all kings and queens of this

1929

01:14:07,370 --> 01:14:05,580

reality really you know and that's what

1930

01:14:10,070 --> 01:14:07,380

they want us to realize that it's almost

1931

01:14:11,990 --> 01:14:10,080

like a good analogy they said to me once

1932

01:14:13,070 --> 01:14:12,000

was that

1933

01:14:14,570 --> 01:14:13,080

um you know because it's like why did

1934

01:14:16,130 --> 01:14:14,580

you come down why aren't you coming down

1935

01:14:17,750 --> 01:14:16,140

to help us just like please please like

1936

01:14:18,950 --> 01:14:17,760

this is horrible and I enjoying time

1937

01:14:20,630 --> 01:14:18,960

here

1938

01:14:22,669 --> 01:14:20,640

um and they're saying that it's only

1939

01:14:26,209 --> 01:14:22,679

through

1940

01:14:28,669 --> 01:14:26,219

strong so for example if you've got a

1941

01:14:31,130 --> 01:14:28,679

bird and a bird obviously breaks out of

1942

01:14:33,169 --> 01:14:31,140

the shell if you open the shell up and

1943

01:14:35,270 --> 01:14:33,179

let the bird come out it'd be very weak

1944

01:14:37,130 --> 01:14:35,280

it needs that resistance it needs to

1945

01:14:40,370 --> 01:14:37,140

fight this way out to give it enough

1946

01:14:42,770 --> 01:14:40,380

strength to operate in you know in the

1947

01:14:44,630 --> 01:14:42,780

world and really we're all in that we're

1948

01:14:46,550 --> 01:14:44,640

all in this egg We're All in This

1949

01:14:48,229 --> 01:14:46,560

incubator here because and we're all

1950

01:14:50,149 --> 01:14:48,239

learning what it's likely to be powerful

1951

01:14:51,830 --> 01:14:50,159

and obviously it takes it takes more

1952

01:14:53,750 --> 01:14:51,840

time to manifest things here but give

1953

01:14:55,189 --> 01:14:53,760

you much much damage we do in a high

1954

01:14:56,810 --> 01:14:55,199

dimension through manifesting our

1955

01:14:59,930 --> 01:14:56,820

thoughts all the time it would be

1956

01:15:01,910 --> 01:14:59,940

complete chaos so uh you know so this is

1957

01:15:03,770 --> 01:15:01,920

PR we're practicing we're practicing

1958

01:15:05,810 --> 01:15:03,780

this now so when we're ready then we can

1959

01:15:07,970 --> 01:15:05,820

go to the next Dimension because we can

1960

01:15:09,229 --> 01:15:07,980

create a reality the other thing they've

1961

01:15:11,510 --> 01:15:09,239

told me as well is that a higher

1962

01:15:13,850 --> 01:15:11,520

dimensional we choose we don't age we

1963

01:15:15,830 --> 01:15:13,860

assumes how long we live and the

1964

01:15:17,870 --> 01:15:15,840

platives are coming through they look

1965

01:15:19,970 --> 01:15:17,880

like teenagers they look like they don't

1966

01:15:22,010 --> 01:15:19,980

look like old soul they're like about 18

1967

01:15:23,270 --> 01:15:22,020

19 years old because they choose to look

1968

01:15:25,310 --> 01:15:23,280

like that because they can look like

1969

01:15:26,810 --> 01:15:25,320

what they want and then when they decide

1970

01:15:28,550 --> 01:15:26,820

it's really after a couple of hundred

1971

01:15:30,830 --> 01:15:28,560

years and they want to change then

1972

01:15:32,870 --> 01:15:30,840

they'll go you know but there's no fear

1973

01:15:34,490 --> 01:15:32,880

of death because because we're Eternal

1974

01:15:37,010 --> 01:15:34,500

beings and really these are just

1975

01:15:39,590 --> 01:15:37,020

vehicles that we're in and when our body

1976

01:15:41,570 --> 01:15:39,600

goes whenever that is you know it's the

1977

01:15:43,250 --> 01:15:41,580

most amazing experience

1978

01:15:44,930 --> 01:15:43,260

um only the other nights they were

1979

01:15:46,669 --> 01:15:44,940

explaining to me you know that really

1980

01:15:48,590 --> 01:15:46,679

birth is the hardest thing because we

1981

01:15:51,649 --> 01:15:48,600

were in this very safe room

1982

01:15:53,570 --> 01:15:51,659

and we you know everything's lovely and

1983

01:15:55,550 --> 01:15:53,580

it's calm and it's nice and we can hear

1984

01:15:56,450 --> 01:15:55,560

our mother's voice and then all of a

1985

01:15:58,370 --> 01:15:56,460

sudden things start getting

1986

01:15:59,810 --> 01:15:58,380

uncomfortable and this is where we are

1987

01:16:01,130 --> 01:15:59,820

now as analogy that things are quite

1988

01:16:03,169 --> 01:16:01,140

uncomfortable at the moment and we

1989

01:16:04,790 --> 01:16:03,179

because we're ready to be birthed but

1990

01:16:07,250 --> 01:16:04,800

everything is that you know the planet

1991

01:16:09,229 --> 01:16:07,260

is is moving up we are moving up

1992

01:16:10,850 --> 01:16:09,239

everything is you know and they talk

1993

01:16:13,370 --> 01:16:10,860

about the higher field it's already

1994

01:16:15,290 --> 01:16:13,380

there and we are just once we let go of

1995

01:16:17,450 --> 01:16:15,300

the trauma once we forgive ourselves

1996

01:16:19,610 --> 01:16:17,460

then we can move into our Fields what's

1997

01:16:21,410 --> 01:16:19,620

really up to us it's really up to us and

1998

01:16:23,630 --> 01:16:21,420

this is why I'd highly recommend doing

1999

01:16:25,430 --> 01:16:23,640

the healing work looking at your own

2000

01:16:28,729 --> 01:16:25,440

trauma and releasing everything because

2001

01:16:30,830 --> 01:16:28,739

there's no judge you know I've got a lot

2002

01:16:32,990 --> 01:16:30,840

of previous memories coming back which I

2003

01:16:34,870 --> 01:16:33,000

could talk all day about

2004

01:16:37,189 --> 01:16:34,880

um so I remember dying a number of times

2005

01:16:38,209 --> 01:16:37,199

millions of times

2006

01:16:40,189 --> 01:16:38,219

um and this is the most people

2007

01:16:41,630 --> 01:16:40,199

experience you know some people say that

2008

01:16:44,270 --> 01:16:41,640

the point of death is like the final

2009

01:16:46,430 --> 01:16:44,280

orgasm because an orgasm is a release

2010

01:16:48,350 --> 01:16:46,440

isn't it you letting go and that's what

2011

01:16:50,450 --> 01:16:48,360

it feels like you know it's like ramdar

2012

01:16:52,669 --> 01:16:50,460

says it's like taking off a tight shoe

2013

01:16:54,410 --> 01:16:52,679

it's like raw Genies in a bottle we're

2014

01:16:56,270 --> 01:16:54,420

all like really really really tight you

2015

01:16:58,189 --> 01:16:56,280

know but in this tiny tiny space and

2016

01:17:00,470 --> 01:16:58,199

when we when we're in like we're in our

2017

01:17:02,149 --> 01:17:00,480

mother's womb well our soul comes in and

2018

01:17:03,950 --> 01:17:02,159

out all the time and it's unpleasant to

2019

01:17:06,830 --> 01:17:03,960

be in you because it's so confined it's

2020

01:17:08,270 --> 01:17:06,840

so restricted so you know you can take

2021

01:17:09,709 --> 01:17:08,280

you know you realize you can just enjoy

2022

01:17:11,630 --> 01:17:09,719

life there's nothing to fear or death

2023

01:17:12,830 --> 01:17:11,640

there's absolutely nothing to fear from

2024

01:17:14,810 --> 01:17:12,840

death and I'm talking from personal

2025

01:17:16,250 --> 01:17:14,820

experience and that too as well which is

2026

01:17:18,110 --> 01:17:16,260

good to know because obviously we live

2027

01:17:19,610 --> 01:17:18,120

in a lot of here especially in the west

2028

01:17:21,649 --> 01:17:19,620

death is something that's kind of hidden

2029

01:17:23,030 --> 01:17:21,659

away from us and it's all scary but you

2030

01:17:24,830 --> 01:17:23,040

know in the East and stuff it's you know

2031

01:17:27,530 --> 01:17:24,840

it's just a normal part of life life and

2032

01:17:29,330 --> 01:17:27,540

death happens you know we are in

2033

01:17:31,310 --> 01:17:29,340

Shamanism they say that these are no

2034

01:17:33,590 --> 01:17:31,320

bodies we're borrowing these bodies from

2035

01:17:34,970 --> 01:17:33,600

from Mother Earth they are hours and at

2036

01:17:36,290 --> 01:17:34,980

the end we're coming back

2037

01:17:37,490 --> 01:17:36,300

but how much we've learned our

2038

01:17:39,890 --> 01:17:37,500

experiences

2039

01:17:46,510 --> 01:17:39,900

so um

2040

01:17:52,310 --> 01:17:49,180

hundreds I'm sure

2041

01:17:55,610 --> 01:17:54,050

um can you talk about us going back

2042

01:17:57,669 --> 01:17:55,620

you're talking ourselves with Spirits

2043

01:18:03,370 --> 01:17:57,679

yeah yeah

2044

01:18:08,510 --> 01:18:06,229

it really is like there's there's loads

2045

01:18:09,169 --> 01:18:08,520

and Lords there's loads and parts to it

2046

01:18:12,830 --> 01:18:09,179

um

2047

01:18:14,750 --> 01:18:12,840

yeah so you know from my experiences so

2048

01:18:16,790 --> 01:18:14,760

again maybe this is for the next talk I

2049

01:18:19,010 --> 01:18:16,800

do in July and things like that but kind

2050

01:18:22,850 --> 01:18:19,020

of come the Snippets is that I remember

2051

01:18:24,649 --> 01:18:22,860

being in Atlantis Atlantean times

2052

01:18:27,290 --> 01:18:24,659

um and the technology there was so

2053

01:18:29,990 --> 01:18:27,300

Advanced we used AI

2054

01:18:31,910 --> 01:18:30,000

so AI was used and it went terribly

2055

01:18:33,530 --> 01:18:31,920

wrong and we looked like we're in this

2056

01:18:35,270 --> 01:18:33,540

Loop pattern again where potentially

2057

01:18:36,830 --> 01:18:35,280

we're going to get power to Ai and

2058

01:18:38,090 --> 01:18:36,840

they'll just destroy everything I do

2059

01:18:40,370 --> 01:18:38,100

think the Terminator and things like

2060

01:18:41,990 --> 01:18:40,380

that was a an Arthur C Clarke was onto

2061

01:18:44,030 --> 01:18:42,000

something when he said that but um it

2062

01:18:46,010 --> 01:18:44,040

absolutely is so so the reason for the

2063

01:18:47,870 --> 01:18:46,020

form of Atlantis was was the use of

2064

01:18:52,250 --> 01:18:47,880

technology and AI I just I just sent

2065

01:18:56,390 --> 01:18:53,229

um

2066

01:18:59,149 --> 01:18:56,400

what else can I have been on there

2067

01:19:01,970 --> 01:18:59,159

um after Atlantean times a lot of beings

2068

01:19:04,729 --> 01:19:01,980

moved into to Egypt

2069

01:19:07,250 --> 01:19:04,739

so um I got some of the flashbacks I had

2070

01:19:10,070 --> 01:19:07,260

one one memory that I had this laser

2071

01:19:13,189 --> 01:19:10,080

device I was doing etchings into a into

2072

01:19:15,050 --> 01:19:13,199

a wall in Egypt using a laser which is

2073

01:19:17,570 --> 01:19:15,060

quite you know the the technology used

2074

01:19:19,310 --> 01:19:17,580

was was absolutely amazing the pyramids

2075

01:19:21,649 --> 01:19:19,320

were like obviously on meridian lines

2076

01:19:23,149 --> 01:19:21,659

and energy grids he was very healing and

2077

01:19:25,610 --> 01:19:23,159

a lot of the time going into the pyramid

2078

01:19:27,169 --> 01:19:25,620

was an Awakening experience where a

2079

01:19:28,790 --> 01:19:27,179

person would walk into it and give them

2080

01:19:31,550 --> 01:19:28,800

the resonance on the side and obviously

2081

01:19:33,350 --> 01:19:31,560

the shape of the pyramid allowed people

2082

01:19:34,729 --> 01:19:33,360

to Enlighten them and to realize who

2083

01:19:39,709 --> 01:19:34,739

they really were

2084

01:19:41,169 --> 01:19:39,719

so any other questions I saw a

2085

01:19:45,050 --> 01:19:41,179

it was a

2086

01:19:49,490 --> 01:19:45,060

remote viewing thing about Egypt under

2087

01:19:54,649 --> 01:19:49,500

his dick out and dance with the two who

2088

01:19:57,229 --> 01:19:54,659

did the remote period they talked about

2089

01:20:00,169 --> 01:19:57,239

being that was kind of looking after

2090

01:20:02,030 --> 01:20:00,179

these clones and they were the ones who

2091

01:20:04,910 --> 01:20:02,040

were actually built the Pyramid

2092

01:20:07,130 --> 01:20:04,920

sounded crazy but I know that that's

2093

01:20:09,050 --> 01:20:07,140

sort of by removing is quite

2094

01:20:11,330 --> 01:20:09,060

you know it's been he improved to be the

2095

01:20:13,070 --> 01:20:11,340

actor and stuff I don't know if you know

2096

01:20:16,550 --> 01:20:13,080

anything about that and the Mantis being

2097

01:20:19,149 --> 01:20:16,560

was the one that was what I've been

2098

01:20:21,470 --> 01:20:19,159

it's sort of like the

2099

01:20:24,610 --> 01:20:21,480

thanks for energy nurse or something

2100

01:20:27,410 --> 01:20:24,620

rather than this clone kind of like yeah

2101  
01:20:28,729 --> 01:20:27,420  
does that sound yeah I know you know I

2102  
01:20:30,050 --> 01:20:28,739  
absolutely you know clones and things

2103  
01:20:31,729 --> 01:20:30,060  
like that could you know be you know

2104  
01:20:33,229 --> 01:20:31,739  
were they creating their beings and

2105  
01:20:35,930 --> 01:20:33,239  
stuff like that and using genetics and

2106  
01:20:36,850 --> 01:20:35,940  
things to to create great beans

2107  
01:20:40,970 --> 01:20:36,860  
um

2108  
01:20:42,470 --> 01:20:40,980  
the I'm not gonna say on that so from

2109  
01:20:45,470 --> 01:20:42,480  
that they explained with the pyramids

2110  
01:20:47,390 --> 01:20:45,480  
and stuff is sound resonance so there's

2111  
01:20:49,850 --> 01:20:47,400  
certain experiments where at a certain

2112  
01:20:51,350 --> 01:20:49,860  
frequency it can make things levitate I

2113  
01:20:53,390 --> 01:20:51,360

saw a lot of the blocks and things were

2114

01:20:56,330 --> 01:20:53,400

moved there I was actually spent a bit

2115

01:21:15,370 --> 01:20:56,340

of time in the procelli mountains and um

2116

01:21:21,050 --> 01:21:17,810

but that's how they that's how they did

2117

01:21:21,060 --> 01:21:27,350

there's a question over there yeah

2118

01:21:27,360 --> 01:21:30,770

um

2119

01:21:34,790 --> 01:21:33,410

where do the Grays and other species fit

2120

01:21:37,910 --> 01:21:34,800

into it

2121

01:21:40,970 --> 01:21:37,920

my understanding is that the Grays are

2122

01:21:43,610 --> 01:21:40,980

closed and you know like when you know

2123

01:21:46,669 --> 01:21:43,620

when like Star Wars apparently Star Wars

2124

01:21:49,550 --> 01:21:46,679

is like a um it wasn't that was created

2125

01:21:51,770 --> 01:21:49,560

as a memory from the like Library Wars I

2126  
01:21:53,570 --> 01:21:51,780  
believe and what we see as clones and

2127  
01:21:55,850 --> 01:21:53,580  
there are like Grays so they haven't

2128  
01:21:57,890 --> 01:21:55,860  
really got any like they don't think for

2129  
01:22:00,530 --> 01:21:57,900  
themselves they are Hive Minds in

2130  
01:22:01,850 --> 01:22:00,540  
exactly the same way as the as reptiles

2131  
01:22:04,189 --> 01:22:01,860  
at how you mind and this is where the

2132  
01:22:07,010 --> 01:22:04,199  
like Orion collectives are

2133  
01:22:09,110 --> 01:22:07,020  
so interestingly I asked the question I

2134  
01:22:10,610 --> 01:22:09,120  
was like okay you know you you are

2135  
01:22:12,350 --> 01:22:10,620  
brothers and sisters I have two rooms

2136  
01:22:14,450 --> 01:22:12,360  
and playing games why are you allowing

2137  
01:22:17,450 --> 01:22:14,460  
this to happen why are you allowing

2138  
01:22:20,750 --> 01:22:17,460

because this AI is like a dark force

2139

01:22:22,490 --> 01:22:20,760

it's not part of God or source so you

2140

01:22:25,490 --> 01:22:22,500

could say that it's you know they do

2141

01:22:27,110 --> 01:22:25,500

safarian or whatever that is and why do

2142

01:22:29,090 --> 01:22:27,120

that happen and they said because it

2143

01:22:30,530 --> 01:22:29,100

wakes people up that's really let it

2144

01:22:32,450 --> 01:22:30,540

happen so and this is happening around

2145

01:22:34,130 --> 01:22:32,460

many many different star systems where

2146

01:22:35,810 --> 01:22:34,140

they're helping us it's because they get

2147

01:22:37,310 --> 01:22:35,820

to the point where they'll they'll try

2148

01:22:39,169 --> 01:22:37,320

and take it over

2149

01:22:42,770 --> 01:22:39,179

um what's interesting as well is that

2150

01:22:44,810 --> 01:22:42,780

after my first experience in 2019

2151  
01:22:47,030 --> 01:22:44,820  
um I had this dream and it was the most

2152  
01:22:49,010 --> 01:22:47,040  
real thing I've ever seen it was like I

2153  
01:22:51,290 --> 01:22:49,020  
I woke up and I was just in a sweat I

2154  
01:22:53,510 --> 01:22:51,300  
couldn't believe it we were all slaves

2155  
01:22:55,970 --> 01:22:53,520  
we literally were all walking around and

2156  
01:22:57,830 --> 01:22:55,980  
then he's like reptile overlords all

2157  
01:22:59,450 --> 01:22:57,840  
whipping us and we're all in kind of

2158  
01:23:01,850 --> 01:22:59,460  
sheets like that and like you were there

2159  
01:23:03,770 --> 01:23:01,860  
and like my parents were there were all

2160  
01:23:08,050 --> 01:23:03,780  
like in chain gangs like that and they

2161  
01:23:12,169 --> 01:23:10,610  
it was almost like that was a previous

2162  
01:23:14,209 --> 01:23:12,179  
potential reality that would have

2163  
01:23:17,510 --> 01:23:14,219

happened

2164

01:23:20,890 --> 01:23:17,520

the commercial Shadows yes exactly I

2165

01:23:22,450 --> 01:23:20,900

think so too I think it was um

2166

01:23:24,970 --> 01:23:22,460

yeah

2167

01:23:28,870 --> 01:23:24,980

absolutely right

2168

01:23:32,689 --> 01:23:30,709

[Music]

2169

01:23:34,490 --> 01:23:32,699

but what was going to happen is as we

2170

01:23:36,410 --> 01:23:34,500

are and they know this because they

2171

01:23:38,330 --> 01:23:36,420

can't stop this happening it's as we're

2172

01:23:41,090 --> 01:23:38,340

ascending you know we're in a higher

2173

01:23:43,010 --> 01:23:41,100

dimensional plane fear doesn't exist it

2174

01:23:45,050 --> 01:23:43,020

can't exist separation doesn't exist so

2175

01:23:46,850 --> 01:23:45,060

they are literally clinging on as long

2176  
01:23:48,110 --> 01:23:46,860  
as they possibly can because it's not

2177  
01:23:49,790 --> 01:23:48,120  
going to you know it's not going to

2178  
01:23:51,649 --> 01:23:49,800  
affect and obviously because we realize

2179  
01:23:54,110 --> 01:23:51,659  
we're manifesting reality the real

2180  
01:23:56,330 --> 01:23:54,120  
future reality I see is when with this

2181  
01:23:59,149 --> 01:23:56,340  
complete peace on Earth and we can

2182  
01:24:00,830 --> 01:23:59,159  
co-create with the with the ETS too the

2183  
01:24:03,229 --> 01:24:00,840  
contracts have gone away

2184  
01:24:04,910 --> 01:24:03,239  
yes but it's contracts we can then no

2185  
01:24:07,189 --> 01:24:04,920  
you just ended contracts doing that

2186  
01:24:08,450 --> 01:24:07,199  
there we we we're always in contracts

2187  
01:24:09,950 --> 01:24:08,460  
it's not like you've got to do anything

2188  
01:24:11,870 --> 01:24:09,960

particularly just release the contract

2189

01:24:13,669 --> 01:24:11,880

it's a verbal agreement we're in a world

2190

01:24:15,110 --> 01:24:13,679

of contracts even like the police

2191

01:24:16,310 --> 01:24:15,120

officer comes up to us and says do you

2192

01:24:17,570 --> 01:24:16,320

understand do you stand under my

2193

01:24:20,330 --> 01:24:17,580

authority we're always getting into

2194

01:24:22,310 --> 01:24:20,340

contract that's the question in a stand

2195

01:24:23,750 --> 01:24:22,320

exactly yeah you know so just change

2196

01:24:26,149 --> 01:24:23,760

your language you can release you can

2197

01:24:27,410 --> 01:24:26,159

free yourself it's like it's like added

2198

01:24:29,630 --> 01:24:27,420

something through before and it said

2199

01:24:31,610 --> 01:24:29,640

that you know there's no we're not

2200

01:24:34,130 --> 01:24:31,620

chained in at all we're out we're free

2201

01:24:36,050 --> 01:24:34,140

really it's just we've we don't realize

2202

01:24:39,110 --> 01:24:36,060

we're certain things

2203

01:24:42,470 --> 01:24:39,120

yes exactly so

2204

01:24:44,390 --> 01:24:42,480

thanks a lot anything else

2205

01:24:46,610 --> 01:24:44,400

hello hi

2206

01:24:50,510 --> 01:24:46,620

um there seems to be and your proof of

2207

01:24:51,770 --> 01:24:50,520

it up surges in the interest of star

2208

01:24:53,630 --> 01:24:51,780

seeds and

2209

01:24:55,310 --> 01:24:53,640

ET races which of course have been

2210

01:24:57,770 --> 01:24:55,320

around for a long time and there's

2211

01:24:59,630 --> 01:24:57,780

definitely like a Resurgence I would say

2212

01:25:01,430 --> 01:24:59,640

so now that you've had all these

2213

01:25:02,870 --> 01:25:01,440

experiences and you're connecting with

2214

01:25:05,870 --> 01:25:02,880

these other beings

2215

01:25:08,450 --> 01:25:05,880

where do you personally because

2216

01:25:10,430 --> 01:25:08,460

obviously you're on a on on this you

2217

01:25:13,130 --> 01:25:10,440

know you've hit the wave now yeah with

2218

01:25:15,229 --> 01:25:13,140

these beings where would you like to be

2219

01:25:17,689 --> 01:25:15,239

or where do you see

2220

01:25:19,669 --> 01:25:17,699

just you going I mean because we're all

2221

01:25:21,890 --> 01:25:19,679

on our different levels and we've all

2222

01:25:23,390 --> 01:25:21,900

got our own experiences so I just wonder

2223

01:25:25,610 --> 01:25:23,400

what you're hoping

2224

01:25:29,090 --> 01:25:25,620

to happen now going forward in your own

2225

01:25:31,130 --> 01:25:29,100

life with these beings yeah

2226

01:25:32,990 --> 01:25:31,140

um one thing that you know I'm just in

2227

01:25:35,270 --> 01:25:33,000

talking about this stuff

2228

01:25:37,010 --> 01:25:35,280

um is to raise awareness you know so

2229

01:25:38,810 --> 01:25:37,020

it's just to normalize these

2230

01:25:40,610 --> 01:25:38,820

conversations ultimately I do believe

2231

01:25:41,750 --> 01:25:40,620

that it's there and you can imagine at

2232

01:25:43,669 --> 01:25:41,760

the moment if they kind of start

2233

01:25:44,990 --> 01:25:43,679

appearing because people think that

2234

01:25:46,430 --> 01:25:45,000

these higher dinosaur beings will be

2235

01:25:48,229 --> 01:25:46,440

coming down in ships there are some

2236

01:25:50,450 --> 01:25:48,239

ships obviously from lower dimensional

2237

01:25:51,470 --> 01:25:50,460

but an arcturian can just walk into a

2238

01:25:53,750 --> 01:25:51,480

living they can just appear in your

2239

01:25:55,490 --> 01:25:53,760

living room they can appear anywhere so

2240

01:25:57,410 --> 01:25:55,500

I feel like it's really I obviously

2241

01:25:59,510 --> 01:25:57,420

would love to have full contact I'd love

2242

01:26:01,610 --> 01:25:59,520

to have them around us to help us they

2243

01:26:03,530 --> 01:26:01,620

saw High vibrational so I think it's

2244

01:26:05,209 --> 01:26:03,540

just really being doing this talk and

2245

01:26:06,530 --> 01:26:05,219

even what you guys are doing like you

2246

01:26:08,750 --> 01:26:06,540

guys that helping this thing you know

2247

01:26:10,610 --> 01:26:08,760

that more and more experiences happen

2248

01:26:12,410 --> 01:26:10,620

and people start thinking like oh wow

2249

01:26:14,030 --> 01:26:12,420

maybe there is something else you know

2250

01:26:16,189 --> 01:26:14,040

it says I think like Ronald Reagan said

2251  
01:26:18,410 --> 01:26:16,199  
didn't he when it's leaving speech that

2252  
01:26:20,689 --> 01:26:18,420  
uh it's extraterrestrial themselves

2253  
01:26:22,550 --> 01:26:20,699  
it'll cause real peace because one thing

2254  
01:26:25,010 --> 01:26:22,560  
for me you know once you come face to

2255  
01:26:27,530 --> 01:26:25,020  
face with a map to be and well you know

2256  
01:26:28,910 --> 01:26:27,540  
everyone like everyone is nice like when

2257  
01:26:31,189 --> 01:26:28,920  
you see another human it's like wow

2258  
01:26:34,310 --> 01:26:31,199  
we're so similar we realize how varied

2259  
01:26:35,930 --> 01:26:34,320  
it is you know and so so many different

2260  
01:26:37,490 --> 01:26:35,940  
beings at one time it was like a group

2261  
01:26:40,310 --> 01:26:37,500  
of beers came from they look like Yoda

2262  
01:26:43,070 --> 01:26:40,320  
like they actually look like Yoda you

2263  
01:26:45,350 --> 01:26:43,080

know so obviously this is like you know

2264

01:26:47,090 --> 01:26:45,360

it's it's the amount of beings that are

2265

01:26:49,729 --> 01:26:47,100

and incredible you know and when you

2266

01:26:50,930 --> 01:26:49,739

think as well the other misconception is

2267

01:26:52,310 --> 01:26:50,940

that did you think of these solar

2268

01:26:54,770 --> 01:26:52,320

systems a play aging system in

2269

01:26:56,750 --> 01:26:54,780

particular seven seven planets the

2270

01:26:59,870 --> 01:26:56,760

planet I lived on mainly was error

2271

01:27:02,570 --> 01:26:59,880

there's so many so many species on this

2272

01:27:04,550 --> 01:27:02,580

planet so although the typical it would

2273

01:27:07,250 --> 01:27:04,560

say oh yeah please ends of blonde hair

2274

01:27:09,350 --> 01:27:07,260

and put up like humans there's loads and

2275

01:27:10,970 --> 01:27:09,360

loads of races on there they just the

2276

01:27:13,490 --> 01:27:10,980

the a lot of the evolved collectives

2277

01:27:15,709 --> 01:27:13,500

happen to be have to happen to be

2278

01:27:19,070 --> 01:27:15,719

humanized rather said when I was on when

2279

01:27:20,450 --> 01:27:19,080

I was there I was an Indian so um so you

2280

01:27:22,870 --> 01:27:20,460

know there's so many differences to that

2281

01:27:24,430 --> 01:27:22,880

too so do you think this species

2282

01:27:29,030 --> 01:27:24,440

actually

2283

01:27:31,850 --> 01:27:29,040

genetically made some issues yes I do

2284

01:27:34,189 --> 01:27:31,860

yeah absolutely our DNA you know so our

2285

01:27:36,350 --> 01:27:34,199

DNA holds everything about every

2286

01:27:39,350 --> 01:27:36,360

blueprint it's all fractals of the of

2287

01:27:41,810 --> 01:27:39,360

the universe every is every being in the

2288

01:27:49,310 --> 01:27:41,820

whole human this can be made from our

2289

01:27:54,250 --> 01:27:51,169

spell Anthology use for that type of

2290

01:27:58,850 --> 01:27:57,350

an AI now is coming in yeah Steve Austin

2291

01:28:02,090 --> 01:27:58,860

isn't it

2292

01:28:04,010 --> 01:28:02,100

yeah yeah yeah

2293

01:28:06,290 --> 01:28:04,020

um you know I think I do so they did

2294

01:28:07,910 --> 01:28:06,300

mention that they did interfere before

2295

01:28:10,790 --> 01:28:07,920

when it went all wrong and I do believe

2296

01:28:12,290 --> 01:28:10,800

that was when however they did they you

2297

01:28:14,450 --> 01:28:12,300

know they when they put the species of

2298

01:28:16,669 --> 01:28:14,460

man on there I think we're on we're

2299

01:28:18,169 --> 01:28:16,679

we're evolving so quickly we can't

2300

01:28:20,510 --> 01:28:18,179

really keep up with what's happening

2301

01:28:22,910 --> 01:28:20,520

which is why I feel Everything feels so

2302

01:28:25,250 --> 01:28:22,920

difficult because you know it's it's

2303

01:28:26,689 --> 01:28:25,260

normally Evolution happens over millions

2304

01:28:29,390 --> 01:28:26,699

and millions of years you think how much

2305

01:28:31,790 --> 01:28:29,400

I kind of you know humans have been a

2306

01:28:33,410 --> 01:28:31,800

tiny tiny fraction of time so it's

2307

01:28:35,090 --> 01:28:33,420

almost like they speeding things up for

2308

01:28:36,890 --> 01:28:35,100

some reason I'm just gonna say do you

2309

01:28:38,750 --> 01:28:36,900

think time is going past it time is

2310

01:28:40,370 --> 01:28:38,760

actually again yes it is we're also

2311

01:28:42,770 --> 01:28:40,380

there's also going to be a polar shift

2312

01:28:44,330 --> 01:28:42,780

so the the earth the earth is Shifting

2313

01:28:46,610 --> 01:28:44,340

poles as well so I'm not sure if you've

2314

01:28:48,350 --> 01:28:46,620

heard anyone talk about that before

2315

01:28:51,590 --> 01:28:48,360

um the other interesting thing they said

2316

01:28:54,110 --> 01:28:51,600

as well if you imagine the sun is like a

2317

01:28:56,990 --> 01:28:54,120

projector screen like this year hologram

2318

01:28:58,790 --> 01:28:57,000

yes and the Earth is this is the screen

2319

01:29:00,229 --> 01:28:58,800

itself that's what's happening sorry

2320

01:29:02,330 --> 01:29:00,239

when you look at the sun that's just

2321

01:29:04,310 --> 01:29:02,340

light coming on so when we get solar

2322

01:29:05,750 --> 01:29:04,320

flares you know people are worried or

2323

01:29:08,090 --> 01:29:05,760

solar flares hitting the planet it's

2324

01:29:10,189 --> 01:29:08,100

hitting us and we're evolving our DNA

2325

01:29:12,050 --> 01:29:10,199

and I think the more the solar flares hit

2326

01:29:13,490 --> 01:29:12,060

us the more we're evolving like I'm

2327

01:29:15,590 --> 01:29:13,500

seeing loads of clients come to me

2328

01:29:16,970 --> 01:29:15,600

they've got trauma coming up I'm not

2329

01:29:18,169 --> 01:29:16,980

sure if you've noticed like you know

2330

01:29:20,030 --> 01:29:18,179

there's so much for young people are

2331

01:29:21,890 --> 01:29:20,040

just kind of crying for no reason it

2332

01:29:24,350 --> 01:29:21,900

feels like we're in this purging process

2333

01:29:26,750 --> 01:29:24,360

where you know like lifetimes and

2334

01:29:29,390 --> 01:29:26,760

lifetimes of trauma and stuff needs to

2335

01:29:30,830 --> 01:29:29,400

come up and um and this is what's kind

2336

01:29:32,209 --> 01:29:30,840

of in the process the moment this is

2337

01:29:34,610 --> 01:29:32,219

what the high vibrational energy is

2338

01:29:36,169 --> 01:29:34,620

doing to us you know but the other thing

2339

01:29:38,330 --> 01:29:36,179

from my experience you know even doing

2340

01:29:40,790 --> 01:29:38,340

energy healing is that we all think we

2341

01:29:43,610 --> 01:29:40,800

want extra energy but it's it's really

2342

01:29:45,830 --> 01:29:43,620

difficult to hold in Geno bodies when we

2343

01:29:48,290 --> 01:29:45,840

first start doing it we can feel sick we

2344

01:29:49,910 --> 01:29:48,300

can throw up we can look at a fee over

2345

01:29:51,890 --> 01:29:49,920

there you know like how you vibrational

2346

01:29:53,570 --> 01:29:51,900

energy can really affect our body you

2347

01:29:55,129 --> 01:29:53,580

know and it's unpleasant sometimes it

2348

01:29:56,870 --> 01:29:55,139

takes a while to do it you know when I

2349

01:29:58,370 --> 01:29:56,880

was in charlottesville's garden the

2350

01:30:01,070 --> 01:29:58,380

other day you know and if she's got a

2351  
01:30:02,570 --> 01:30:01,080  
portal there you know the energy so so

2352  
01:30:03,950 --> 01:30:02,580  
strong there it can make you feel quite

2353  
01:30:06,169 --> 01:30:03,960  
dizzy it can make you feel quite sick

2354  
01:30:07,610 --> 01:30:06,179  
but over time you just get used to it

2355  
01:30:09,110 --> 01:30:07,620  
it's something that you develop all the

2356  
01:30:16,270 --> 01:30:09,120  
time

2357  
01:30:20,870 --> 01:30:18,410  
I haven't used that

2358  
01:30:23,149 --> 01:30:20,880  
doesn't matter it's caused controversy

2359  
01:30:25,970 --> 01:30:23,159  
in the room that's why all right okay no

2360  
01:30:28,490 --> 01:30:25,980  
I haven't haven't sorry

2361  
01:30:33,110 --> 01:30:28,500  
of course would you um agree because

2362  
01:30:35,330 --> 01:30:33,120  
I've heard it in going around and

2363  
01:30:37,010 --> 01:30:35,340

the community that

2364

01:30:39,050 --> 01:30:37,020

um at this point particularly for people

2365

01:30:41,689 --> 01:30:39,060

like I guess those are more open-hearted

2366

01:30:44,990 --> 01:30:41,699

and open-minded and expansive in our

2367

01:30:46,689 --> 01:30:45,000

thinking and uh willing to you know make

2368

01:30:49,850 --> 01:30:46,699

these connections

2369

01:30:53,330 --> 01:30:49,860

that going forward we're going to have

2370

01:30:56,090 --> 01:30:53,340

another strand of our DNA activated yes

2371

01:30:58,790 --> 01:30:56,100

absolutely so you concur yes I do yeah

2372

01:31:00,950 --> 01:30:58,800

no I do I think you know I feel and I

2373

01:31:02,870 --> 01:31:00,960

wish I had like a DNA sample from before

2374

01:31:05,149 --> 01:31:02,880

I started work in Jerome to when I work

2375

01:31:09,050 --> 01:31:05,159

when I when I Live Now I do feel

2376

01:31:11,330 --> 01:31:09,060

different I feel I haven't been sick for

2377

01:31:13,370 --> 01:31:11,340

about four years

2378

01:31:15,590 --> 01:31:13,380

um my psychic sentences are power on

2379

01:31:18,770 --> 01:31:15,600

anyone who's out here and off me

2380

01:31:20,090 --> 01:31:18,780

um is very strong so I I do feel the

2381

01:31:23,390 --> 01:31:20,100

work they did on me it did actually

2382

01:31:24,709 --> 01:31:23,400

change my DNA and allowed me to hold in

2383

01:31:26,810 --> 01:31:24,719

more light

2384

01:31:28,850 --> 01:31:26,820

one of the other things as well so if

2385

01:31:32,209 --> 01:31:28,860

anyone's interested in doing remote

2386

01:31:34,550 --> 01:31:32,219

viewing or astral travel is there's

2387

01:31:36,350 --> 01:31:34,560

certain sacred geometrical shapes that

2388

01:31:38,930 --> 01:31:36,360

have power one of them has been the

2389

01:31:41,270 --> 01:31:38,940

mookabur has anyone use a merkaba

2390

01:31:43,189 --> 01:31:41,280

so yeah so

2391

01:31:44,990 --> 01:31:43,199

um if you look today 2D it looks like

2392

01:31:47,030 --> 01:31:45,000

the star David you know like Jewish the

2393

01:31:50,030 --> 01:31:47,040

Jewish symbol in a three-dimensional

2394

01:31:52,850 --> 01:31:50,040

thing it's two pyramids on top of each

2395

01:31:56,090 --> 01:31:52,860

other and they spin and what you do is

2396

01:31:58,010 --> 01:31:56,100

use your imagination to create that you

2397

01:32:00,410 --> 01:31:58,020

go into the mocha bar and then you can

2398

01:32:02,629 --> 01:32:00,420

travel to anywhere in the universe and

2399

01:32:05,390 --> 01:32:02,639

it'll protect you as well then yeah so

2400

01:32:06,590 --> 01:32:05,400

well I say with astral travel is be a

2401

01:32:09,110 --> 01:32:06,600

little bit careful when you do it in

2402

01:32:11,890 --> 01:32:09,120

this realm this is like the the middle

2403

01:32:14,810 --> 01:32:11,900

realm or middle world has got a lot of

2404

01:32:17,390 --> 01:32:14,820

vampiric energy there's a lot of feeding

2405

01:32:18,950 --> 01:32:17,400

going on as well and you can it's a lot

2406

01:32:20,629 --> 01:32:18,960

of people come to me for my services

2407

01:32:22,370 --> 01:32:20,639

just because they got into trouble or

2408

01:32:25,250 --> 01:32:22,380

they've got some beings they're leaching

2409

01:32:26,990 --> 01:32:25,260

off and there's actually like so one

2410

01:32:29,149 --> 01:32:27,000

thing I I could see before and again

2411

01:32:31,070 --> 01:32:29,159

this is about vibration and usually if I

2412

01:32:32,510 --> 01:32:31,080

want to re-increase my vibration I'll do

2413

01:32:34,790 --> 01:32:32,520

breathing exercises if you're like

2414

01:32:36,709 --> 01:32:34,800

you're a whim off breathing like prawn

2415

01:32:38,209 --> 01:32:36,719

the Army breathing this is how you

2416

01:32:39,350 --> 01:32:38,219

really raise your frequency and some

2417

01:32:40,790 --> 01:32:39,360

people go oh God I feel like I'm

2418

01:32:42,350 --> 01:32:40,800

tripping it's because when you're at

2419

01:32:44,570 --> 01:32:42,360

high frequency that's what it feels like

2420

01:32:47,229 --> 01:32:44,580

it feels amazing you can see extra

2421

01:32:50,510 --> 01:32:47,239

things and actually around this room

2422

01:32:52,910 --> 01:32:50,520

there there's floating like almost like

2423

01:32:54,290 --> 01:32:52,920

floating jellyfish and what they do

2424

01:32:56,870 --> 01:32:54,300

they're going to come round onto people

2425

01:32:59,330 --> 01:32:56,880

and they can sense there and they can

2426  
01:33:00,890 --> 01:32:59,340  
make you they can read you and they'll

2427  
01:33:02,390 --> 01:33:00,900  
give you a nasty thought or they'll give

2428  
01:33:04,129 --> 01:33:02,400  
you something to think about and they'll

2429  
01:33:05,689 --> 01:33:04,139  
feed off that energy

2430  
01:33:07,129 --> 01:33:05,699  
and this is what they do sometimes you

2431  
01:33:08,510 --> 01:33:07,139  
could be feeling great and often we get

2432  
01:33:09,470 --> 01:33:08,520  
a really nasty thought in our head look

2433  
01:33:11,149 --> 01:33:09,480  
what the hell it's coming from it's

2434  
01:33:12,530 --> 01:33:11,159  
because these feelings going round and

2435  
01:33:14,570 --> 01:33:12,540  
it's like in the same way mosquitoes

2436  
01:33:15,890 --> 01:33:14,580  
need to feed these beams need to feed as

2437  
01:33:17,450 --> 01:33:15,900  
well you know when they're all just

2438  
01:33:19,970 --> 01:33:17,460

floating around feeding off us it's just

2439

01:33:21,649 --> 01:33:19,980

well I I was um again when I was talking

2440

01:33:23,450 --> 01:33:21,659

to them and I'm like oh my God tell me

2441

01:33:25,250 --> 01:33:23,460

all about playing Star systems tell me

2442

01:33:26,149 --> 01:33:25,260

all about arterios they were like well I

2443

01:33:28,850 --> 01:33:26,159

need to learn about your own Planet

2444

01:33:31,129 --> 01:33:28,860

you've got so much going on so many

2445

01:33:32,570 --> 01:33:31,139

beings so much kind of happening you

2446

01:33:34,250 --> 01:33:32,580

know just get to learn what's happening

2447

01:33:36,490 --> 01:33:34,260

here because there's way more than we

2448

01:33:39,229 --> 01:33:36,500

think I think

2449

01:33:42,530 --> 01:33:39,239

what type of vision or the Shadow People

2450

01:33:44,270 --> 01:33:42,540

yes the feed off negative averages yes

2451

01:33:46,250 --> 01:33:44,280

yes so when I go to the gym is that I

2452

01:33:47,390 --> 01:33:46,260

was created by King Solomon so King

2453

01:33:50,629 --> 01:33:47,400

Solomon

2454

01:33:53,270 --> 01:33:50,639

um created the the Gin as such

2455

01:33:55,729 --> 01:33:53,280

um and what's interesting as as I was

2456

01:33:58,010 --> 01:33:55,739

contacted again I it's really unusual I

2457

01:34:00,229 --> 01:33:58,020

contacted by this guy in this U.S and I

2458

01:34:01,610 --> 01:34:00,239

study in Shamanism and he said oh I'm

2459

01:34:03,290 --> 01:34:01,620

working with someone who can connect to

2460

01:34:05,629 --> 01:34:03,300

the gym are you interested in connecting

2461

01:34:07,370 --> 01:34:05,639

I didn't know what the Gin was and I was

2462

01:34:10,129 --> 01:34:07,380

like oh that sounds some good when I

2463

01:34:11,629 --> 01:34:10,139

jumped on a zoom call with him I never

2464

01:34:13,250 --> 01:34:11,639

felt so sick in my life I had to

2465

01:34:15,530 --> 01:34:13,260

literally throw up I couldn't even speak

2466

01:34:16,729 --> 01:34:15,540

to him and they were like do not work

2467

01:34:19,129 --> 01:34:16,739

with a gym

2468

01:34:21,590 --> 01:34:19,139

they wait so my experiences is that

2469

01:34:24,229 --> 01:34:21,600

you've got darker beings more negative

2470

01:34:25,729 --> 01:34:24,239

and positive the positive ones don't ask

2471

01:34:27,410 --> 01:34:25,739

for anything they do things for free

2472

01:34:30,050 --> 01:34:27,420

because they're like angels and light

2473

01:34:31,850 --> 01:34:30,060

beings the dark will always take a price

2474

01:34:34,430 --> 01:34:31,860

for it so well that's blood sacrifice

2475

01:34:36,110 --> 01:34:34,440

with an Australian or energy and this is

2476

01:34:37,850 --> 01:34:36,120

what dark magic is you sacrifice

2477

01:34:39,350 --> 01:34:37,860

something and and they'll they'll

2478

01:34:41,330 --> 01:34:39,360

they'll feed off that soul and they'll

2479

01:34:43,129 --> 01:34:41,340

do something in favor you know it's

2480

01:34:44,990 --> 01:34:43,139

interesting you're sure what maybe say

2481

01:34:46,430 --> 01:34:45,000

this that he was really into the

2482

01:34:47,810 --> 01:34:46,440

accountable for any of the stuff he was

2483

01:34:49,669 --> 01:34:47,820

really into dark stuff and he got him

2484

01:34:51,169 --> 01:34:49,679

into a lot of trouble

2485

01:34:53,390 --> 01:34:51,179

um and what he found is when he started

2486

01:34:56,149 --> 01:34:53,400

working with a chin he'd be lying in bed

2487

01:34:58,070 --> 01:34:56,159

and his

2488

01:35:00,229 --> 01:34:58,080

um his girlfriends over the time he was

2489

01:35:02,510 --> 01:35:00,239

set up a bed like that he would start

2490

01:35:05,030 --> 01:35:02,520

spoken off language which wasn't like

2491

01:35:07,250 --> 01:35:05,040

language it was dark language portals be

2492

01:35:09,050 --> 01:35:07,260

opening being something through will you

2493

01:35:11,689 --> 01:35:09,060

step back in bed and go to sleep because

2494

01:35:14,350 --> 01:35:11,699

he stole the sultan and they use them to

2495

01:35:17,750 --> 01:35:14,360

do that you know my when we talk about

2496

01:35:19,310 --> 01:35:17,760

reptiles and and um all these things I

2497

01:35:21,950 --> 01:35:19,320

don't think it's it's I don't think it's

2498

01:35:23,810 --> 01:35:21,960

the fact that these are reptiles as high

2499

01:35:26,209 --> 01:35:23,820

at these these beings that possess

2500

01:35:28,129 --> 01:35:26,219

people I figure any of these stories

2501

01:35:29,390 --> 01:35:28,139

they always say the eyes change they go

2502

01:35:32,090 --> 01:35:29,400

a bit different I think it's because

2503

01:35:34,490 --> 01:35:32,100

you've got these retro beings that can

2504

01:35:36,169 --> 01:35:34,500

possess people make them do terrible

2505

01:35:38,030 --> 01:35:36,179

things and this is why a lot of people

2506

01:35:39,590 --> 01:35:38,040

are going I've got no memory of like you

2507

01:35:41,209 --> 01:35:39,600

get people who've done it like a you

2508

01:35:43,310 --> 01:35:41,219

know kill those of people and things and

2509

01:35:45,350 --> 01:35:43,320

they have no memory Recollections I I do

2510

01:35:56,810 --> 01:35:45,360

honestly believe that's a possession and

2511

01:36:07,149 --> 01:35:59,930

two years ago I read a book about Edward

2512

01:36:12,189 --> 01:36:09,950

I haven't

2513

01:36:17,270 --> 01:36:14,950

yeah

2514

01:36:18,830 --> 01:36:17,280

I haven't heard much about the book but

2515

01:36:20,570 --> 01:36:18,840

I wouldn't be you know were they

2516

01:36:21,830 --> 01:36:20,580

actually having did he actually see them

2517

01:36:25,610 --> 01:36:21,840

did he actually have full contact with

2518

01:36:25,620 --> 01:36:29,510

and um

2519

01:36:35,590 --> 01:36:31,370

predict as well

2520

01:36:40,669 --> 01:36:37,790

like what I would say about predictions

2521

01:36:42,649 --> 01:36:40,679

is that we are writing our own story so

2522

01:36:44,470 --> 01:36:42,659

there's many many different reality at

2523

01:36:46,370 --> 01:36:44,480

any one time you realize that another

2524

01:36:48,669 --> 01:36:46,380

quantum mechanics is there's

2525

01:36:51,830 --> 01:36:48,679

Alternatives many many alternative

2526

01:36:53,510 --> 01:36:51,840

lifetimes going on now I know this will

2527

01:36:55,910 --> 01:36:53,520

sound completely Bonkers way more

2528

01:36:58,550 --> 01:36:55,920

Bonkers than I said but before I started

2529

01:37:00,830 --> 01:36:58,560

the healing journey I realized there was

2530

01:37:05,510 --> 01:37:00,840

timeline changes

2531

01:37:08,570 --> 01:37:05,520

so I remember when I was younger that

2532

01:37:11,450 --> 01:37:08,580

Nelson Mandela died in jail

2533

01:37:15,010 --> 01:37:11,460

and that's not the case now yeah lots of

2534

01:37:20,330 --> 01:37:18,709

all right I remember okay yeah so and

2535

01:37:22,129 --> 01:37:20,340

the cartoons are different things as

2536

01:37:24,590 --> 01:37:22,139

well you realize it's like slight time

2537

01:37:26,750 --> 01:37:24,600

changes words as well done they an

2538

01:37:29,330 --> 01:37:26,760

entomology to place a part of it as well

2539

01:37:31,910 --> 01:37:29,340

it does you've got Kindergarten Cop no

2540

01:37:37,129 --> 01:37:35,750

yes yeah that's pretty much

2541

01:37:39,290 --> 01:37:37,139

um you know and the other thing to

2542

01:37:41,810 --> 01:37:39,300

realize is that you know when we think

2543

01:37:43,610 --> 01:37:41,820

about manifestation it already exists

2544

01:37:45,290 --> 01:37:43,620

there's an infinite moment of realities

2545

01:37:47,209 --> 01:37:45,300

where we're all doing some amazing

2546

01:37:49,070 --> 01:37:47,219

things and some like really really sad

2547

01:37:50,930 --> 01:37:49,080

things so we you know when you're

2548

01:37:53,330 --> 01:37:50,940

thinking or what I want for my future

2549

01:37:54,770 --> 01:37:53,340

you know why not think big why not just

2550

01:37:57,169 --> 01:37:54,780

go well whatever you know because

2551

01:37:58,370 --> 01:37:57,179

because they all exist they have to it's

2552

01:38:00,350 --> 01:37:58,380

all you know when you actually think

2553

01:38:02,090 --> 01:38:00,360

about on that scale and you go up to

2554

01:38:03,709 --> 01:38:02,100

higher Dimensions where every possible

2555

01:38:05,750 --> 01:38:03,719

thing every decision that we make

2556

01:38:07,490 --> 01:38:05,760

there's an alternate reality to a

2557

01:38:09,530 --> 01:38:07,500

different situation we've had you know

2558

01:38:11,629 --> 01:38:09,540

this is my brain can't even comprehend

2559

01:38:13,729 --> 01:38:11,639

the amount of different realities that

2560

01:38:15,410 --> 01:38:13,739

they potentially are you know so and we

2561

01:38:16,750 --> 01:38:15,420

are doing that but you know with

2562

01:38:19,490 --> 01:38:16,760

predictions

2563

01:38:21,229 --> 01:38:19,500

one of the things the arterians kept on

2564

01:38:22,669 --> 01:38:21,239

saying to me you know is don't listen to

2565

01:38:23,990 --> 01:38:22,679

other people's because then you

2566

01:38:25,729 --> 01:38:24,000

subscribe you're taking your power away

2567

01:38:27,050 --> 01:38:25,739

because you're subscribing to that if

2568

01:38:29,209 --> 01:38:27,060

you like that reality that they're

2569

01:38:30,770 --> 01:38:29,219

talking about then subscribe to it you

2570

01:38:32,270 --> 01:38:30,780

know this is where I think the news and

2571

01:38:34,550 --> 01:38:32,280

stuff's really interesting because like

2572

01:38:37,330 --> 01:38:34,560

to leave if we watch the news and we

2573

01:38:39,709 --> 01:38:37,340

believe it then we create that reality

2574

01:38:41,810 --> 01:38:39,719

it's the same with what's happening now

2575

01:38:44,510 --> 01:38:41,820

on Saturday yeah that isn't right that

2576

01:38:46,669 --> 01:38:44,520

is it's not constitutional law dictator

2577

01:38:49,010 --> 01:38:46,679

yeah and people are giving you energy

2578

01:38:51,050 --> 01:38:49,020

because they're batteries yeah and

2579

01:38:53,570 --> 01:38:51,060

they're creating that reality so it

2580

01:38:54,649 --> 01:38:53,580

becomes reality it does exactly I think

2581

01:38:56,090 --> 01:38:54,659

that's one of the things I learned when

2582

01:38:58,189 --> 01:38:56,100

I put up on a late trip and they were

2583

01:38:59,930 --> 01:38:58,199

showing me potential realities I was

2584

01:39:01,189 --> 01:38:59,940

like oh my God I'm in control because

2585

01:39:02,450 --> 01:39:01,199

when I first started doing this stuff

2586

01:39:03,649 --> 01:39:02,460

I'm like what's my mission what am I

2587

01:39:06,110 --> 01:39:03,659

going to do tell me what I need to do

2588

01:39:08,030 --> 01:39:06,120

what you're deciding that you can do you

2589

01:39:09,350 --> 01:39:08,040

want to be a painter You're Gonna Be A

2590

01:39:11,629 --> 01:39:09,360

Healer you can you know do anything

2591

01:39:14,209 --> 01:39:11,639

there's no there's no rules you know so

2592

01:39:16,030 --> 01:39:14,219

yeah hello

2593

01:39:21,229 --> 01:39:16,040

looks like um

2594

01:39:28,930 --> 01:39:24,310

you said no signaling yeah yeah

2595

01:39:35,770 --> 01:39:30,610

all right

2596

01:39:42,410 --> 01:39:39,110

yeah it is when I studied hypnotherapy I

2597

01:39:44,810 --> 01:39:42,420

realized that I realized that so one

2598

01:39:47,209 --> 01:39:44,820

thing the flicker rate of a TV is at

2599

01:39:49,010 --> 01:39:47,219

exact right level to hypnotize you so

2600

01:39:51,410 --> 01:39:49,020

when we're watching a TV screen we are

2601  
01:39:53,629 --> 01:39:51,420  
literally opened up our we sink down

2602  
01:39:56,030 --> 01:39:53,639  
into a massive State and we are highly

2603  
01:39:59,090 --> 01:39:56,040  
receptive to everything we see also as

2604  
01:40:00,410 --> 01:39:59,100  
well hypnotherapy terms that they use

2605  
01:40:02,090 --> 01:40:00,420  
um you know like they repeat certain

2606  
01:40:03,470 --> 01:40:02,100  
things flashing lights it's all main

2607  
01:40:05,330 --> 01:40:03,480  
Patrol so it's again you know the same

2608  
01:40:07,310 --> 01:40:05,340  
character type stuff you know it's uh

2609  
01:40:11,950 --> 01:40:07,320  
assisted psychological Behavior program

2610  
01:40:15,900 --> 01:40:14,330  
everybody in the room will probably know

2611  
01:40:17,750 --> 01:40:15,910  
who Roger Waters is yeah

2612  
01:40:22,310 --> 01:40:17,760  
[Music]

2613  
01:40:25,250 --> 01:40:22,320

um yeah he wrote a solo album called the

2614

01:40:28,729 --> 01:40:25,260

news today yeah and there was a line in

2615

01:40:31,189 --> 01:40:28,739

it in Africa so I'm using that where he

2616

01:40:33,950 --> 01:40:31,199

said the alien anthropologists admitted

2617

01:40:37,010 --> 01:40:33,960

they was open left and eliminated every

2618

01:40:39,649 --> 01:40:37,020

other reason for our sadness maze came

2619

01:40:42,430 --> 01:40:39,659

to the only explanation left this

2620

01:40:45,830 --> 01:40:42,440

species has amused itself to death

2621

01:40:47,810 --> 01:40:45,840

yeah that's not true and he's really

2622

01:40:49,729 --> 01:40:47,820

interesting if you look alike's uh you

2623

01:40:52,250 --> 01:40:49,739

know interrupt and things like that you

2624

01:40:54,169 --> 01:40:52,260

know to pack control resp they all sang

2625

01:40:56,629 --> 01:40:54,179

they're gonna die they're all sang

2626

01:40:58,310 --> 01:40:56,639

albums I do think if you're if that song

2627

01:41:00,590 --> 01:40:58,320

is repeated and they sing it again and

2628

01:41:03,790 --> 01:41:00,600

again and again they manifest it can you

2629

01:41:06,169 --> 01:41:03,800

believe it because they believe it

2630

01:41:07,970 --> 01:41:06,179

and what I'd also say as well you know

2631

01:41:10,129 --> 01:41:07,980

be careful what you consume I mean that

2632

01:41:11,990 --> 01:41:10,139

in every certain way you know how we

2633

01:41:13,850 --> 01:41:12,000

think is a fact in a reality so if I'm

2634

01:41:15,890 --> 01:41:13,860

listening to music and this gangster rap

2635

01:41:17,030 --> 01:41:15,900

and this humble and money and

2636

01:41:19,010 --> 01:41:17,040

all this kind of stuff then that energy

2637

01:41:22,070 --> 01:41:19,020

is going to come into it so I listen to

2638

01:41:25,370 --> 01:41:22,080

as much positive music as I can now so

2639

01:41:27,050 --> 01:41:25,380

the water with inside you yes exactly

2640

01:41:29,810 --> 01:41:27,060

yeah you know so a bit of background

2641

01:41:31,970 --> 01:41:29,820

about your own so Jerome learned that

2642

01:41:34,550 --> 01:41:31,980

technique he met a rapper in Illinois

2643

01:41:36,470 --> 01:41:34,560

called third eye Indigo I recommend you

2644

01:41:38,750 --> 01:41:36,480

check out the you know he's on like

2645

01:41:41,149 --> 01:41:38,760

Spotify so he's a rapper but he's a high

2646

01:41:42,470 --> 01:41:41,159

Vape rapper and he's talking about all

2647

01:41:43,910 --> 01:41:42,480

the stuff I'm talking about he's talking

2648

01:41:46,070 --> 01:41:43,920

about multi-dimensionality he's actually

2649

01:41:47,570 --> 01:41:46,080

liked language in his music so when you

2650

01:41:50,390 --> 01:41:47,580

listen to his music he's getting

2651  
01:41:53,270 --> 01:41:50,400  
downloads from it and he was born he's a

2652  
01:41:54,950 --> 01:41:53,280  
Syrian so same as you

2653  
01:41:56,810 --> 01:41:54,960  
um and he had all his memories so as

2654  
01:41:59,450 --> 01:41:56,820  
soon as he was born at the age of like

2655  
01:42:01,129 --> 01:41:59,460  
one he was talking about you know his

2656  
01:42:02,870 --> 01:42:01,139  
time in Egypt and on different planets

2657  
01:42:05,330 --> 01:42:02,880  
and stuff like that and he's about 22

2658  
01:42:07,390 --> 01:42:05,340  
and he writes the most amazing kind of

2659  
01:42:09,290 --> 01:42:07,400  
rap music and he's talking about

2660  
01:42:11,330 --> 01:42:09,300  
multi-dimensionality and he's hidden

2661  
01:42:13,870 --> 01:42:11,340  
that torture on this technique and then

2662  
01:42:19,669 --> 01:42:13,880  
Jerome taught to delete

2663  
01:42:23,750 --> 01:42:22,370

and it's a big conscious movement now in

2664

01:42:25,189 --> 01:42:23,760

the music scene there's a lot of new

2665

01:42:27,350 --> 01:42:25,199

moves are coming out and it's all high

2666

01:42:28,430 --> 01:42:27,360

value a lot in Britain as well there's

2667

01:42:29,570 --> 01:42:28,440

another another

2668

01:42:31,209 --> 01:42:29,580

um woman

2669

01:42:34,490 --> 01:42:31,219

um monitor I think she's called

2670

01:42:36,590 --> 01:42:34,500

m-o-n-i-t-e and she sends trap music so

2671

01:42:38,270 --> 01:42:36,600

it's like heavy Baseline but it's all

2672

01:42:40,070 --> 01:42:38,280

about being positive and abundance

2673

01:42:42,410 --> 01:42:40,080

you've got songs going why am I so rich

2674

01:42:44,410 --> 01:42:42,420

why am I so rich so I'm just on the car

2675

01:42:48,050 --> 01:42:44,420

away

2676

01:42:49,669 --> 01:42:48,060

Sonic oh my God it's amazing

2677

01:42:51,470 --> 01:42:49,679

um I know some of the music you listen

2678

01:42:53,810 --> 01:42:51,480

to as well they're cool but if you play

2679

01:42:54,850 --> 01:42:53,820

it backwards it's got a really good

2680

01:42:57,229 --> 01:42:54,860

morning

2681

01:42:58,550 --> 01:42:57,239

because our subconscious mind can

2682

01:43:00,229 --> 01:42:58,560

actually understand that so it's a

2683

01:43:02,629 --> 01:43:00,239

really interesting thing with hypnosis I

2684

01:43:04,550 --> 01:43:02,639

could take each of you back to like day

2685

01:43:05,870 --> 01:43:04,560

three of when you're born and you would

2686

01:43:07,970 --> 01:43:05,880

be able to describe everything that's

2687

01:43:09,830 --> 01:43:07,980

happening everything is stored it's huge

2688

01:43:11,629 --> 01:43:09,840

amounts of data what your mother look

2689

01:43:13,250 --> 01:43:11,639

like you know what you're wearing how

2690

01:43:14,510 --> 01:43:13,260

you felt it's all there we think we

2691

01:43:17,410 --> 01:43:14,520

forget but it's just not in our

2692

01:43:19,729 --> 01:43:17,420

Consciousness you know subconscious mind

2693

01:43:22,129 --> 01:43:19,739

yeah so we didn't realize that when

2694

01:43:24,410 --> 01:43:22,139

watching listening to a song you know

2695

01:43:26,750 --> 01:43:24,420

and there's your signal messages of

2696

01:43:28,070 --> 01:43:26,760

subconscious mind reads them

2697

01:43:30,709 --> 01:43:28,080

um another interesting thing with that

2698

01:43:33,050 --> 01:43:30,719

as well is as we're talking if you

2699

01:43:34,910 --> 01:43:33,060

reverse it there's a meaning in there

2700

01:43:36,950 --> 01:43:34,920

there's actually words have you heard

2701

01:43:38,870 --> 01:43:36,960

that yeah so Satan's one of them isn't

2702

01:43:40,970 --> 01:43:38,880

it well yes are they even with babies

2703

01:43:43,430 --> 01:43:40,980

right so they've got a baby gurgling and

2704

01:43:46,189 --> 01:43:43,440

talking and when they rewind it the

2705

01:43:48,590 --> 01:43:46,199

baby's like I'm hungry

2706

01:43:50,510 --> 01:43:48,600

words you should look at that that's

2707

01:43:53,209 --> 01:43:50,520

part of his truth it isn't and that's

2708

01:43:55,970 --> 01:43:53,219

why there's a group of people like take

2709

01:43:57,649 --> 01:43:55,980

what politicians say rewind it and see

2710

01:43:58,970 --> 01:43:57,659

what they actually mean because there's

2711

01:44:00,770 --> 01:43:58,980

always you can't because we're gonna

2712

01:44:03,709 --> 01:44:00,780

we're gonna put we're in this kind of

2713

01:44:05,090 --> 01:44:03,719

polar reality we have to manifest it's

2714

01:44:07,189 --> 01:44:05,100

really hard you know like so even if

2715

01:44:08,750 --> 01:44:07,199

you're saying I won't be doing this and

2716

01:44:11,870 --> 01:44:08,760

I'm after for the safety of different

2717

01:44:12,950 --> 01:44:11,880

people if we around it and then they've

2718

01:44:15,290 --> 01:44:12,960

had their killers and stuff like that

2719

01:44:16,609 --> 01:44:15,300

with people saying oh my daughters died

2720

01:44:18,649 --> 01:44:16,619

and stuff like that and they were

2721

01:44:20,390 --> 01:44:18,659

wondering they said I killed her that's

2722

01:44:22,010 --> 01:44:20,400

literally was come back you know

2723

01:44:25,430 --> 01:44:22,020

obviously they can't use that to convict

2724

01:44:25,440 --> 01:44:27,950

um

2725

01:44:31,550 --> 01:44:29,930

questions

2726

01:44:33,950 --> 01:44:31,560

yeah these different voices talking

2727

01:44:36,109 --> 01:44:33,960

about the syrians and everyone else you

2728

01:44:38,209 --> 01:44:36,119

know that's who is he said they bring a

2729

01:44:40,070 --> 01:44:38,219

different energy different each one is

2730

01:44:41,930 --> 01:44:40,080

got a different energy yeah that they're

2731

01:44:45,109 --> 01:44:41,940

bringing to us yeah yeah

2732

01:44:50,470 --> 01:44:45,119

um so how do we know

2733

01:44:55,189 --> 01:44:53,209

but what are they bringing to us you

2734

01:44:57,350 --> 01:44:55,199

know all these different types

2735

01:44:58,850 --> 01:44:57,360

and their energies what

2736

01:45:01,609 --> 01:44:58,860

yeah

2737

01:45:05,030 --> 01:45:01,619

um how are the effectiveness how to make

2738

01:45:07,370 --> 01:45:05,040

and how can we connect yes well yeah so

2739

01:45:08,750 --> 01:45:07,380

the meditation I talked about there you

2740

01:45:11,209 --> 01:45:08,760

know you just connect in you become

2741

01:45:14,629 --> 01:45:11,219

centered and you just say I want to

2742

01:45:17,390 --> 01:45:14,639

connect to my Syrian star family would

2743

01:45:19,609 --> 01:45:17,400

you have to be this kind of this calm

2744

01:45:21,290 --> 01:45:19,619

you know in that that you would have to

2745

01:45:27,070 --> 01:45:21,300

be in a message that you have to be in

2746

01:45:31,310 --> 01:45:29,629

and it takes practice it you know it's

2747

01:45:33,410 --> 01:45:31,320

just focus and we're in the world now

2748

01:45:35,930 --> 01:45:33,420

you know where if we notice songs are

2749

01:45:37,850 --> 01:45:35,940

getting shorter and shorter dopamine

2750

01:45:39,530 --> 01:45:37,860

hits are coming faster and faster you

2751

01:45:41,750 --> 01:45:39,540

know my daughter's 13 and she can't even

2752

01:45:43,090 --> 01:45:41,760

read three pages of a book because she's

2753

01:45:45,530 --> 01:45:43,100

just like

2754

01:45:47,149 --> 01:45:45,540

and it's it's practice and that's

2755

01:45:48,830 --> 01:45:47,159

another thing by Design as well is that

2756

01:45:50,090 --> 01:45:48,840

when we when we haven't got much focus

2757

01:45:51,590 --> 01:45:50,100

when we distracted all the time it's

2758

01:45:53,570 --> 01:45:51,600

really hard to manifest because we're

2759

01:45:55,129 --> 01:45:53,580

constantly switching all the time you

2760

01:45:56,750 --> 01:45:55,139

know I do think that our mind is taking

2761

01:45:58,070 --> 01:45:56,760

everything in so if you're flicking

2762

01:46:00,169 --> 01:45:58,080

through the phone you know it's

2763

01:46:02,270 --> 01:46:00,179

absorbing all civil messages you know

2764

01:46:04,430 --> 01:46:02,280

usually people are eating food you know

2765

01:46:05,870 --> 01:46:04,440

they're doing all this stuff and it's

2766

01:46:07,010 --> 01:46:05,880

and your mind's having to deal with it

2767

01:46:08,510 --> 01:46:07,020

all and that's why we've got to bet it

2768

01:46:10,310 --> 01:46:08,520

and we wonder why we can't sleep this

2769

01:46:11,750 --> 01:46:10,320

because we're actually overloaded plus

2770

01:46:13,370 --> 01:46:11,760

you've got the white lights the blue

2771

01:46:15,109 --> 01:46:13,380

light keeps us awake it stops the

2772

01:46:16,669 --> 01:46:15,119

Melatonin coming in

2773

01:46:18,649 --> 01:46:16,679

um you know so we should make sure we've

2774

01:46:20,810 --> 01:46:18,659

got devices off or at least wear blue

2775

01:46:22,669 --> 01:46:20,820

block glasses which will stop that

2776

01:46:24,169 --> 01:46:22,679

stimulation happening you know that's

2777

01:46:26,390 --> 01:46:24,179

why we can't be here we should go off

2778

01:46:28,609 --> 01:46:26,400

her devices and and spend as you know as

2779

01:46:31,790 --> 01:46:28,619

little time on them as possible so I

2780

01:46:34,850 --> 01:46:31,800

know it's terrible it is I'm addicted I

2781

01:46:37,430 --> 01:46:34,860

I say no and I'm just you know I gotta I

2782

01:46:40,370 --> 01:46:37,440

run face I can't not be on it so about

2783

01:46:42,470 --> 01:46:40,380

two years ago I lost my phone I was over

2784

01:46:44,750 --> 01:46:42,480

in Northern Ireland I didn't completely

2785

01:46:46,790 --> 01:46:44,760

lost my flight tickets from there I

2786

01:46:50,470 --> 01:46:46,800

couldn't buy anything you realize how

2787

01:46:55,370 --> 01:46:53,510

so it is about Choice isn't it true if I

2788

01:46:57,609 --> 01:46:55,380

planned it yes absolutely I just didn't

2789

01:47:00,109 --> 01:46:57,619

so it was just like okay

2790

01:47:09,850 --> 01:47:00,119

everything cash yes absolutely you're

2791

01:47:13,850 --> 01:47:11,750

just obviously

2792

01:47:15,350 --> 01:47:13,860

um please feel free to follow me I'm

2793

01:47:18,590 --> 01:47:15,360

calling on healing on Facebook the

2794

01:47:20,390 --> 01:47:18,600

telegram page and our website too

2795

01:47:21,649 --> 01:47:20,400

um and I don't really because I

2796

01:47:23,030 --> 01:47:21,659

obviously I don't want to scare people

2797

01:47:24,590 --> 01:47:23,040

off if you know people have struggling

2798

01:47:25,790 --> 01:47:24,600

to even understand energy healing so

2799

01:47:27,830 --> 01:47:25,800

let's start talking about taking up on a

2800

01:47:29,810 --> 01:47:27,840

late ship then they're going to blow

2801

01:47:31,430 --> 01:47:29,820

their mind and a lot of people I I don't

2802

01:47:32,930 --> 01:47:31,440

offer these Services until I know that

2803

01:47:35,390 --> 01:47:32,940

they kind of are the right frequency to

2804

01:47:36,649 --> 01:47:35,400

do as well so um if you check the

2805

01:47:38,510 --> 01:47:36,659

website out they have got a number of

2806

01:47:40,070 --> 01:47:38,520

services please get in touch if you want

2807

01:47:41,750 --> 01:47:40,080

to do anything there's vouchers there

2808

01:47:44,209 --> 01:47:41,760

too which I think gives uh gives

2809

01:47:46,070 --> 01:47:44,219

discount off too if you want to uh to

2810

01:47:47,510 --> 01:47:46,080

learn any Reiki or want to connect to